

Licensed to Central College

Hy-Tek's Meet Manager 4/5/2008 08:10 PM

Central Invitational - 4/5/2008

Central College

Pella, Iowa

Results

Event 1 Men 100 Meter Dash

Top 8 Advance by Time

Meet Record: \$ 10.57 1979 DON KELLER, Central

10.55 AUTO

10.78 PROV

Name	Year School	Prelims	Wind H#
Preliminaries			
1 Bertelsen, Eric	Buena Vista	10.74qPROV	4.1 1
2 Rowedder, Chris	Buena Vista	10.89q	4.3 6
3 Bangert, Josh	Drake	10.90q	6.1 8
4 Thompson, Robert	Unattached	10.97q	4.8 12
5 Pettaway, Anthony	Drake	10.98q	3.3 10
5 Bailey, Zac	Central	10.98q	5.1 5
7 Bauer, Justin	Buena Vista	11.05q	4.7 3
8 Sama, Amara	Iowa Central	11.12q	2.3 2
9 Miller, Kris	William Penn	11.15	4.7 7
9 Citrowske, Colby	GustavusAdolphus	11.15	6.1 8
11 Reed, Aaron	Iowa	11.18	4.8 12
12 Blanton, Maurice	Ashford	11.20	4.3 6
13 Harris, Mark	Unattached	11.25	5.0 13
14 Morris, Mitch	Central	11.29	3.7 11
15 Stepter, Carlos	William Penn	11.34	5.1 9
16 Olson, Jon	Luther	11.38	5.1 5
17 Powell, Breighen	Central	11.39	4.7 3
18 Scruggs, Phillip	Luther	11.41	4.1 1
18 Barnes, Franklin	Ashford	11.41	3.7 11
20 Smith, Ashton	Niacc	11.48	2.3 2
20 Janss, Justin	Coe	11.48	5.0 13
22 Morris, Reggie	Unattached	11.54	4.8 4
23 Brown, Dustin	Clarke	11.55	3.7 11
24 Schutt, David	GustavusAdolphus	11.57	4.1 1
25 Goodwin, Andrew	Hastings	11.59	5.1 5
25 Dekan, Joe	U Minn Duluth	11.59	4.3 6
27 Krueger, Tony	Coe	11.60	3.3 10
28 Mich, Matt	William Penn	11.64	6.1 8
29 Rahm, Spenser	Niacc	11.67	5.1 9
30 Hamilton, Doug	Luther	11.70	5.1 9
31 Shaw, Mervin	Iowa Wesleyan	11.80	4.1 1
32 Bollin, Mike	GustavusAdolphus	11.85	5.0 13
33 Erlandson, Dave	GustavusAdolphus	11.87	4.3 6
34 Forgey, Duncan	Ashford	11.91	2.3 2
35 Bryant, Andy	Drake	11.95	4.8 4
35 Struchen, Brady	Buena Vista	11.95	4.3 6
37 Meany, Seth	Central	11.96	4.7 7
38 Niles, Ryan	Luther	11.98	3.3 10
39 Jago, Dan	U Minn Duluth	11.99	4.8 12
40 Russell, Tony	Luther	12.00	4.8 12
41 Kenutis, Matt	Bethel	12.01	4.7 7
42 Siaw, Kwesi	Drake	12.05	6.1 8

43	Griffin, Kevin	Ashford	12.13	5.1	5
44	Stenoin, Carl	GustavusAdolphus	12.16	6.1	8
45	Martin, James	Hastings	12.25	2.3	2
46	Fechner, Rob	Drake	12.29	4.7	3
47	Wagner, Tom	Luther	12.31	4.7	3
48	Boldger, Eric	Clarke	12.45	4.7	7
49	Olsen, John	Bethel	12.64	4.8	4
50	Lienhard, Ryan	Unattached	13.24	3.7	11
51	Reed, Kenny	William Penn	13.96	5.0	13

Event 1 Men 100 Meter Dash

Meet Record: \$ 10.57 1979 DON KELLER, Central
10.55 AUTO
10.78 PROV

Name	Year	School	Finals	Wind
Finals				
1	Bertelsen, Eric	Buena Vista	10.71 PROV	5.9
2	Thompson, Robert	Unattached	10.83	5.9
3	Bangert, Josh	Drake	10.89	5.9
4	Sama, Amara	Iowa Central	10.91	5.9
5	Pettaway, Anthony	Drake	10.94	5.9
6	Rowedder, Chris	Buena Vista	11.00	5.9
7	Bauer, Justin	Buena Vista	11.10	5.9

Event 2 Women 100 Meter Dash

Top 8 Advance by Time

Meet Record: \$ 11.8h 1977 C. BROWN, Graceland
12.00 AUTO
12.35 PROV

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Coleman, Keli	Augustana	12.17qPROV	6.6	1
2	Able, Caitlin	Drake	12.46q	3.5	2
3	Hamling, Beth	Drake	12.65q	5.5	5
4	Burntnett, Christine	Iowa Central	12.67q	4.2	6
5	Pardner, Cambria	Drake	12.68q	4.4	3
6	Moore, Vanessa	Bethel	12.78q	3.3	8
7	Slater, Michelle	Hastings	12.79q	3.3	8
8	Laferrara, Tara	Drake	12.82q	4.7	10
9	Newman, Jamie	Luther	12.83	4.7	10
10	Fedler, Ainsley	Augustana	12.86	4.2	6
11	Laudon, Caitlin	U Minn Duluth	12.89	5.3	4
12	Owens, Jenny	Central	13.02	5.9	9
13	Bock, Laura	U Minn Duluth	13.05	5.9	9
14	Hogrefe, Trish	Central	13.11	4.2	6
15	Millonig, Allie	Niacc	13.17	5.3	4
16	Snowbarger, Jessica	William Penn	13.18	3.3	7
16	Dobbins, Amy	Iowa Central	13.18	5.5	5
18	Gaskill, Kayla	Grand View	13.20	6.6	1
19	LaFlora, Clarissa	Drake	13.22	3.5	2
20	Kanne, Linda	GustavusAdolphus	13.27	3.3	8
21	Wittland, Laura	Augustana	13.36	4.4	3
22	Turner, Alexis	Ashford	13.41	6.6	1

23	Kowalski, Aimee	Iowa Wesleyan	13.42	5.9	9
24	DesRoches, Elise	Luther	13.44	3.3	7
25	Pearce, Lindsay	U Minn Duluth	13.59	4.2	6
26	Warren, Emilie	Mount Mercy	13.62	4.7	10
27	Kirkvold, Allison	Luther	13.69	3.5	2
28	Tanks, Tia	William Penn	13.70	6.6	1
29	Briant, Janie	GustavusAdolphus	13.77	5.9	9
29	Duncan, Datisha	Ashford	13.77	4.7	10
31	Pettit, Krista	William Penn	13.87	5.3	4
32	Lippincott, Ashley	Central	13.90	4.4	3
33	Decker, Audrey	Coe	13.91	3.3	8
33	Anderson, Aubrey	Grand View	13.91	5.9	9
35	Lee, Allison	Augustana	14.05	3.5	2
36	Kruckenber, Megan	Buena Vista	14.08	3.5	2
37	Thangaraj, Samya	U Minn Duluth	14.16	3.3	7
38	Orvella, Beca	Mount Mercy	14.21	3.3	7
39	Sprang, Johanna	Drake	14.58	6.6	1
40	Holden, Erica	Iowa Wesleyan	15.10	5.3	4
41	Sebek, Brooke	Augustana	15.52	5.5	5
42	Moonen, Grace	Clarke	15.99	4.7	10

Event 2 Women 100 Meter Dash

=====					
Meet Record: \$		11.8h	1977	C. BROWN, Graceland	
		12.00	AUTO		
		12.35	PROV		
=====					
Name		Year	School	Finals	Wind
=====					

Finals

1	Coleman, Keli		Augustana	12.17 PROV	3.9
2	Able, Caitlin		Drake	12.49	3.9
3	Pardner, Cambria		Drake	12.59	3.9
4	Burnett, Christine		Iowa Central	12.61	3.9
5	Laferrara, Tara		Drake	12.79	3.9
6	Hamling, Beth		Drake	12.86	3.9
7	Slater, Michelle		Hastings	12.88	3.9
8	Moore, Vanessa		Bethel	13.01	3.9

Event 3 Men 200 Meter Dash

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Meet Record: \$		21.66	2001	TOMMY TAVEGIA, Central	
		21.31	AUTO		
		21.75	PROV		
=====					
Name		Year	School	Finals	Wind H#
=====					

1	Homewood, Dirk		Bethel	21.02 AUTO	5.1	1
2	Davis, Lancford		Unattached	21.21 AUTO	5.1	1
3	Bertelsen, Eric		Buena Vista	21.81	5.1	1
4	Howard, Brandon		Iowa Central	21.83	4.8	2
5	Pettaway, Anthony		Drake	21.99	5.1	1
6	Dierikx, Guy		Central	22.01	5.1	1
7	Hix, Nate		Drake	22.05	5.1	1
8	Gilmer, Domonique		Iowa Central	22.13	4.8	2
9	Kimberlin, Troy		Drake	22.20	4.8	2
10	Currica, Jamal		Iowa Central	22.24	4.8	2
11	Olorundami, Shawn		Buena Vista	22.42	5.0	3
12	Sama, Amara		Iowa Central	22.47	5.1	4

13	Carlson, Cole	GustavusAdolphus	22.60	4.8	2
14	Quick, Joel	Bethel	22.71	5.0	3
15	Citrowske, Colby	GustavusAdolphus	22.91	1.6	5
16	Brockmeyer, Kyle	Coe	22.92	5.0	3
17	Miller, Kris	William Penn	22.95	2.8	8
18	Bannerman-Thompson, Rupe	Iowa Central	23.10	1.6	5
19	Snyder, Caleb	Ashford	23.11	2.0	6
20	Rhode, Eric	Bethel	23.15	5.0	3
21	Gibson, Aaron	GustavusAdolphus	23.19	1.6	5
22	Janss, Justin	Coe	23.27	5.1	4
23	Williams, Brad	Central	23.29	2.0	6
24	Rustad, Alex	Luther	23.36	5.1	4
25	Brown, Dustin	Clarke	23.44	3.5	7
26	Stepter, Carlos	William Penn	23.51	2.8	8
27	Reed, Tony	GustavusAdolphus	23.53	3.5	7
28	Schwinn, Adam	Hastings	23.56	5.1	4
29	Madden, Chris	Unattached	23.62	2.8	8
30	Bloss, Ryan	U Minn Duluth	23.67	3.4	9
31	Daily, Connor	Central	23.68	5.1	4
32	Goodwin, Andrew	Hastings	23.75	3.4	9
33	Hamilton, Doug	Luther	23.78	2.0	6
34	Olson, Jon	Luther	23.82	1.6	5
35	Simmons, Clint	Hastings	23.85	2.8	8
36	Krueger, Tony	Coe	23.89	5.1	4
37	Schutt, David	GustavusAdolphus	23.94	3.5	7
38	Dekan, Joe	U Minn Duluth	23.97	3.5	7
38	Bollin, Mike	GustavusAdolphus	23.97	2.0	6
40	Bormann, Paul	Coe	24.09	2.0	6
41	Mich, Matt	William Penn	24.16	3.5	10
42	Swanson, James	Grand View	24.17	3.5	7
43	Forgey, Duncan	Ashford	24.20	3.4	9
44	Aldrich, Jon	Grand View	24.21	2.8	8
45	Cunningham, Cory	Faith Baptist	24.32	3.5	10
46	Kenutis, Matt	Bethel	24.33	3.4	9
47	Coufal, Michael	Hastings	24.39	3.5	7
48	Mitchell, Keith	Faith Baptist	24.42	3.5	10
49	Wagner, Colin	Hastings	24.46	1.6	5
50	Marc, Andre	William Penn	24.47	3.4	9
51	Wade, Jenerro	William Penn	24.56	4.0	11
52	Coughenower, Jake	Central	24.68	4.0	11
52	Niles, Ryan	Luther	24.68	3.5	7
54	Helmer, Andy	Faith Baptist	24.77	3.5	10
55	Olawumi, Martin	Iowa Central	25.03	2.8	12
56	Martin, James	Hastings	25.26	2.8	8
57	Olsen, John	Bethel	25.55	4.0	11
58	Meany, Seth	Central	25.65	4.0	11
59	Russell, Tony	Luther	25.72	2.8	8
60	Wagner, Tom	Luther	25.85	3.5	10
61	Lentz, Aaron	William Penn	27.61	3.5	10

Event 4 Women 200 Meter Dash

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Meet Record:		\$ 25.1h	1977	D. MILLER, Graceland	
		24.57	AUTO		
		25.32	PROV		
=====					
Name		Year	School	Finals	Wind H#
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1	Able, Caitlin	Drake	25.47	4.5	1
2	Curtis, Ari	Drake	25.79	4.5	1
3	Teas, Emily	Central	25.94	4.5	1
4	Pardner, Cambria	Drake	25.99	4.5	1
5	Laferrara, Tara	Drake	26.23	4.5	1
6	Haak, Kristen	U Minn Duluth	26.30	3.1	2
7	Hamling, Beth	Drake	26.42	4.5	1
8	Burnett, Christine	Iowa Central	26.51	3.5	9
9	Moore, Vanessa	Bethel	26.55	4.5	1
10	Slater, Michelle	Hastings	26.72	3.1	2
11	LaFlora, Clarissa	Drake	26.83	4.5	1
11	Carlson, Tabatha	Grand View	26.83	4.0	3
11	Snowbarger, Jessica	William Penn	26.83	4.7	4
14	Yates, Maia	Luther	26.93	3.1	2
15	Palmer, Jennae	Bethel	27.08	4.5	5
16	Newman, Jamie	Luther	27.18	3.1	2
17	Dobbins, Amy	Iowa Central	27.19	4.5	6
18	Hogrefe, Trish	Central	27.32	4.5	5
19	Kanne, Linda	GustavusAdolphus	27.33	4.7	4
20	Gaskill, Kayla	Grand View	27.34	4.0	3
21	Fedler, Ainsley	Augustana	27.39	4.0	3
22	Reinhart, Missy	Buena Vista	27.46	4.0	3
23	Crooks, Kendra	Iowa Central	27.51	4.7	4
24	Lundstrum, Kaelene	GustavusAdolphus	27.54	4.5	5
25	Schmidt, Jacquelyn	Buena Vista	27.55	4.5	5
26	Nordick, Sierra	Luther	27.60	4.7	4
27	Wagner, Raegan	Unattached	27.61	3.1	2
28	Dayton, Krista	Augustana	27.62	4.0	3
29	Omesa, Huldeh	Bethel	27.64	4.5	6
30	Millonig, Allie	Niacc	27.76	4.5	7
31	Kasten, Samantha	Hastings	27.77	4.5	5
32	Japhet, Jenalle	Hastings	27.78	4.7	4
33	Warren, Emilie	Mount Mercy	27.93	4.5	6
34	Moss, Andrea	Iowa Central	27.96	4.5	6
35	Serbus, Danielle	GustavusAdolphus	27.97	4.7	4
36	Leslie, Samantha	Clarke	28.12	3.1	2
37	Moorehead, Michelle	Coe	28.13	3.1	2
38	Freund, Carley	Clarke	28.15	3.1	2
39	Hanson, Chelsea	U Minn Duluth	28.26	4.5	6
40	Denny, Alisa	Coe	28.37	4.5	5
41	Martin, Justine	Luther	28.42	4.5	6
41	DesRoches, Elise	Luther	28.42	4.0	3
43	Hillsman, Naomi	Coe	28.44	4.5	5
44	Anderson, Aubrey	Grand View	28.45	4.5	6
45	Allen, Belinda	Bethel	28.47	4.5	7
46	Thompson, Julia	GustavusAdolphus	28.56	4.5	6
47	Schultz, Anna	Luther	28.57	4.7	4
48	Dusenbury, Alicia	Central	28.60	4.0	3
49	Lippincott, Ashley	Central	28.66	4.5	7
50	Duncan, Datisha	Ashford	28.77	4.8	8
51	Duran, Ariela	Clarke	28.87	4.7	4
52	Moore, LaTasha	Grand View	28.89	4.5	7
53	Pettit, Krista	William Penn	28.97	4.8	8
54	Turner, Alexis	Ashford	29.15	4.8	8
55	Tanks, Tia	William Penn	29.24	4.5	7
56	Decker, Audrey	Coe	29.25	4.5	5
57	Loftus, Amy	Central	29.62	4.5	7

58	Burchfield, Liz	Augustana	29.63	4.5	7
59	Garvey, Megan	Augustana	29.80	4.8	8
60	Mitchell, Michelle	Drake	29.94	4.5	7
61	Lee, Allison	Augustana	30.10	3.5	9
62	Wrolstad, Rachel	Luther	30.11	4.8	8
63	Orvella, Beca	Mount Mercy	31.02	4.8	8
64	Baird, Kyle	Augustana	31.46	3.5	9
65	Yotter, Kori	Mount Mercy	32.28	4.8	8
66	Timmerman, Megan	Augustana	32.62	3.5	9
67	Moonen, Grace	Clarke	32.99	3.5	9

Event 5 Men 400 Meter Dash

Meet Record: \$ 48.57 1999 NATE KOERSELMAN, Central
47.35 AUTO
48.50 PROV

Name	Year	School	Finals	H#
1 Harris, Mark		Unattached	49.18	1
2 Gilmer, Domonique		Iowa Central	49.38	2
3 Carlson, Cole		GustavusAdolphus	49.62	1
4 Rhode, Eric		Bethel	50.29	1
5 Collins, Bryan		Iowa Central	50.45	1
6 Earl, Kevin		Drake	50.96	3
7 Ubbelohde, Dave		U Minn Duluth	51.04	1
8 Janss, Justin		Coe	51.13	3
9 Schwinn, Adam		Hastings	51.24	2
10 Otto, Josh		Bethel	51.32	1
11 Pressley, Dominique		Unattached	51.79	1
12 Dahm, AJ		Buena Vista	52.38	2
13 Bannerman-Thompson, Rupe		Iowa Central	52.41	6
14 Dahl, Josh		U Minn Duluth	52.45	3
15 Leeb, Matt		GustavusAdolphus	52.49	2
16 Reitsma, Justin		Luther	52.60	2
16 Hirschinger, Matt		Drake	52.60	5
18 Lewis, Brandon		Drake	52.88	4
19 Schlegel, Zach		Bethel	52.97	3
20 Garstka, Marc		Drake	53.07	3
21 Klopp, Pete		U Minn Duluth	53.11	3
22 Aldrich, Jon		Grand View	53.47	5
23 Walls, Anthony		Luther	53.49	4
24 Bormann, Paul		Coe	53.65	4
25 Bloss, Ryan		U Minn Duluth	53.80	5
26 Windauer, Bobby		Iowa	53.83	3
27 Reed, Tony		GustavusAdolphus	54.03	6
28 Swanson, James		Grand View	54.08	6
29 Hendrix, Grayson		U Minn Duluth	54.13	5
30 Cyr, Tim		U Minn Duluth	54.22	6
31 Madden, Chris		Unattached	54.30	5
32 Henry, Trent		Clarke	54.53	4
33 Dewey, Brian		Grand View	54.82	6
34 Roudabush, Josh		William Penn	54.86	6
35 Krueger, Tony		Coe	55.11	4
36 Coufal, Michael		Hastings	55.41	5
37 McDonald, Bayquan		Iowa Wesleyan	55.64	7
38 Myers, Josh		U Minn Duluth	55.76	5
39 Peona-Gonzalez, Jon		Clarke	56.18	4

40	Wagner, Colin	Hastings	56.25	4
41	Mabiza, Kuda	William Penn	57.38	6
42	Young, David	GustavusAdolphus	57.69	7
43	Meyer, Andy	Iowa Central	67.54	7

Event 6 Women 400 Meter Dash

Meet Record: \$ 56.32 1996 H. FURROW, Monmouth
55.90 AUTO
57.50 PROV

Name	Year	School	Finals	H#
1	Wendt, Alyssa	U Minn Duluth	58.39	1
2	Craven, Chelsea	GustavusAdolphus	60.80	2
3	Haak, Kristen	U Minn Duluth	61.06	1
4	Pringle, Elizabeth	GustavusAdolphus	61.08	2
5	Japhet, Jenalle	Hastings	61.52	1
6	Curtis, Audrey	Hastings	61.55	1
7	Dahn, Becky	Niacc	61.64	1
8	Omesa, Huldeh	Bethel	61.93	4
9	Huinker, Hannah	Luther	62.16	1
10	Karl, Abby	GustavusAdolphus	62.23	2
10	Huinker, Lydia	Luther	62.23	2
12	Hillsman, Naomi	Coe	62.55	2
13	Dayton, Krista	Augustana	62.68	2
14	Brown, Kenricka	Iowa Central	62.96	1
15	Kasten, Samantha	Hastings	63.06	4
16	Schertz, Jordyn	Grand View	63.10	4
17	Veltri, Julia	Luther	63.42	3
18	Freund, Carley	Clarke	63.43	3
19	Leslie, Samantha	Clarke	63.50	3
20	Broekemeier, Kay	Hastings	63.57	2
21	Neubauer, Amy	Bethel	64.31	3
22	Hanson, Chelsea	U Minn Duluth	64.45	3
23	Duran, Ariela	Clarke	64.58	3
24	Allen, Belinda	Bethel	65.01	3
25	Sidlo, Kate	GustavusAdolphus	65.77	4
26	Forsberg, Leah	Luther	66.05	4
27	Ten Napel, Brooke	Luther	67.03	4
28	Peterson, Kate	Luther	69.47	4
29	Kuda, Kim	Coe	69.48	3
30	Ahrendsen, Liz	Buena Vista	69.60	5
31	Yotter, Kori	Mount Mercy	71.73	5
32	Stewart, Samantha	Augustana	75.34	5

Event 7 Men 800 Meter Run

Meet Record: \$ 1:53.2h 1984 JOE MARTIN, Central
1:51.30 AUTO
1:53.20 PROV

Name	Year	School	Finals
1	Kiplimo, Titus	Iowa Central	1:51.72\$PROV
2	Samoei, Hillary	Iowa Central	1:52.52\$PROV
3	Smith, Kyle	Bethel	1:52.95\$PROV
4	Miller, Alex	Central	1:54.25
5	Clementson, Jared	U Minn Duluth	1:54.65

6	Gorman, Aaron	U Minn Duluth	1:54.97
7	Tolhurst, Leyden	Drake	1:55.50
8	Meints, Dennis	Bethel	1:57.56
9	Kuhlman, Dan	Iowa	1:57.70
10	McDowell, Elliot	Central	1:58.16
11	Waring, Justin	Mount Mercy	1:58.17
12	Ketui, John	Iowa Central	1:59.67
13	Blattner, Tom	Luther	2:00.51
14	Strom, Steve	Bethel	2:00.61
15	Draisey, Dustin	Central	2:00.74
16	Finnerty, Mike	U Minn Duluth	2:00.90
17	Henderson, Dustin	Mount Mercy	2:01.00
18	Hanf, Tony	Bethel	2:01.09
19	Bartels, Justin	Unattached	2:02.13
20	Becker, Scott	Mount Mercy	2:02.80
21	Kube, Chris	Hastings	2:03.05
22	Bock, Jeremy	GustavusAdolphus	2:03.06
23	Goodenberger, James	Hastings	2:03.50
24	Carlson, Spencer	U Minn Duluth	2:03.55
24	King, Olen	Hastings	2:03.55
26	Summerfield, Daniel	Luther	2:03.82
27	Smith, Carson	GustavusAdolphus	2:03.96
28	Donlan, Sam	Luther	2:04.10
29	Wallace, Blake	William Penn	2:04.23
30	Niyonizigiye, Eddie	Iowa Central	2:04.60
31	Coulter, Spencer	Central	2:04.77
32	Neufeld, Matt	Bethel	2:05.07
33	Jensen, Grady	Luther	2:05.08
34	Johnston, Dillon	U Minn Duluth	2:05.87
35	Coy, Kevin	Niacc	2:06.42
36	Shortslef, Andrew	Drake	2:06.60
37	Oestreich, Adam	Drake	2:06.95
38	Klopp, Pete	U Minn Duluth	2:07.17
39	Lund, Justin	GustavusAdolphus	2:08.59
40	Seuferer, Micah	Central	2:08.62
41	Myers, Josh	U Minn Duluth	2:09.20
42	Blanchard, Seth	Niacc	2:09.69
43	Cyr, Tim	U Minn Duluth	2:09.98
44	Coomer, Colin	Drake	2:10.17
45	Johnston, Jared	U Minn Duluth	2:10.20
46	Van Den Broeke, Jake	Niacc	2:11.11
47	Fitzsimmons, Cory	Central	2:11.57
48	Meyer, Sam	Niacc	2:12.08
49	Richter, Andy	U Minn Duluth	2:12.40
50	Bolander, Luke	Central	2:12.59
51	Thein, Trevor	Niacc	2:14.59
52	Hanseling, James	Hastings	2:14.60
53	Mabiza, Kuda	William Penn	2:22.07
54	Paton, Alan	Grand View	2:22.37

Event 8 Women 800 Meter Run

Meet Record: \$ 2:14.25 1998 T. STEINES, Wartburg
2:11.50 AUTO
2:15.00 PROV

Name	Year	School	Finals
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1 Palkie, Liz	U Minn Duluth	2:18.64
2 McDermott, Casey	Drake	2:20.15
3 Braunsdorf, Nicole	Drake	2:20.16
4 Hottle, Hannah	Augustana	2:20.17
5 Wendt, Alyssa	U Minn Duluth	2:20.20
6 Laskowski, Sammi	Augustana	2:21.77
7 Clark, Amelia	Drake	2:21.86
8 Lundgren, Megan	GustavusAdolphus	2:22.73
9 Owren, Katrine	Drake	2:23.77
10 Tipton, Rachelle	Central	2:25.24
11 Kapsoiyo, Agnes	Iowa Central	2:25.38
12 Stangl, Greta	U Minn Duluth	2:25.78
13 SanCartier, Michelle	U Minn Duluth	2:26.66
14 Madsen, Sam	GustavusAdolphus	2:27.59
15 DeGrote, Jodi	U Minn Duluth	2:27.85
16 Klobassa, Michelle	Coe	2:28.21
17 Schiefelbein, Julia	Luther	2:28.30
18 Hamling, Sarah	Drake	2:28.53
19 Rohner, Nikki	Augustana	2:28.83
20 Reinhold, Eve	Central	2:28.89
21 Farmer, Alyssa	Hastings	2:29.08
22 Balzer, Jessica	U Minn Duluth	2:29.26
23 Hanzal, Rachel	U Minn Duluth	2:29.45
24 Mujica, Emily	Niacc	2:29.69
25 Lundine, Sarah	Luther	2:29.76
26 Van Sloten, Bethany	Luther	2:30.28
27 Jelen, Kayla	Bethel	2:30.47
28 Crippen, Sara	Central	2:30.78
29 Olivas, Danielle	Hastings	2:30.81
30 Wiesenberg, Rachel	Luther	2:30.87
31 Barkley, Mandie	Central	2:30.98
32 Heinz, Courtney	Drake	2:31.49
33 Heatherington, Kristina	Iowa Central	2:31.83
34 Havelka, Sarah	Drake	2:32.28
35 VonHolten, Molly	Central	2:33.24
36 Burt, Meghann	Central	2:33.72
37 Borr, Lindsey	Iowa Central	2:33.76
38 Robison, Jessie	Coe	2:34.41
39 Young, Hilary	Luther	2:34.69
40 Nehowig, Kacy	Niacc	2:37.60
41 Flores, Katie	Coe	2:38.11
42 Deike, Paige	Augustana	2:38.29
43 Ahrendsen, Andrea	Buena Vista	2:39.35
44 Torgerson, Marissa	Luther	2:39.88
45 Seick, Caitlin	Drake	2:41.07
46 Ipsen, Kelly	Niacc	2:42.18
47 Zupancich, Raychal	GustavusAdolphus	2:43.66
48 Hawthorne, Megan	Buena Vista	2:48.51
49 Hendrickson, Sara	Grand View	2:50.18
50 Krzystofiak, Kate	Iowa Wesleyan	2:51.79
51 Carrizales, Carmen	Augustana	2:58.10
52 Shaw, Dani	Iowa Central	2:58.46
53 Alliger, Michelle	Iowa Central	3:04.33
54 Nass, Amy	Augustana	3:09.81

Event 9 Men 1500 Meter Run

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Meet Record: \$ 3:54.24 1984
3:50.60 AUTO
3:55.80 PROV

JEFF BROOKS, Simpson

Name	Year School	Finals
1 Jurkovich, Evan	Drake	4:03.36
2 Greeno, Dan	Bethel	4:03.91
3 Hill, Barry	Drake	4:03.94
4 Gladitsch, Carl	Bethel	4:04.24
5 Oestreich, Adam	Drake	4:06.93
6 Atkinson, Eric	U Minn Duluth	4:07.16
7 MacTaggart, Bruce	Iowa	4:07.46
8 Ingram, Bob	Iowa	4:07.59
9 Townsend, Derek	Central	4:08.94
10 Lewis, Brandon	Drake	4:10.61
11 Dierking, David	Hastings	4:10.96
12 Cook, J.J.	Luther	4:10.99
13 Eicher, Bryan	Hastings	4:11.14
14 Moser, Lane	Coe	4:11.71
15 Goodenberger, James	Hastings	4:12.56
16 Hinrichs, Tyler	Bethel	4:14.72
17 Schroeder, Ryan	Coe	4:15.28
18 Moenck, Heath	Iowa	4:17.28
19 Kennedy, John	GustavusAdolphus	4:17.38
20 Conner, Ethan	Coe	4:18.19
21 Schut, Aaron	Coe	4:18.59
22 Coomer, Colin	Drake	4:18.80
23 Cusanelli, DC	Coe	4:18.95
24 Heineman, Kyle	Coe	4:20.10
25 Bjorhus, Tyler	U Minn Duluth	4:20.79
25 Fitzsimmons, Cory	Central	4:20.79
27 Bredin, Bob	Hastings	4:21.94
28 Kremer, Ricky	Coe	4:23.88
29 Lilly, Kyle	Luther	4:24.27
30 Shortslef, Andrew	Drake	4:25.02
31 Blanchard, Seth	Niacc	4:25.56
32 Wallace, Blake	William Penn	4:25.83
33 Armstead, James	Central	4:26.13
34 Johnston, Jared	U Minn Duluth	4:26.70
35 Prieve, Alex	GustavusAdolphus	4:28.13
36 Thein, Trevor	Niacc	4:28.77
37 Hanseling, James	Hastings	4:29.05
38 Richter, Andy	U Minn Duluth	4:29.48
39 Schmidt, Aaron	Iowa Central	4:30.85
40 Potts, Ben	Coe	4:30.98
41 Krueger, Eric	Luther	4:38.47
42 Clarke, Matt	Mount Mercy	4:42.70
43 Cullen, Jacob	Iowa Central	4:43.51
44 Kemp, Jim	Luther	4:43.82
45 Flaws, Jacob	Buena Vista	4:45.69
46 Tackmann, Vaughn	Luther	4:46.91
47 Van Dillen, Ricky	Drake	4:47.09
48 Ripplemeyer, Luke	U Minn Duluth	4:47.69
49 Thornburg, John	Coe	5:01.84
50 Newcomb, Nick	Grand View	5:08.19
51 Kingsriter, Andrew	Luther	5:11.23

Event 10 Women 1500 Meter Run

Meet Record: \$ 4:41.2h 1977 A. KIMM, N.W. Missouri
 4:32.50 AUTO
 4:40.00 PROV

Name	Year School	Finals
1 Palkie, Liz	U Minn Duluth	4:36.46\$PROV
2 Driscoll, Liz	Augustana	4:37.35\$PROV
2 Borner, Marie	Bethel	4:37.35\$PROV
4 Feldman, Kristy	Unattached	4:39.83\$PROV
5 McDermott, Casey	Drake	4:41.23
6 Braunsdorf, Nicole	Drake	4:41.43
7 Heinz, Courtney	Drake	4:47.71
8 Stangl, Greta	U Minn Duluth	4:48.81
9 Cerbin, Flannery	Luther	4:51.64
10 Jelen, Heather	Bethel	4:53.09
11 Kapsoiyo, Agnes	Iowa Central	4:54.19
12 Anderson, Hannah	Central	4:54.74
13 Dolan, Katie	Luther	4:57.74
14 Hamling, Sarah	Drake	5:00.05
15 McKay, Annie	Luther	5:00.71
16 Olivas, Danielle	Hastings	5:02.90
17 Eckerman, Becky	Luther	5:07.00
18 Hanzal, Rachel	U Minn Duluth	5:07.76
19 Havelka, Sarah	Drake	5:12.68
20 VonHolten, Molly	Central	5:14.79
21 Reaney, Meaghan	Augustana	5:15.17
22 Wilson, Nicole	Luther	5:15.33
23 Barkley, Mandie	Central	5:15.57
24 Nehowig, Kacy	Niacc	5:16.47
25 Savre, Lisa	Luther	5:18.83
26 Winkelmann, Megan	Grand View	5:21.57
27 Kvidera, Chelsea	Mount Mercy	5:22.82
28 Seick, Cailtin	Drake	5:26.68
29 Ipsen, Kelly	Niacc	5:27.77
30 Jensen, Leah	Luther	5:27.91
31 Carlson, Hannah	Bethel	5:28.59
32 Hawthorne, Megan	Buena Vista	5:32.26
33 Bishop, Molly	U Minn Duluth	5:33.42
34 Wleklinski, Dana	Augustana	5:37.83
35 Maurer, Anita	Augustana	5:39.03
36 Petersen, Jenna	GustavusAdolphus	5:39.47
37 Eckdahl, Niki	Augustana	5:42.59
38 Jakobsen, Erika	Ashford	5:46.94
39 Vought, Alicia	Luther	5:52.23
40 Auffert, Liz	Buena Vista	5:58.11
41 Bailey-Hugill, Clara	Luther	5:58.46
42 Toney, Brittany	Grand View	6:01.92
43 Carrizales, Carmen	Augustana	6:02.02
44 Peterson, Karyn	GustavusAdolphus	6:05.27
45 Burns, Mandy	Bethel	6:11.05
46 Nass, Amy	Augustana	6:28.70

Event 11 Men 3000 Meter Steeplechase

Meet Record: \$ 9:23.08 1984 DENNIS HUSTON, Wartburg

9:07.34 AUTO

9:23.00 PROV

Name	Year	School	Finals
1 Sawe, Joshua		Iowa Central	9:40.27
2 Bond, Brandon		Grand View	9:54.80
3 Bell, Greg		Iowa Central	9:58.90
4 Kramer, Mike		U Minn Duluth	10:05.18
5 Clark, Teddy		Central	10:06.93
6 Salwolke, Isaac		Luther	10:09.25
7 Huber, Brenden		Unattached	10:10.86
8 Bostrom, Erik		Bethel	10:15.56
9 Williams, Brandon		Central	10:36.45
10 Knehans, Kelsey		Hastings	10:42.67
11 Gerber, Josh		Luther	10:45.86
12 Rowley, Skim		Iowa Central	10:50.78
13 Kimpling, Paul		U Minn Duluth	10:50.79
14 Ripplemeyer, Luke		U Minn Duluth	11:33.10
15 Spencer, Brandon		Iowa Central	11:45.94

Event 12 Women 3000 Meter Steeplechase

Meet Record: \$ 11:29.46 2002 ARI-ANNE KLECKNER, Central
 10:44.00 AUTO
 11:13.00 PROV

Name	Year	School	Finals
1 Clark, Jessica		Central	11:41.99
2 Scieszinski, Tara		Drake	12:25.93
3 Stack, Rachel		U Minn Duluth	12:32.36
4 Prazak, Brittany		Augustana	12:48.17
5 Secor, Laura		GustavusAdolphus	12:53.45
6 Fox, Karlene		Augustana	12:58.15
7 Tompkins, Kelsey		Central	13:20.35
8 Pierce, Meg		U Minn Duluth	13:31.08
9 Belle, Jessica		Augustana	13:49.60

Event 13 Men 5000 Meter Run

Meet Record: \$ 14:59.2h 1982 DANNY BAUER, Simpson
 14:28.00 AUTO
 14:48.00 PROV

Name	Year	School	Finals
1 Camplin, Brendan		Iowa	15:20.42
2 Jurkovich, Evan		Drake	15:36.92
3 Eicher, Bryan		Hastings	15:45.10
4 Anderson, Nate		U Minn Duluth	15:46.55
5 Dierking, David		Hastings	15:46.60
6 Wilson, Brett		Luther	15:49.90
7 Bruns, Carson		Luther	15:53.65
8 Switzer, Mike		Luther	15:57.67
9 Taylor, Pierre		Central	16:00.43
10 Larson, Karl		Luther	16:02.48
11 Rodriguez, Juan		Niacc	16:03.42
12 Cooper, Michael		Unattached	16:04.75
13 Raum, Carl		Iowa Central	16:07.06

14	Leaf, John	GustavusAdolphus	16:09.31
15	Kramer, Mike	U Minn Duluth	16:11.85
16	Johnson, Erik	Luther	16:12.48
17	Tegels, Austin	Luther	16:21.44
18	Burmahl, Drew	Luther	16:28.21
19	Gorman, Aaron	U Minn Duluth	16:32.42
20	Anderson, Brian	Bethel	16:35.19
21	Wallace, Blake	William Penn	16:46.61
22	Hinrichs, Austin	Bethel	16:47.46
23	Gibson, Ean	Luther	16:49.33
24	Offerdahl, Dan	Luther	16:51.20
25	Ross, Nick	GustavusAdolphus	16:57.17
26	Schmidt, Aaron	Iowa Central	16:59.54
27	Buck, Kyle	Luther	17:02.19
28	Vondracek, Austin	Central	17:08.71
29	Flaws, Jordan	Buena Vista	17:16.86
30	Schrock, Joel	Luther	17:25.17
31	Hellman, Jacob	Luther	17:39.15
32	Letzring, Jordan	William Penn	17:47.10
33	Hills, Hunter	Clarke	17:51.76
34	Clarke, Matt	Mount Mercy	18:00.00
35	Gibson, Michael	Bethel	18:13.50
36	Newcomb, Nick	Grand View	18:24.76
37	Husak, Tyler	Central	18:38.90
38	Story, Steven	Niacc	18:43.16
39	Mueller, Andrew	Niacc	18:48.79
40	Williams, Spencer	Grand View	19:58.53

Event 14 Women 5000 Meter Run

Meet Record: \$ 18:00.73 2004 SARA FREDRICKSON, Minn. Duluth
16:55.00 AUTO
17:35.00 PROV

Name	Year	School	Finals
1		Unattached	17:41.20\$
2		Hastings	18:04.29
3		Luther	18:17.97
4		GustavusAdolphus	18:38.47
5		U Minn Duluth	18:48.64
6		Augustana	18:48.82
7		Luther	18:55.73
8		Drake	19:11.08
9		GustavusAdolphus	19:11.71
10		Luther	19:14.23
11		Ashford	19:15.78
12		U Minn Duluth	19:15.84
13		Luther	19:27.36
14		Luther	19:42.70
15		Central	19:42.85
16		Luther	19:45.99
17		Grand View	20:03.26
18		Luther	20:08.50
19		Central	20:21.21
20		Luther	20:31.10
21		Luther	20:32.71
22		Augustana	20:42.92

23 Clegg, Jessica	Clarke	21:01.28
24 Unseth, Kelsey	Augustana	21:24.57
25 Collum, Heather	Mount Mercy	21:32.07
26 Johnson, Sheila	U Minn Duluth	21:41.70
27 Hansen, Natalie	U Minn Duluth	22:13.48
28 Crain, Jessi	Clarke	22:16.72
29 Tollefson, Leah	U Minn Duluth	22:52.35
30 Heinks, Nicole	U Minn Duluth	23:08.33
31 Platt, Bre	Buena Vista	24:07.76

Event 15 Men 10000 Meter Run

Meet Record: \$ 32:26.21 2000 BRIAN MCINTYRE, UW Platteville
 30:14.00 AUTO
 31:05.00 PROV

Name	Year	School	Finals
1 Kallemeyn, John		U Minn Duluth	33:02.81
2 Tate, Tommy		Iowa	33:13.33
3 Foley, Dan		GustavusAdolphus	33:18.48
4 Hartman, Mark		GustavusAdolphus	33:23.4h
5 Escher, Erik		U Minn Duluth	34:11.1h
6 Varty, Zach		U Minn Duluth	34:48.1h
7 Zbikowski, John		U Minn Duluth	36:31.0h
8 Crowl, Nick		Hastings	36:32.0h
9 Blythe, Greg		Mount Mercy	36:41.0h
10 Hilby, Matt		Mount Mercy	37:10.0h
11 Carson, Mike		Hastings	37:11.3h
12 Paton, Alan		Grand View	37:18.0h
13 Seckel, Cole		Hastings	39:23.5h

Event 16 Women 10000 Meter Run

Meet Record: \$ 39:43.89 1996 JENNY RICHEY, Loras
 35:48.00 AUTO
 37:40.00 PROV

Name	Year	School	Finals
1 Larsen, Katie		Mount Mercy	39:52.8h
2 Behan, Erin		Mount Mercy	41:07.3h
3 Fagerstrom, Jill		GustavusAdolphus	41:20.3h
4 Hendrickson, Sara		Grand View	41:32.1h
5 Rigert, Jillian		Augustana	41:46.3h
6 Marble, Taylor		U Minn Duluth	41:58.9h
7 Schlutz, Katie		Mount Mercy	43:21.4h
8 Ballandby, Katie		U Minn Duluth	44:43.5h
9 Humphreys, Laura		U Minn Duluth	45:20.1h

Event 17 Men 110 Meter Hurdles

Top 8 Advance by Time

Meet Record: \$ 14.69 2005 BRAD ROSE, Central
 14.42 AUTO
 14.95 PROV

Name	Year	School	Prelims	Wind H#
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Preliminaries

1	Russ, Tanner	Buena Vista	15.10q	3.7	7
2	Olorundami, Shawn	Buena Vista	15.12q	2.8	3
3	Prill, Frank	Iowa	15.15q	3.0	1
4	Geyen, Tyler	GustavusAdolphus	15.21q	3.7	6
4	Wilson, Brice	Iowa	15.21q	4.8	2
6	Ferda, Taylor	Bethel	15.22q	4.3	5
7	Brockmeyer, Kyle	Coe	15.36q	3.7	7
8	VanMaanen, Jaron	Drake	15.43q	3.7	6
9	Buresh, Tyson	Hastings	15.58	4.3	5
10	Taylor, Justin	Buena Vista	15.67	3.6	4
11	Parno, Chris	U Minn Duluth	15.99	4.8	2
12	VandeHoef, Collin	Iowa Central	16.01	4.3	5
13	Sauser, Ryan	Faith Baptist	16.09	3.0	1
14	Maguire, Steven	Buena Vista	16.33	2.8	3
15	Revoir, Russel	Clarke	17.04	3.6	4
16	Hopper, Andrew	Central	17.33	4.8	2
17	Sillman, Ryan	Hastings	17.47	3.7	7
18	Jordan, Jeremy	Clarke	17.73	3.6	4
19	Outlaw, Kenny	Central	17.76	4.3	5
20	Warmuth, Jimmy	U Minn Duluth	17.84	4.8	2
21	Mankivsky, Mark	Iowa	18.08	3.6	4
22	Spielegger, Acea	Niacc	18.45	3.0	1
23	Levins, Brad	Hastings	18.56	3.6	4
24	Knebel, John	U Minn Duluth	18.87	3.0	1
25	Swanhorst, John	Hastings	19.31	3.7	6
26	Goulden, Jason	Central	21.36	2.8	3
--	Olawumi, Martin	Iowa Central	DNF	2.8	3

Event 17 Men 110 Meter Hurdles

Meet Record: \$ 14.69 2005 BRAD ROSE, Central
14.42 AUTO
14.95 PROV

Name	Year	School	Finals	Wind
Finals				
1	Ferda, Taylor	Bethel	14.76 PROV	3.8
2	Olorundami, Shawn	Buena Vista	14.83 PROV	3.8
3	Brockmeyer, Kyle	Coe	14.95 PROV	3.8
4	VanMaanen, Jaron	Drake	15.00	3.8
5	Wilson, Brice	Iowa	15.02	3.8
6	Geyen, Tyler	GustavusAdolphus	15.24	3.8
7	Prill, Frank	Iowa	15.27	3.8
8	Russ, Tanner	Buena Vista	15.39	3.8

Event 18 Women 100 Meter Hurdles

Top 16 Advance by Time

Meet Record: \$ 14.17 2004 J. SINNWELL
14.40 AUTO
15.00 PROV

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Roach, Peaches	Unattached	14.45qPROV	1.6	2
2	Maher, Alyssa	Mount Mercy	15.54q	3.7	5
3	Homfeldt, Lindsey	Augustana	15.55q	2.7	4

4	Wagner, Raegan	Unattached	15.60q	5.6	6
5	Schmidt, Jacquelyn	Buena Vista	15.71q	5.5	7
6	Olorundami, Natalie	Buena Vista	15.72q	4.9	3
7	Moss, Andrea	Iowa Central	16.42q	3.6	8
8	Martin, Justine	Luther	16.58q	3.6	8
9	Moore, LaTasha	Grand View	16.69q	2.7	4
10	Schott, Katrina	Iowa Central	16.80q	1.6	2
11	Snowbarger, Jessica	William Penn	16.81q	1.6	2
12	Gonzales, Abby	Unattached	16.87q	3.7	5
13	Neubauer, Amy	Bethel	16.98q	4.9	3
14	Moorehead, Michelle	Coe	17.00q	3.6	8
15	Schaley, Allison	Augustana	17.04q	2.7	4
16	Denny, Alisa	Coe	17.11q	5.5	7
17	Pettit, Krista	William Penn	17.25	5.6	6
18	Ozbun, Meg	Grand View	17.56	2.7	4
19	Woods, Patti	Iowa Central	17.85	5.6	6
20	Tanks, Tia	William Penn	17.86	5.5	7
21	Francois, Alexa	Mount Mercy	17.94	3.7	5
22	Hutchinson, Kari	Central	17.95	3.6	8
23	Crooks, Kendra	Iowa Central	17.96	2.7	4
24	Orvella, Beca	Mount Mercy	17.98	1.6	2
25	Ziskovsky, Jill	Central	18.14	3.6	8
26	Lundby, Stephanie	Luther	18.33	1.6	2
27	Johnson, Kristen	Luther	18.36	4.9	3
28	Phillips, Katie	Hastings	18.79	3.7	5
29	Quam, Heather	Niacc	20.92	5.6	6
30	Cushing, Cassie	Hastings	21.27	5.6	6
31	Alliger, Michelle	Iowa Central	22.06	3.7	5

Event 18 Women 100 Meter Hurdles

Meet Record: \$ 14.17 2004 J. SINNWELL
14.40 AUTO
15.00 PROV

Name	Year	School	Finals	Wind	H#
Finals					
1	Johnson, Tiffany	Unattached	13.87 AUTO	5.5	1
2	Roach, Peaches	Unattached	14.23 AUTO	5.5	1
3	Homfeldt, Lindsey	Augustana	15.27	5.5	1
4	Schmidt, Jacquelyn	Buena Vista	15.51	5.5	1
5	Maher, Alyssa	Mount Mercy	15.54	5.5	1
6	Olorundami, Natalie	Buena Vista	15.56	5.5	1
7	Wagner, Raegan	Unattached	15.87	5.5	1
8	Moss, Andrea	Iowa Central	15.89	5.5	1
9	Martin, Justine	Luther	17.13	3.7	2
10	Kile, Leslie	Hastings	17.97	3.7	2
11	Caldwell, Andrea	Luther	18.28	3.7	2
12	Bartko, Lanna	Ashford	18.54	3.7	2
13	Leichleiter, Audra	Hastings	21.97	3.7	2

Event 19 Men 400 Meter Hurdles

Meet Record: \$ 53.45 1984 S. KASIK, Wartburg
52.70 AUTO
54.50 PROV

Name	Year	School	Finals	H#
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1	Sauser, Jordan	Faith Baptist	54.22	PROV	1
2	Ferda, Taylor	Bethel	55.16		1
3	Taylor, Justin	Buena Vista	55.58		1
4	Buresh, Tyson	Hastings	57.35		1
5	Warmuth, Jimmy	U Minn Duluth	57.39		2
6	Parno, Chris	U Minn Duluth	57.56		1
7	Heckroth, Patrick	Unattached	58.18		1
8	Reidenbach, Lucas	Luther	58.41		1
9	VandeHoef, Collin	Iowa Central	58.42		3
10	Gegner, Jordan	Central	58.90		2
11	Godfrey, Andrew	Niacc	58.98		4
12	Barnes, Franklin	Ashford	59.09		2
13	Outlaw, Kenny	Central	59.12		3
14	Knebel, John	U Minn Duluth	59.32		2
15	Johnson, Ben	Bethel	59.35		2
16	Smalley, Matt	Grand View	59.43		3
17	Rice, Andrew	Bethel	59.57		1
18	Hopper, Andrew	Central	60.92		3
19	Trio, Matt	Luther	61.07		2
20	Goulden, Jason	Central	61.57		3
21	Swanhorst, John	Hastings	61.69		3
22	Revoir, Russel	Clarke	61.83		4
23	Sillman, Ryan	Hastings	62.13		2
24	Cadwallader, Grant	Iowa Central	62.51		4
25	Levins, Brad	Hastings	62.93		4
26	Erlandson, Dave	GustavusAdolphus	63.09		4
27	Kimpling, Paul	U Minn Duluth	64.13		2
28	Jordan, Jeremy	Clarke	64.57		4
29	Spieleger, Acea	Niacc	66.34		4

Event 20 Women 400 Meter Hurdles

Meet Record: \$ 63.48 1987 DESIREE ORWIG, William Penn					
62.00 AUTO					
64.14 PROV					
Name	Year	School	Finals	H#	
1	Jones, Aditya	Unattached	62.79\$PROV	1	
2	Johnson, Tiffany	Unattached	65.81	1	
3	Voigts, Michelle	Luther	66.93	1	
4	Reinhart, Missy	Buena Vista	67.58	1	
5	Ziskovsky, Jill	Central	67.64	1	
6	Homfeldt, Lindsey	Augustana	68.02	1	
7	Schaley, Allison	Augustana	68.88	2	
8	Kok, Rebekah	U Minn Duluth	69.30	1	
9	Hartje, Ally	U Minn Duluth	69.91	2	
10	Sunnarborg, Amanda	U Minn Duluth	70.07	2	
11	Volz, Jamie	Hastings	70.98	1	
12	Long, Kate	Drake	71.06	2	
13	Johnson, Kristen	Luther	72.07	2	
14	Helland, Janey	GustavusAdolphus	73.44	4	
15	Walsh, Amy	Augustana	73.84	3	
16	Phillips, Katie	Hastings	75.28	3	
17	Lukowicz, Katie	Augustana	75.88	3	
18	Bartko, Lanna	Ashford	78.80	4	
19	Ozbun, Meg	Grand View	79.58	3	

20	Schott, Katrina	Iowa Central	1:21.77	3
21	Cushing, Cassie	Hastings	1:25.10	2
22	Hartje, Taylor	U Minn Duluth	1:26.32	2
23	Krueger, Anne	GustavusAdolphus	1:26.51	4
24	Quam, Heather	Niacc	1:28.73	3

Event 21 Men 4x100 Meter Relay

Meet Record: \$ 41.54 1995 CENTRAL, Central
41.00 AUTO
42.00 PROV

School	Finals	H#
1 Buena Vista University 'A'	41.84 PROV	1
2 Drake University 'A'	41.96 PROV	1
3 Central College 'A'	42.90	1
4 Gustavus Adolphus 'A'	43.65	1
5 Luther College 'A'	44.05	1
6 Buena Vista University 'B'	44.42	1
7 William Penn Univ 'A'	44.52	2
8 Ashford University 'A'	44.69	1
9 Central College 'B'	45.09	2
10 Faith Baptist College 'A'	45.18	2
11 Luther College 'B'	45.51	2
12 U of Minnesota-Duluth 'A'	45.58	2
-- Iowa Central 'A'	DQ	1

Event 22 Women 4x100 Meter Relay

Meet Record: \$ 47.2h 1977 GRACELAND, Graceland
47.30 AUTO
48.65 PROV

School	Finals	H#
1 Drake University 'A'	49.35	1
2 Augustana College 'A'	50.17	1
3 U of Minnesota-Duluth 'A'	50.53	1
4 Central College 'A'	50.98	1
5 Hastings 'A'	51.73	1
6 Grand View College 'A'	51.85	2
7 Gustavus Adolphus 'A'	52.53	1
8 Unattached 'A'	52.67	2
9 Luther College 'A'	53.45	1
10 Ashford University 'A'	53.63	2
11 Luther College 'B'	54.16	2
12 Augustana College 'B'	54.33	2
13 Iowa Wesleyan 'A'	56.66	3
14 Luther College 'C'	59.39	3

Event 23 Men 4x400 Meter Relay

Meet Record: \$ 3:16.88 2005 CENTRAL, Central
DJ Cobler, Justin Koeppe, Kevin Pitz, Guy Dierikx
3:13.00 AUTO
3:17.00 PROV

School	Finals	H#
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1	Unattached 'A'	3:15.14\$PROV	1
2	Iowa Central 'A'	3:17.70	1
3	Drake University 'A'	3:18.20	1
4	Central College 'A'	3:20.49	1
5	Bethel University 'A'	3:21.75	1
6	U of Minnesota-Duluth 'A'	3:22.59	2
7	Iowa Central 'B'	3:23.14	2
8	Gustavus Adolphus 'A'	3:23.21	2
9	Central College 'B'	3:27.48	2
10	Luther College 'A'	3:28.66	1
11	Hastings 'A'	3:29.97	2
12	U of Minnesota-Duluth 'B'	3:30.24	3
13	Mount Mercy College 'A'	3:30.85	3
14	Faith Baptist College 'A'	3:31.65	3
15	Drake University 'B'	3:32.01	2
16	U of Minnesota-Duluth 'C'	3:33.12	4
17	Bethel University 'B'	3:34.14	2
18	Grand View College 'A'	3:36.97	4
19	Clarke College 'A'	3:37.28	3
20	Gustavus Adolphus 'B'	3:38.65	5
21	Luther College 'B'	3:38.66	3
22	Bethel University 'C'	3:39.58	2
23	North Iowa Area Community 'A'	3:41.75	5
24	Central College 'C'	3:42.88	3
25	Iowa Central 'C'	3:43.65	3
26	North Iowa Area Community 'B'	3:44.31	5
27	Iowa Central 'D'	3:46.83	4
28	Central College 'D'	3:48.62	4
29	Iowa Central 'E'	3:49.19	5

Event 24 Women 4x400 Meter Relay

Meet Record: \$ 3:57.4h 1982 NORTHERN IOWA, Northern Iowa
3:49.60 AUTO
3:56.00 PROV

School	Finals	H#
1 Drake University 'A'	3:53.25\$PROV	1
2 U of Minnesota-Duluth 'A'	4:00.41	1
3 Central College 'A'	4:00.87	1
4 Gustavus Adolphus 'A'	4:03.01	1
5 Augustana College 'A'	4:03.40	2
6 Hastings 'A'	4:04.71	1
7 Luther College 'A'	4:04.82	1
8 Drake University 'B'	4:10.52	1
9 Bethel University 'A'	4:11.54	2
10 Augustana College 'B'	4:14.00	2
11 Grand View College 'A'	4:16.20	3
12 Central College 'B'	4:16.78	2
13 Clarke College 'A'	4:17.28	3
14 Luther College 'B'	4:17.61	2
15 Mount Mercy College 'A'	4:18.18	3
16 Gustavus Adolphus 'B'	4:19.92	4
17 U of Minnesota-Duluth 'B'	4:20.38	2
18 U of Minnesota-Duluth 'C'	4:22.22	3
19 Iowa Central 'B'	4:25.89	4
20 Augustana College 'C'	4:29.92	3

Event 25 Men High Jump

Meet Record: \$ 2.09m 1994 CRAIG CANTRALL, Central
 2.11m AUTO
 2.01m PROV

Name	Year	School	Finals	
1 VanMaanen, Jaron		Drake	2.10m\$PROV	6-10.75
2 Kelly, Ryan		Iowa	2.08m PROV	6-09.75
3 Brondyke, Kurtis		Central	1.98m	6-06.00
4 Hughes, Steven		Grand View	1.93m	6-04.00
4 Valdes, Graham		Iowa	1.93m	6-04.00
4 Currica, Jamal		Iowa Central	1.93m	6-04.00
7 Keese, Will		Hastings	1.88m	6-02.00
7 Gegner, Jordan		Central	1.88m	6-02.00
7 Stephens, Aaron		Mount Mercy	1.88m	6-02.00
7 Quick, Jay		Bethel	1.88m	6-02.00
7 Revoir, Russel		Clarke	1.88m	6-02.00
7 Hall, Cory		Central	1.88m	6-02.00
13 Powell, Breighen		Central	1.83m	6-00.00
13 Klein, Dylan		Iowa Central	1.83m	6-00.00
13 Reed, Kenny		William Penn	1.83m	6-00.00
13 Atherton, Eric		Bethel	1.83m	6-00.00
17 Plagman, Rich		Central	1.78m	5-10.00
17 Peymann, Jake		GustavusAdolphus	1.78m	5-10.00
19 Hansen, David		U Minn Duluth	1.73m	5-08.00
19 Franks, Jon		William Penn	1.73m	5-08.00
-- Maguire, Steven		Buena Vista	NH	
-- Stenoin, Carl		GustavusAdolphus	NH	

Event 26 Women High Jump

Meet Record: \$ 1.68m 1979 SANDY SCHULTZ, Central
 1.71m AUTO
 1.65m PROV

Name	Year	School	Finals	
1 Moeller, Katie		Hastings	1.70m\$PROV	5-07.00
2 Lundstrum, Kaelene		GustavusAdolphus	1.65m PROV	5-05.00
3 Mitchell, Michelle		Drake	1.60m	5-03.00
4 Moore, Vanessa		Bethel	1.55m	5-01.00
4 Pottinger, Traci		U Minn Duluth	1.55m	5-01.00
6 Kiley, Leah		U Minn Duluth	1.50m	4-11.00
6 Weddle, April		Hastings	1.50m	4-11.00
6 Hartje, Ally		U Minn Duluth	1.50m	4-11.00
9 Hutchinson, Kari		Central	1.45m	4-09.00
9 Moss, Andrea		Iowa Central	1.45m	4-09.00
9 Massey, Kirby		Augustana	1.45m	4-09.00
9 Timmerman, Megan		Augustana	1.45m	4-09.00
9 Wagner, Raegan		Unattached	1.45m	4-09.00
9 Ahrendsen, Liz		Buena Vista	1.45m	4-09.00
9 Ahrendsen, Andrea		Buena Vista	1.45m	4-09.00
16 Bennett, Brittney		Augustana	1.40m	4-07.00
16 Auffert, Liz		Buena Vista	1.40m	4-07.00
18 Cannon, Marybeth		Luther	1.35m	4-05.00

18 Heller, Amie	Luther	1.35m	4-05.00
18 Gaskill, Kayla	Grand View	1.35m	4-05.00
18 Moore, LaTasha	Grand View	1.35m	4-05.00
18 Quinn, Caitlin	Augustana	1.35m	4-05.00
18 Schott, Katrina	Iowa Central	1.35m	4-05.00
-- Garvey, Megan	Augustana	NH	
-- Alliger, Michelle	Iowa Central	NH	

Event 27 Men Pole Vault

Meet Record: \$ 4.75m 1993 BRIAN FERRY, Coe
5.04m AUTO
4.70m PROV

Name	Year School	Finals	
1 Beutz, Jason	U Minn Duluth	4.63m	15-02.25
2 Hood, Drew	GustavusAdolphus	4.48m	14-08.25
3 Downs, Bobby	U Minn Duluth	4.18m	13-08.50
3 Fechner, Rob	Drake	4.18m	13-08.50
3 Simmons, Clint	Hastings	4.18m	13-08.50
6 Schmidt, Zach	U Minn Duluth	4.03m	13-02.50
6 Griffin, Kevin	Ashford	4.03m	13-02.50
6 Bryant, Andy	Drake	4.03m	13-02.50
6 Trio, Matt	Luther	4.03m	13-02.50
6 Johnson, Tim	U Minn Duluth	4.03m	13-02.50
11 Prill, Frank	Iowa	3.88m	12-08.75
11 VanDorp, Jordan	GustavusAdolphus	3.88m	12-08.75
13 Stenoin, Carl	GustavusAdolphus	3.73m	12-02.75
13 Konen, Nick	Hastings	3.73m	12-02.75
15 Foote, Greg	Central	3.43m	11-03.00
-- Rodgers, Darren	U Minn Duluth	NH	
-- Elkin, Eddie	Central	NH	
-- Smalley, Matt	Grand View	NH	
-- Contri, Jake	Central	NH	
-- Mankivsky, Mark	Iowa	NH	
-- Blessing, Josh	Luther	NH	
-- Eberhardt, Shad	Hastings	NH	

Event 28 Women Pole Vault

Meet Record: \$ 3.30m 2004 ISABELLE STEPHENS, Loras
3.82m AUTO
3.50m PROV

Name	Year School	Finals	
1 Dawson, Shanna	GustavusAdolphus	3.50m\$PROV	11-05.75
2 Sprang, Johanna	Drake	3.35m\$	10-11.75
2 Baumann, Diana	Clarke	3.35m\$	10-11.75
4 Leichleiter, Audra	Hastings	3.20m	10-06.00
5 Halling, Meredith	GustavusAdolphus	3.05m	10-00.00
5 Nelson, Kelly	GustavusAdolphus	3.05m	10-00.00
5 Bellinger, Maria	U Minn Duluth	3.05m	10-00.00
5 Ebnet, Gina	U Minn Duluth	3.05m	10-00.00
5 Fisher, Christine	Hastings	3.05m	10-00.00
5 Kile, Leslie	Hastings	3.05m	10-00.00
11 Quinn, Caitlin	Augustana	2.90m	9-06.25
11 Johnston, Julie	U Minn Duluth	2.90m	9-06.25

13 Glynn, Kay	Unattached	2.75m	9-00.25
13 Kanne, Linda	GustavusAdolphus	2.75m	9-00.25
13 Affias, Anna	U Minn Duluth	2.75m	9-00.25
16 Geison, Libby	Augustana	2.45m	8-00.50
16 Damiano, Krystal	Augustana	2.45m	8-00.50
16 Carlson, Tabatha	Grand View	2.45m	8-00.50
16 Martell, Nikki	U Minn Duluth	2.45m	8-00.50
16 Anderson, Kelsey	Luther	2.45m	8-00.50
21 Massey, Kirby	Augustana	2.15m	7-00.50
21 Schertz, Jordyn	Grand View	2.15m	7-00.50
21 Arbuckle, Jeni	Luther	2.15m	7-00.50
-- Wrolstad, Rachel	Luther	NH	
-- Feldman, Ashley L	Central	NH	

Event 29 Men Long Jump

Meet Record: \$ 7.25m 1996 D. THOMPSON, Monmouth
7.30m AUTO
6.96m PROV

Name	Year School	Finals	Wind
1 Bertelsen, Eric	Buena Vista	7.24m PROV	NWI 23-09.00
2 Gorman, Matty	Iowa	7.03m PROV	NWI 23-00.75
3 Brondyke, Kurtis	Central	6.96m PROV	NWI 22-10.00
4 Bangert, Josh	Drake	J6.96m PROV	NWI 22-10.00
5 Reed, Aaron	Iowa	6.93m	NWI 22-09.00
6 Currica, Jamal	Iowa Central	6.72m	NWI 22-00.75
7 Morris, Reggie	Unattached	6.64m	NWI 21-09.50
8 Milkovich, Steve	U Minn Duluth	6.63m	NWI 21-09.00
9 Snyder, Caleb	Ashford	6.61m	NWI 21-08.25
10 Hallengren, Shane	Central	6.38m	NWI 20-11.25
11 Windauer, Bobby	Iowa	6.31m	NWI 20-08.50
12 Foote, Greg	Central	6.26m	NWI 20-06.50
13 Mixon, Cody	Iowa	6.24m	NWI 20-05.75
14 Olawumi, Martin	Iowa Central	6.20m	NWI 20-04.25
15 Gilsrud, Sam	U Minn Duluth	6.11m	NWI 20-00.50
16 Geyen, Tyler	GustavusAdolphus	6.06m	NWI 19-10.75
17 Reed, Kenny	William Penn	5.95m	NWI 19-06.25
18 Taylor, Damarcus	Iowa Central	5.93m	NWI 19-05.50
19 Russ, Tanner	Buena Vista	5.86m	NWI 19-02.75
20 Mich, Matt	William Penn	5.79m	NWI 19-00.00
21 Struchen, Brady	Buena Vista	5.78m	NWI 18-11.75
22 Miller, Kris	William Penn	5.77m	NWI 18-11.25
23 Rust, Collin	GustavusAdolphus	5.74m	NWI 18-10.00
24 Siaw, Kwesi	Drake	5.68m	NWI 18-07.75
25 Boldger, Eric	Clarke	5.66m	NWI 18-07.00
26 Stephens, Aaron	Mount Mercy	5.62m	NWI 18-05.25
27 Kamla, Micah	Hastings	5.61m	NWI 18-05.00
28 Stenoin, Carl	GustavusAdolphus	5.33m	NWI 17-06.00
29 Contri, Jake	Central	5.22m	NWI 17-01.50
30 Olsen, John	Bethel	5.18m	NWI 17-00.00
31 Hall, Reinaldo	Iowa Wesleyan	5.16m	NWI 16-11.25
32 Kaye, Jameson	Iowa Wesleyan	5.14m	NWI 16-10.50
33 Klein, Dylan	Iowa Central	5.02m	NWI 16-05.75
34 Dahm, AJ	Buena Vista	0.58m	NWI 1-11.00
-- Wong, Mark	Hastings	ND	NWI
-- Walls, Anthony	Luther	ND	NWI

Event 30 Women Long Jump

Meet Record: \$ 5.85m 2001 KATIE BREES, Central
5.80m AUTO
5.52m PROV

Name	Year	School	Finals	Wind
1 Roach, Peaches		Unattached	5.59m PROV	NWI 18-04.25
2 Udehn, Suzanne		Augustana	5.32m	NWI 17-05.50
3 Pottinger, Traci		U Minn Duluth	5.26m	NWI 17-03.25
4 Helland, Janey		GustavusAdolphus	5.21m	NWI 17-01.25
5 Mathieson, Ella		Augustana	5.20m	NWI 17-00.75
5 Bentz, Carissa		Central	5.20m	NWI 17-00.75
7 Moss, Andrea		Iowa Central	5.19m	NWI 17-00.50
8 Button, Katie		Unattached	5.18m	NWI 17-00.00
9 Duhai, Kelsey		Augustana	5.13m	NWI 16-10.00
10 Morris, Katie		Augustana	5.06m	NWI 16-07.25
11 Gonzales, Abby		Unattached	4.97m	NWI 16-03.75
12 Madison, Wendy		Iowa Wesleyan	4.96m	NWI 16-03.25
13 Rumbeck, Erika		Hastings	4.94m	NWI 16-02.50
13 Laudon, Caitlin		U Minn Duluth	4.94m	NWI 16-02.50
15 Ziskovsky, Jill		Central	4.92m	NWI 16-01.75
16 Lindeman, Sari		GustavusAdolphus	4.85m	NWI 15-11.00
17 Olorundami, Natalie		Buena Vista	4.82m	NWI 15-09.75
18 Lundgren, Megan		GustavusAdolphus	4.78m	NWI 15-08.25
19 Reinhart, Missy		Buena Vista	4.73m	NWI 15-06.25
20 Kruckenberg, Megan		Buena Vista	4.66m	NWI 15-03.50
21 Kirkvold, Allison		Luther	4.65m	NWI 15-03.25
21 Halling, Meredith		GustavusAdolphus	4.65m	NWI 15-03.25
23 Omesa, Huldeh		Bethel	4.63m	NWI 15-02.25
24 Francois, Alexa		Mount Mercy	4.61m	NWI 15-01.50
25 Wyatt, Angela		Hastings	4.54m	NWI 14-10.75
25 Lynch, Laura		GustavusAdolphus	4.54m	NWI 14-10.75
27 Schmitz, Laura		U Minn Duluth	4.53m	NWI 14-10.50
28 Van Zuiden, Tara		Ashford	4.50m	NWI 14-09.25
29 Kohmetscher, Page		Hastings	4.47m	NWI 14-08.00
30 Wittland, Laura		Augustana	4.45m	NWI 14-07.25
31 Mays, Kendra		GustavusAdolphus	4.41m	NWI 14-05.75
32 Schott, Katrina		Iowa Central	4.31m	NWI 14-01.75
33 Hartman, Beth		Hastings	4.30m	NWI 14-01.25
33 Baird, Kyle		Augustana	4.30m	NWI 14-01.25
35 Williamson, Page		Hastings	4.28m	NWI 14-00.50
36 Bennett, Brittney		Augustana	4.24m	NWI 13-11.00
37 Quick, Cassie		U Minn Duluth	4.20m	NWI 13-09.50
38 Ainsworth, Nikki		GustavusAdolphus	4.19m	NWI 13-09.00
39 Lee, Allison		Augustana	4.14m	NWI 13-07.00
40 Ahrendsen, Andrea		Buena Vista	4.10m	NWI 13-05.50
-- Wagner, Raegan		Unattached	ND	NWI
-- Hartje, Taylor		U Minn Duluth	ND	NWI

Event 31 Men Triple Jump

Meet Record: \$ 14.60m 1979 HOLLAND, Coe
14.80m AUTO
14.00m PROV

Name	Year	School	Finals	Wind
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1	Gorman, Matty	Iowa	15.00m	\$AUTO	NWI	49-02.50
2	Bean, Josh	Iowa	14.83m	\$AUTO	NWI	48-08.00
3	Warmuth, Jimmy	U Minn Duluth	13.69m		NWI	44-11.00
4	Mixon, Cody	Iowa	13.47m		NWI	44-02.50
5	Kamla, Micah	Hastings	13.18m		NWI	43-03.00
6	Milkovich, Steve	U Minn Duluth	13.17m		NWI	43-02.50
7	Gilsrud, Sam	U Minn Duluth	12.58m		NWI	41-03.25
8	Boldger, Eric	Clarke	12.54m		NWI	41-01.75
9	Snyder, Caleb	Ashford	12.48m		NWI	40-11.50
10	Rust, Collin	GustavusAdolphus	12.16m		NWI	39-10.75
11	Plagman, Rich	Central	12.04m		NWI	39-06.00
12	Erredge, Tat	Luther	12.03m		NWI	39-05.75
13	Struchen, Brady	Buena Vista	11.56m		NWI	37-11.25
14	Klein, Dylan	Iowa Central	11.54m		NWI	37-10.50
15	Hall, Reinaldo	Iowa Wesleyan	11.24m		NWI	36-10.50

Event 32 Women Triple Jump

Meet Record: \$ 11.88m 2004 ABBY VANDERAH, Loras						
12.00m AUTO						
11.25m PROV						
Name	Year	School	Finals		Wind	
1	Curtis, Ari	Drake	11.89m	\$PROV	NWI	39-00.25
2	Duhai, Kelsey	Augustana	11.14m		NWI	36-06.75
3	Laudon, Caitlin	U Minn Duluth	11.14m		NWI	36-06.75
4	Palmer, Jennae	Bethel	11.06m		NWI	36-03.50
5	Udehn, Suzanne	Augustana	10.96m		NWI	35-11.50
6	Lindeman, Sari	GustavusAdolphus	10.71m		NWI	35-01.75
7	Lynch, Laura	GustavusAdolphus	10.70m		NWI	35-01.25
8	Madison, Wendy	Iowa Wesleyan	10.67m		NWI	35-00.25
9	Mathieson, Ella	Augustana	10.60m		NWI	34-09.50
10	Hartje, Ally	U Minn Duluth	10.36m		NWI	34-00.00
11	Schultz, Anna	Luther	10.10m		NWI	33-01.75
12	Schmitz, Laura	U Minn Duluth	9.96m		NWI	32-08.25
13	Van Zuiden, Tara	Ashford	9.90m		NWI	32-05.75
14	Quick, Cassie	U Minn Duluth	9.74m		NWI	31-11.50
15	Halling, Meredith	GustavusAdolphus	9.67m		NWI	31-08.75
16	Kohmetscher, Page	Hastings	9.54m		NWI	31-03.75
17	Dusenbury, Alicia	Central	9.40m		NWI	30-10.25
18	Lundby, Stephanie	Luther	9.23m		NWI	30-03.50
19	Lee, Allison	Augustana	9.11m		NWI	29-10.75
--	Massey, Kirby	Augustana	ND		NWI	
--	Johnson, Shannon	GustavusAdolphus	ND		NWI	
--	Morris, Katie	Augustana	ND		NWI	

Event 33 Men Discus Throw

Meet Record: \$ 61.84m 4/6/2007 AJ CURTIS, Minn Duluth						
52.50m AUTO						
47.50m PROV						
Name	Year	School	Finals			
1	Turner, Floyd	Unattached	51.72m	PROV		169-08
2	VanCura, Scott	Hastings	51.19m	PROV		167-11
3	Weeks, Allen	Northern Iowa	50.55m	PROV		165-10

4	Scholl, Turner	Hastings	48.29m	PROV	158-05
5	Hickey, John	Iowa	47.62m	PROV	156-03
6	Fisher, Jason	Central	46.73m		153-04
7	Fritz, Scott	Hastings	46.57m		152-09
8	Maloney, Matt	Loras	43.67m		143-03
9	Pinkelman, Josh	Hastings	42.61m		139-09
10	Hurt, Tanner	Unattached	41.87m		137-04
11	Stubbe, Matt	Buena Vista	40.90m		134-02
12	Kaufmann, Zach	Buena Vista	40.57m		133-01
13	Pinckney, Jordan	Coe	39.99m		131-02
14	McCullough, Jacob	William Penn	39.88m		130-10
15	Romero, Justin	Unattached	39.78m		130-06
16	Rahm, Spenser	Niacc	39.68m		130-02
17	Daniel, Carrington	Coe	39.50m		129-07
18	Murray, Wyatt	Drake	39.19m		128-07
19	Davis, Nick	GustavusAdolphus	38.84m		127-05
20	Soldner, Tom	U Minn Duluth	38.71m		127-00
21	Rosburg, Tyler	Drake	38.41m		126-00
22	Ricke, Steven	Buena Vista	37.13m		121-10
23	Anderson, Dale	Coe	36.85m		120-11
24	Lahner, Nate	Mount Mercy	36.60m		120-01
25	Loughran, Dan	U Minn Duluth	36.37m		119-04
26	Nichols, Heath	William Penn	36.18m		118-08
27	Wagner, Peter	Unattached	35.94m		117-11
28	Graber, Matt	Central	35.84m		117-07
29	Boren, Sean	Iowa Central	35.77m		117-04
30	Lange, Corey	U Minn Duluth	35.76m		117-04
31	Anderson, Brian	GustavusAdolphus	35.25m		115-08
32	McCall, Joe	Niacc	33.86m		111-01
33	Stonerook, Trent	Luther	33.51m		109-11
34	Bentele, Mike	U Minn Duluth	33.27m		109-02
34	Robinson, Brandon	Buena Vista	33.27m		109-02
36	Flick, Brayden	Grand View	33.17m		108-10
37	Blodgett, Lucas	Bethel	32.91m		108-00
38	Martinsen, Ben	U Minn Duluth	32.83m		107-08
39	Willet, Brian	William Penn	32.75m		107-05
40	Kleffman, Matt	U Minn Duluth	32.16m		105-06
41	Meyer, Andrew	Coe	31.90m		104-08
42	Kotz, Zach	Luther	31.60m		103-08
43	Foote, Greg	Central	31.19m		102-04
44	Sheridan, Chris	Ashford	31.05m		101-10
45	Peterson, Andrew	Luther	28.75m		94-04
46	Strange, Jake	U Minn Duluth	27.86m		91-05
47	Lechtemberg, Ryan	Niacc	27.71m		90-11
48	Olson, Mike	Mount Mercy	27.06m		88-09
49	Contri, Jake	Central	22.84m		74-11
--	Milder, David	William Penn	ND		
--	Cook, Ben	U Minn Duluth	ND		
--	Adams, Jordan	Grand View	ND		
--	Steepleton, Scott	Loras	ND		

Event 34 Women Discus Throw

Meet Record: \$ 47.16m 4/6/2007 TAWNA TRIAL, Hastings
46.38m AUTO
41.50m PROV

Name	Year	School	Finals
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1	Jansen, Rachel	Northern Iowa	50.24m	\$AUTO	164-10
2	Thys, Ellen	Loras	46.62m	AUTO	152-11
3	Jewell, Jess	Luther	45.48m	PROV	149-02
4	Thorson, Marin	Niacc	44.29m	PROV	145-04
5	Smith, Melissa	U Minn Duluth	42.64m	PROV	139-11
6	Dirth, Deidra	Drake	41.75m	PROV	137-00
7	Hall, Ronnisha	Niacc	40.62m		133-03
8	Williams, Jamie	Hastings	39.80m		130-07
9	Boeke, Rachel	Central	39.32m		129-00
10	Anciaux, Sarah	Coe	39.16m		128-06
11	Feldman, Ashley	Central	38.85m		127-05
12	Broderius, Sam	GustavusAdolphus	38.46m		126-02
13	Rawson, Molly	Coe	38.01m		124-08
14	Banks, Marissa	Augustana	37.53m		123-01
15	McCausland, Kelsay	Ashford	36.29m		119-01
16	Millam, Wendy	Ashford	36.10m		118-05
17	Brown, Lisa	GustavusAdolphus	35.33m		115-11
18	Wauters, Kelsey	Luther	35.16m		115-04
19	Bauer, Anna	GustavusAdolphus	33.72m		110-07
20	Bentz, Carissa	Central	33.56m		110-01
21	Froelich, Justina	U Minn Duluth	32.57m		106-10
22	Price, Jaree	Hastings	31.93m		104-09
23	Nothem, Sam	GustavusAdolphus	31.78m		104-03
24	Czyzewicz, Laura	Buena Vista	31.70m		104-00
25	Webb, Tiffany	Iowa Wesleyan	31.48m		103-03
26	Maas, Chelsea	Grand View	31.39m		103-00
27	Hoye, Lindsey	GustavusAdolphus	30.75m		100-11
28	Roggemann, Amanda	Central	30.72m		100-09
29	Scott, Diana	GustavusAdolphus	30.68m		100-08
30	Sojka, Nicole	Central	28.15m		92-04
31	Darbyshire, Daniell	Mount Mercy	27.85m		91-04
32	Francois, Danielle	Central	26.54m		87-01
33	Wagy, B.J.	Iowa Wesleyan	25.74m		84-05
34	Olson, Erin	U Minn Duluth	24.96m		81-11
35	Hansen, Kelsey	Mount Mercy	17.91m		58-09
--	Green, Shelli	Unattached	ND		
--	Mouw, Sara	Central	ND		
--	Crane, Elizabeth	U Minn Duluth	ND		
--	Mickolich, Chelsey	U Minn Duluth	ND		

Event 35 Men Hammer Throw

Meet Record: \$ 60.75m 4/6/2007 ADAM HAMILTON, Univ of Iowa					
57.60m AUTO					
51.46m PROV					
Name	Year	School	Finals		
1	VanCura, Scott	Hastings	54.65m	PROV	179-03
2	Fisher, Jason	Central	54.51m	PROV	178-10
3	Schaapveld, Mark	Iowa	53.45m	PROV	175-04
4	Pinkelman, Josh	Hastings	50.81m		166-08
5	Hickey, John	Iowa	50.50m		165-08
6	Cook, Lucas	Northern Iowa	50.47m		165-07
7	Robeson, Jon	Unattached	49.81m		163-05
8	Kleffman, Matt	U Minn Duluth	49.69m		163-00
9	Blodgett, Lucas	Bethel	48.39m		158-09

10	Pinckney, Adam	Northern Iowa	47.84m	156-11
11	Maloney, Matt	Loras	46.96m	154-01
12	Fritz, Scott	Hastings	46.04m	151-00
13	Scholl, Turner	Hastings	45.43m	149-00
14	Hurt, Tanner	Unattached	43.53m	142-10
15	Anderson, Brian	GustavusAdolphus	43.47m	142-07
16	Soldner, Tom	U Minn Duluth	41.85m	137-04
17	Adams, Jordan	Grand View	41.75m	137-00
18	Ricke, Steven	Buena Vista	39.74m	130-04
19	Martinsen, Ben	U Minn Duluth	39.70m	130-03
20	Graber, Matt	Central	39.46m	129-05
21	Romero, Justin	Unattached	39.06m	128-02
22	Flick, Brayden	Grand View	38.37m	125-11
23	Leerhoff, Nick	Coe	37.29m	122-04
24	Neal, Drew	Grand View	36.71m	120-05
25	Stubbe, Matt	Buena Vista	35.31m	115-10
26	Anderson, Dale	Coe	35.15m	115-04
27	McDonnell, Brian	Coe	33.54m	110-00
28	Nichols, Heath	William Penn	32.95m	108-01
29	Larson, Dan	U Minn Duluth	32.79m	107-07
30	Lahner, Nate	Mount Mercy	31.98m	104-11
31	Loughran, Dan	U Minn Duluth	31.67m	103-11
32	Stonerook, Trent	Luther	31.56m	103-06
33	Cook, Ben	U Minn Duluth	29.25m	95-11
34	Lange, Corey	U Minn Duluth	27.95m	91-08
35	Milder, David	William Penn	27.38m	89-10
35	Strange, Jake	U Minn Duluth	27.38m	89-10
37	Hixon, Trevor	Central	23.91m	78-05
38	Olson, Mike	Mount Mercy	22.83m	74-11
--	Meyer, Andrew	Coe	ND	
--	Steepleton, Scott	Loras	ND	

Event 36 Women Hammer Throw

Meet Record: \$ 48.23m 4/6/2007 TAWNA TRAIL, Hastings
52.60m AUTO
46.00m PROV

Name	Year	School	Finals	
1	Jansen, Rachel	Northern Iowa	55.40m\$AUTO	181-09
2	Landers, Courtney	Northern Iowa	49.58m\$PROV	162-08
3	Harms, Sarah	Northern Iowa	49.37m\$PROV	162-00
4	Thys, Ellen	Loras	48.49m\$PROV	159-01
5	Rader, Holly	Coe	45.97m	150-10
6	Banks, Marissa	Augustana	45.89m	150-07
7	Hall, Ronnisha	Niacc	44.37m	145-07
8	Williams, Jamie	Hastings	44.24m	145-02
9	Corrigan, Cassie	U Minn Duluth	43.72m	143-05
10	Millam, Wendy	Ashford	42.27m	138-08
11	Neiweem, Paula	Augustana	41.44m	135-11
12	Czyzewicz, Laura	Buena Vista	40.84m	134-00
13	Harms, Traci	Unattached	40.17m	131-09
14	Smith, Melissa	U Minn Duluth	40.01m	131-03
15	Boeke, Rachel	Central	39.85m	130-09
16	Bauer, Anna	GustavusAdolphus	39.55m	129-09
17	Keller, Chelsey	Unattached	38.73m	127-01
18	Froelich, Justina	U Minn Duluth	37.26m	122-03

19	Sojka, Nicole	Central	37.19m	122-00
19	Scott, Diana	GustavusAdolphus	37.19m	122-00
21	Green, Shelli	Unattached	37.18m	122-00
22	Nothem, Sam	GustavusAdolphus	36.86m	120-11
23	Niedert, Megan	Coe	36.80m	120-09
24	Mickolichuk, Chelsey	U Minn Duluth	36.79m	120-08
25	Price, Jaree	Hastings	35.60m	116-09
26	Francois, Danielle	Central	34.85m	114-04
27	Hansen, Kelsey	Mount Mercy	34.63m	113-07
28	Broderius, Sam	GustavusAdolphus	33.78m	110-10
29	Hoye, Lindsey	GustavusAdolphus	32.19m	105-07
30	Webb, Tiffany	Iowa Wesleyan	32.12m	105-04
31	Feldman, Ashley	Central	32.04m	105-01
32	Rawson, Molly	Coe	32.02m	105-01
33	Hoins, Brittany	Hastings	30.41m	99-09
34	Maas, Chelsea	Grand View	28.08m	92-01
35	Darbyshire, Daniell	Mount Mercy	27.44m	90-00
36	Crane, Elizabeth	U Minn Duluth	26.46m	86-10

Event 37 Men Javelin Throw

Meet Record: \$ 67.35m 1983 MIKE SHANAHAN, Central
62.50m AUTO
57.30m PROV

Name	Year	School	Finals	
1		Unattached	51.40m	168-08
2		Grand View	49.51m	162-05
3		Mount Mercy	48.27m	158-04
4		Drake	47.73m	156-07
5		Luther	47.02m	154-03
6		Central	45.91m	150-07
7		Central	44.05m	144-06
8		Iowa Central	43.51m	142-09
9		Drake	43.50m	142-08
10		Central	42.81m	140-05
11		GustavusAdolphus	42.73m	140-02
12		U Minn Duluth	42.56m	139-07
13		U Minn Duluth	42.05m	137-11
14		Central	41.59m	136-05
15		Luther	41.38m	135-09
16		Central	40.95m	134-04
17		U Minn Duluth	39.90m	130-11
18		William Penn	39.76m	130-05
19		U Minn Duluth	38.88m	127-07
20		William Penn	38.71m	127-00
21		Mount Mercy	37.80m	124-00
22		Coe	37.36m	122-07
23		Mount Mercy	36.85m	120-11
24		Coe	36.80m	120-09
25		William Penn	35.57m	116-08
26		Drake	35.43m	116-03
27		Grand View	33.29m	109-03
28		William Penn	32.91m	108-00
29		Mount Mercy	31.28m	102-07
30		U Minn Duluth	29.47m	96-08
31		Coe	26.92m	88-04

32 Neville, Sheldon	William Penn	16.60m	54-05
-- McDonnell, Brian	Coe	ND	

Event 38 Women Javelin Throw

Meet Record: \$ 42.83m	2002	DIA DOHLMAN, Wartburg
44.20m	AUTO	
38.70m	PROV	

Name	Year	School	Finals	
1 Brown, Lisa		GustavusAdolphus	46.07m	\$AUTO 151-02
2 Whisner, Alicia		Unattached	41.71m	PROV 136-10
3 Wiederin, Ashley		Central	33.34m	109-04
4 Peterson, Kelsey		Central	32.87m	107-10
5 Schlutz, Katie		Mount Mercy	32.30m	106-00
6 Voorhees, Johanna		Augustana	32.26m	105-10
7 Hartje, Ally		U Minn Duluth	32.25m	105-10
8 Kowalski, Aimee		Iowa Wesleyan	31.06m	101-11
9 Mouw, Sara		Central	30.92m	101-05
10 Conway, Emily		Central	30.70m	100-09
11 Schott, Katrina		Iowa Central	30.44m	99-10
12 Dirth, Deidra		Drake	29.95m	98-03
13 Snowbarger, Jessica		William Penn	29.45m	96-07
14 Hutchinson, Kari		Central	29.43m	96-07
15 Long, Kate		Drake	28.98m	95-01
16 Furlong, Maggie		Augustana	28.95m	95-00
17 Ziskovsky, Jill		Central	27.78m	91-02
18 Calderone, April		Augustana	27.09m	88-10
19 Gaskill, Kayla		Grand View	26.91m	88-03
20 Hall, Ronnisha		Niacc	24.10m	79-01
21 Baird, Kyle		Augustana	23.65m	77-07
22 Moss, Andrea		Iowa Central	23.49m	77-01
23 Dobbins, Amy		Iowa Central	22.04m	72-04
24 Geison, Libby		Augustana	21.58m	70-10
25 Millonig, Allie		Niacc	20.58m	67-06
26 Bennett, Brittney		Augustana	20.11m	66-00
27 Mitchell, Michelle		Drake	20.03m	65-08
28 Anderson, Aubrey		Grand View	19.13m	62-09
29 Alliger, Michelle		Iowa Central	16.75m	54-11
30 Kilberry, Danielle		Augustana	16.01m	52-06
-- Ozburn, Meg		Grand View	ND	

Event 39 Men Shot Put

Meet Record: \$ 18.09m	1996	DENNIS BLACK, Upper Iowa
17.25m	AUTO	
15.55m	PROV	

Name	Year	School	Finals	
1 VanCura, Scott		Hastings	16.78m	PROV 55-00.75
2 Schaapveld, Mark		Iowa	16.24m	PROV 53-03.50
3 Pinckney, Adam		Northern Iowa	15.57m	PROV 51-01.00
4 Pinkelman, Josh		Hastings	14.59m	47-10.50
5 Weeks, Allen		Northern Iowa	14.46m	47-05.25
6 Leerhoff, Nick		Coe	14.16m	46-05.50
7 Graber, Matt		Central	14.07m	46-02.00
8 Kleffman, Matt		U Minn Duluth	14.01m	45-11.75

9	Pinckney, Jordan	Coe	13.83m	45-04.50
10	Fritz, Scott	Hastings	13.78m	45-02.50
11	Soldner, Tom	U Minn Duluth	13.57m	44-06.25
12	Davis, Nick	GustavusAdolphus	13.53m	44-04.75
13	Ricke, Steven	Buena Vista	13.50m	44-03.50
14	Kotz, Zach	Luther	13.45m	44-01.50
15	Anderson, Brian	GustavusAdolphus	13.10m	42-11.75
16	Stubbe, Matt	Buena Vista	12.96m	42-06.25
17	Flick, Brayden	Grand View	12.61m	41-04.50
18	McCall, Joe	Niacc	12.58m	41-03.25
19	Loughran, Dan	U Minn Duluth	12.42m	40-09.00
20	Murray, Wyatt	Drake	12.25m	40-02.25
21	Rahm, Spenser	Niacc	12.24m	40-02.00
22	Wagner, Peter	Unattached	12.23m	40-01.50
23	Lahner, Nate	Mount Mercy	12.20m	40-00.50
24	Moore, Roy	William Penn	12.16m	39-10.75
25	Strange, Jake	U Minn Duluth	11.74m	38-06.25
26	Sheridan, Chris	Ashford	11.54m	37-10.50
27	Nichols, Heath	William Penn	11.12m	36-05.75
28	Steepleton, Scott	Loras	10.91m	35-09.50
29	Lechtemberg, Ryan	Niacc	10.90m	35-09.25
30	Milder, David	William Penn	10.57m	34-08.25
31	Lange, Corey	U Minn Duluth	10.36m	34-00.00
32	Hall, Bill	Central	10.26m	33-08.00
33	Stonerook, Trent	Luther	10.25m	33-07.50
34	Neal, Drew	Grand View	10.04m	32-11.25
35	Peterson, Andrew	Luther	9.66m	31-08.50
35	Hixon, Trevor	Central	9.66m	31-08.50
37	McBride, Jeremy	Coe	9.63m	31-07.25
38	Olson, Mike	Mount Mercy	9.27m	30-05.00
--	Adams, Jordan	Grand View	ND	
--	Martinsen, Ben	U Minn Duluth	ND	

Event 40 Women Shot Put

Meet Record: \$ 14.58m 4/6/2007 TAWNA TRAIL, Hasings
14.20m AUTO
12.80m PROV

Name	Year	School	Finals	
1	Harms, Sarah	Northern Iowa	13.42m PROV	44-00.50
2	Brown, Lisa	GustavusAdolphus	12.97m PROV	42-06.75
3	Jewell, Jess	Luther	12.93m PROV	42-05.25
4	Banks, Marissa	Augustana	12.86m PROV	42-02.25
5	Keller, Chelsey	Unattached	12.47m	40-11.00
6	Boeke, Rachel	Central	12.14m	39-10.00
7	Thys, Ellen	Loras	12.04m	39-06.00
8	Anciaux, Sarah	Coe	11.89m	39-00.25
9	Crane, Elizabeth	U Minn Duluth	11.70m	38-04.75
10	Hall, Ronnisha	Niacc	11.59m	38-00.25
11	Williams, Jamie	Hastings	11.57m	37-11.50
12	Wauters, Kelsey	Luther	11.46m	37-07.25
13	Broderius, Sam	GustavusAdolphus	11.45m	37-06.75
13	Smith, Melissa	U Minn Duluth	11.45m	37-06.75
15	Neiweem, Paula	Augustana	11.37m	37-03.75
16	Hoins, Brittany	Hastings	11.11m	36-05.50
17	Nothem, Sam	GustavusAdolphus	11.08m	36-04.25

18 Webb, Tiffany	Iowa Wesleyan	11.06m	36-03.50
19 Price, Jaree	Hastings	11.05m	36-03.00
20 Roggemann, Amanda	Central	10.46m	34-04.00
21 Corrigan, Cassie	U Minn Duluth	10.41m	34-02.00
22 Scott, Diana	GustavusAdolphus	10.35m	33-11.50
22 Mickolichuk, Chelsey	U Minn Duluth	10.35m	33-11.50
24 Bauer, Anna	GustavusAdolphus	10.26m	33-08.00
25 Olson, Erin	U Minn Duluth	10.23m	33-06.75
26 Sojka, Nicole	Central	10.13m	33-03.00
27 Hansen, Kelsey	Mount Mercy	10.08m	33-01.00
28 Maas, Chelsea	Grand View	9.62m	31-06.75
29 Roach, Peaches	Unattached	9.08m	29-09.50
30 Darbyshire, Daniell	Mount Mercy	7.99m	26-02.75
31 Mitchell, Michelle	Drake	7.47m	24-06.25
32 Baird, Kyle	Augustana	7.22m	23-08.25
33 Bennett, Brittney	Augustana	6.99m	22-11.25
-- Jansen, Rachel	Northern Iowa	ND	
-- Harms, Traci	Unattached	ND	

Women - Team Rankings - 20 Events Scored

1) Drake University	131	2) U of Minnesota-Duluth	103.83
3) Augustana College	97.50	4) Gustavus Adolphus	85.33
5) Central College	50.50	6) Hastings	46.33
7) Univ of Northern Iowa	44	8) Luther College	28
8) Mount Mercy College	28	10) Loras College	15
11) Buena Vista University	13	12) North Iowa Area Community	11
13) Iowa Central	9	14) Grand View College	8
15) Clarke College	7	16) Coe College	5
17) Iowa Wesleyan	2		

Men - Team Rankings - 20 Events Scored

1) Univ of Iowa	96	2) Drake University	94.20
3) U of Minnesota-Duluth	82.39	4) Iowa Central	75
5) Hastings	70.50	6) Buena Vista University	59
7) Central College	54	8) Gustavus Adolphus	34
9) Grand View College	20	10) Luther College	19.20
11) Univ of Northern Iowa	19	12) Faith Baptist College	10
12) Coe College	10	14) Mount Mercy College	6.50
15) Ashford University	2.20	16) William Penn Univ	2
17) Clarke College	1.50	18) Loras College	1