

PM

Kip Janvrin Open - 4/24/2009  
 Simpson College  
 Indianola, IA  
 Results

Women 100 Meter Dash

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Meet Rec: \$ 12.32 4/28/2006 AUDRA BARK, Western Illinois  
 12.00 AUTO  
 12.30 PROV

H#	Name	Year	School	Finals	Wind
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Finals

1	Ebjena, Cathy		Harding	12.64	-6.3
1	2 Burt, Faith		Wartburg	12.87	-6.3
1	3 Kordick, Jenny		Wartburg	13.11	-6.3
1	4 Lewis, Rachel		Northwest Missou	13.19	-6.3
1	5 Levercom, Sam		St. Catherine	13.22	-2.0
3	6 Horne, Quannika		Graceland	13.27	-2.0
3	7 Martin, KeAnna		Unattached	13.29	-5.6
2	8 Hamell, Jessica		Simpson	13.31	-2.0
3	9 Stoulil, Megan		Central	13.52	-2.0
3	10 Jacobson, Callan		Iowa State	13.57	-6.3
1	11 Bellinger, Maria		Um-Duluth	13.60	-2.0
3	11 Bock, Laura		Um-Duluth	13.60	-5.6
2	13 Parrish, Aneisha		Unattached	13.61	-5.6
2	14 Evenson, Vanessa		Simpson	13.70	-2.8
4	14 Latta, Angie		Central	13.70	-2.0
3	16 Ellis, Keneisha		Graceland	13.73	-5.6
2	17 Griffin, Jennifer		Um-Duluth	13.76	-5.6
2	18 Kuebler, Melissa		St. Thomas	13.78	-2.8
4	19 Collins, Hannah		D4NC	13.82	-2.8

4

19	Janas, Laura	St. Thomas	13.82	-2.8
4				
21	Tatou, Nancy	Briar Cliff	13.84	-2.8
4				
22	Bixler, Jessica	William Penn	13.94	-2.8
4				
23	Hotz, Nikki	Mount Mercy	14.00	-2.8
4				
24	Lippincott, Ashley	Central	14.05	-3.2
5				
25	DeMoss, Jessica	Northwest Missou	14.13	-2.0
3				
26	Gutierrez, Christina	Briar Cliff	14.22	-2.8
4				
27	Lawler, Katie	St. Catherine	14.23	-3.2
5				
28	Jefferson, Courtney	Northwest Missou	14.25	-5.6
2				
29	Darrow, Jennie	Simpson	14.55	-3.2
5				
30	Doherty, Rachel	St. Catherine	14.56	-3.2
5				
31	Orvella, Beca	Mount Mercy	14.61	-3.2
5				
32	Von Busch, Ashley	Graceland	14.64	-3.2
5				
33	Nwabueze, Amina	Simpson	14.69	-3.2
5				
34	Powers, Amber	St. Catherine	15.28	-4.3
6				
35	Soaga, Simbiat	Grinnell	16.04	-4.3
6				

Women 200 Meter Dash

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Meet Rec: \$ 24.88 4/27/2007 CAMERYN CHRISTION, South Dakota  
0.25 AUTO  
25.25 PROV

H#	Name	Year School	Finals	Wind
1	Kleine, Bridget	Northwest Missou	25.74	-3.5
1				
2	Lewis, Rachel	Northwest Missou	26.87	-3.5
1				
3	Olive, Daniel	Iowa Western	26.99	-1.7
2				
4	Jacobson, Callan	Iowa State	27.02	-3.5
1				
5	Casterline, Myranda	Iowa State	27.39	-3.5
1				
6	Fritz, Jill	S. Dakota St	27.40	-3.5
1				
7	Rosenbrook, Christi	S. Dakota St	27.43	-3.5
1				

8	Bentz, Carissa	Central	27.47	-1.8
6				
9	Dahn, Becky	North Iowa Area	27.58	-1.7
2				
10	Hamell, Jessica	Simpson	27.63	-2.1
4				
11	Krambeck, Meghin	Iowa State	27.67	-3.5
1				
12	Ellis, Keneisha	Graceland	27.93	-1.7
2				
13	Kruse, Mollie	Iowa Western	28.06	-1.7
2				
14	Parrish, Aneisha	Unattached	28.07	-1.2
3				
15	Evenson, Vanessa	Simpson	28.11	-1.2
3				
16	Theisen, Becky	St. Thomas	28.21	-1.7
2				
17	Eggebrecht, Amanda	St. Cloud St	28.28	-1.2
3				
18	Sullivan, Shannon	Grand View	28.33	-1.2
3				
19	Malanaphy, Sydney	St. Catherine	28.40	-3.5
1				
20	Murphy, Laurel	North Iowa Area	28.42	-1.2
3				
21	Humphrey, Sarah	North Iowa Area	28.46	-1.8
6				
22	Tatou, Nancy	Briar Cliff	28.47	-1.8
6				
23	Griffin, Jennifer	Um-Duluth	28.53	-1.2
3				
24	Lippincott, Ashley	Central	28.60	-1.2
3				
25	Ampe, Jenny	St. Catherine	28.64	-2.1
4				
26	Latta, Angie	Central	28.65	-1.7
2				
27	Jackson, Krystal	Briar Cliff	28.68	-1.8
6				
28	Carberry, Leanne	Cornell	28.75	-2.1
4				
29	Hotz, Nikki	Mount Mercy	28.77	-2.1
4				
29	Weaver, Brittany	North Iowa Area	28.77	-2.1
4				
31	DeMoss, Jessica	Northwest Missou	28.78	-2.1
4				
32	Doherty, Rachel	St. Catherine	28.91	-2.1
4				
33	Meissner, Sarah	St. Catherine	29.19	-1.2
3				
34	Shunk, Felica	Central	29.34	-1.8
6				
35	Riley, Brittany	Grand View	29.56	-2.1
4				

36	Gillman, Jamie	Grand View	29.65	-3.3
5				
37	Orvella, Beca	Mount Mercy	30.55	-3.3
5				
38	Kwong, Allegra	Grinnell	30.68	-3.3
5				
39	Bays, Jennifer	Cornell	31.03	-3.3
5				
40	Soaga, Simbiat	Grinnell	31.22	-3.3
5				
41	Waterhouse, Keri	Simpson	32.00	-3.3
5				
42	Darrow, Jennie	Simpson	32.81	-3.3
5				

Women 400 Meter Dash

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Meet Rec: \$ 56.08 4/25/2008 RIKITA BUTLER, Minnesota  
55.90 AUTO  
57.50 PROV

H#	Name	Year School	Finals
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1	Randa, Kelsey	Briar Cliff	58.97
1			
2	McAlister, Callie	Harding	58.99
1			
3	Rosenbrook, Christi	S. Dakota St	59.37
1			
4	Broner, Laura	Uw-Eau Claire	59.66
1			
5	Shinkle, Nicki	Black Hills	60.12
1			
6	Dahn, Becky	North Iowa Area	60.21
1			
7	Williams, Lexi	Um-Duluth	60.73
2			
8	Fritz, Jill	S. Dakota St	61.26
1			
9	Suckow, Hayley	Uw-Eau Claire	61.28
2			
10	Ganshirt, Jen	Wartburg	61.45
1			
11	Moeckly, Maria	D4NC	61.80
2			
12	DeGrote, Jodi	Um-Duluth	62.05
2			
13	Willis, Marriah	Graceland	62.14
2			
14	Hedrick, Alyssa	Simpson	62.62
2			
15	Theisen, Becky	St. Thomas	62.72
3			
16	Carberry, Leanne	Cornell	63.49
2			

17	Ewest, Laura	D4NC	64.74
3			
18	Bottorff, Dani	Briar Cliff	64.99
4			
19	Cooley, Audrey	Briar Cliff	65.47
3			
20	Dusenbury, Alicia	Central	66.35
3			
21	Thor, Tibisa	William Penn	66.66
4			
22	Riley, Brittany	Grand View	66.90
4			
23	Bakke, Alyssa	Mount Mercy	68.47
5			
24	Steinmetz, Val	D4NC	68.49
4			
24	Bays, Jennifer	Cornell	68.49
5			
24	Kobliska, Sara	Mount Mercy	68.49
5			
27	Iiouno, Angel	Graceland	68.62
5			
28	Wink, Melisa	William Penn	68.63
3			
29	Gillman, Jamie	Grand View	69.06
4			
30	Myers, Alyssa	Briar Cliff	70.00
3			

Women 800 Meter Run

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Meet Rec: \$ 2:11.92 4/28/2006 MARY STOLL, Augustana  
 2:11.00 AUTO  
 2:14.40 PROV

Name	Year	School	Finals
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1	Ellingson, Catie	Simpson	2:12.49 PROV
2	Ratermann, Anne	Truman State	2:15.02
3	Hammel, Sarah	Simpson	2:16.89
4	Burke, Danielle	S. Dakota St	2:18.78
5	LaFlora, Clarissa	Drake	2:19.33
6	Warnke, Stephanie	Dakota State U	2:19.73
7	Ivers, Kaila	Black Hills	2:20.35
8	Kimtai, Gladys	Harding	2:21.60
9	Small, Kaylee	Iowa State	2:21.71
10	Nielsen, Leah	Morningside	2:21.82
11	Connolly, Tara	St. Scholastica	2:22.89
12	Smith, Emily	S. Dakota St	2:24.21
13	Frohling, Amanda	S. Dakota St	2:24.68
14	Lohry, Molly	Iowa State	2:24.79
15	Mujica, Emily	North Iowa Area	2:26.42
16	Hoefs, Heather	Morningside	2:27.62
17	Hrdlicka, Kayli	Northwest Missou	2:27.70
18	Garay, Sam	Briar Cliff	2:28.23
19	Johnson, Heidi	Northwest Missou	2:28.45

20	Jantz, Mary	Northwest Missou	2:29.09
21	Batey, Amanda	Graceland	2:30.68
22	Davis, Sara	Central	2:30.94
23	Svardh, Marielle	North Iowa Area	2:30.99
24	Rehberg, Rebecca	Dana	2:31.07
25	Rouse, Stephanie	Grinnell	2:31.59
26	Vallejo, Cecelia	Briar Cliff	2:32.33
27	Juergens, Kylee	D4NC	2:33.38
28	Weis, Nicole	D4NC	2:33.45
29	Winkelmann, Megan	Grand View	2:33.71
30	Poolman, Hannah	North Iowa Area	2:34.08
31	Louis, Melanie	Central	2:34.68
32	Angell, Brittany	D4NC	2:35.48
33	Fibranz, Chelsea	Dana	2:35.88
34	Wolverton, Anna	Briar Cliff	2:37.20
35	Lynam, Emily	Grinnell	2:37.97
36	Arentsen, Liz	Central	2:38.52
37	Wilson, Nicole	Grand View	2:39.30
38	Neubauer, Hannah	Grinnell	2:39.58
39	Bailey, Christine	Dana	2:39.72
40	Elverud, Melissa	St. Catherine	2:41.36
41	Guzman, Erin	Simpson	2:41.58
42	Calleroz, Steph	Briar Cliff	2:42.45
43	Ross, Alice	Graceland	2:43.37
44	Newman, Allison	Cornell	2:44.43
45	Perkins, Bridget	St. Catherine	2:45.18
46	Toney, Brittany	Grand View	2:46.04
47	Bakke, Alyssa	Mount Mercy	2:47.49
48	Kobliska, Sara	Mount Mercy	2:47.51
49	Lacquement, Robin	North Iowa Area	2:56.25

Women 1500 Meter Run

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Meet Rec: \$ 4:40.99 4/27/2007 SHAYLA HOULIHAN, Northern Iowa  
4:32.50 AUTO  
4:39.00 PROV

Name	Year	School	Finals
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1	Hawkins, Rachelle	Cornell	4:45.41
2	Magargee, Danielle	Wisc-Milwaukee	4:47.09
3	O'Brien, Anna	Northwest Missou	4:49.86
4	Zaspel, Abbie	Wisc-Milwaukee	4:50.82
5	Feldman, Kristy	Unattached	4:52.23
6	Keitges, Erin	Morningside	4:52.73
7	Huling, Amanda	Northern Iowa	4:53.76
8	Sirma, Rysper	Harding	4:54.48
9	Strom, Joni	S. Dakota St	4:55.38
10	Williams, Fiona	Truman State	4:58.71
11	Spoon, Emma	St. Thomas	5:01.77
12	Bessinger, Becky	Grinnell	5:02.78
13	Nelson, Kara	Morningside	5:03.49
14	Samoei, Mary	Harding	5:03.59
15	Blanchard, Leah	Northern Iowa	5:03.81
16	Lageschulte, Jill	Northern Iowa	5:05.02
17	Jantz, Mary	Northwest Missou	5:06.91

18	VonHolten, Molly	Central	5:09.28
19	Bell, Rachel	Iowa State	5:09.30
20	Hundt, Cheryl	St. Cloud St	5:09.37
21	O'Very, Allison	Truman State	5:10.47
22	Jagiello, Allie	Cornell	5:11.43
23	Steinmeyer, Sami	D4NC	5:14.10
24	Marsh, Kayla	Unattached	5:14.24
25	Batey, Amanda	Graceland	5:15.23
26	Weis, Nicole	D4NC	5:15.79
27	Sande, Heidi	St. Catherine	5:16.82
28	Brandes, Julia	St. Thomas	5:17.95
29	Nichols, Jessica	Northwest Missou	5:18.15
30	Arentsen, Liz	Central	5:21.59
31	Winkelmann, Megan	Grand View	5:23.41
32	Adams, Angela	Northwest Missou	5:25.34
33	Garcia, Monica	North Iowa Area	5:26.34
34	Keifer, Konnie	North Iowa Area	5:28.01
35	Calleroz, Steph	Briar Cliff	5:30.04
36	Wolverton, Anna	Briar Cliff	5:31.49
37	Ross, Alice	Graceland	5:31.93
38	Triggs, Lindsey	Graceland	5:34.04
39	Preston, Alycia	Truman State	5:37.19
40	Billiet, Tamar	St. Catherine	5:38.65
41	Burg, Marci	St. Catherine	5:41.64
42	Toney, Brittany	Grand View	5:48.47
43	Becker, Lisa	Briar Cliff	5:53.30
44	Miller, Tressa	Southwestern	5:54.01
45	Linde, Melissa	Grand View	6:16.02
46	Hoover, Felicia	Grand View	6:23.05
47	Cargill, Hannah	Cornell	6:28.21
48	Nelson, Teresa	Briar Cliff	6:54.42
49	Greenan, Mary	Uw-Superior	7:15.70
--	Crippen, Sara	Central	DQ

Women 5000 Meter Run

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Meet Rec: \$ 17:29.32 4/25/2008 CAITLIN BERRY, South Dakota St  
16:55.00 AUTO  
17:35.00 PROV

Name	Year	School	Finals
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1	Kraayenbrink, Anna	Wartburg	17:48.22
2	Verhulst, Alicia	Black Hills	18:04.25
3	Metzler, Allie	St. Thomas	18:06.36
4	Davis, Nicole	S. Dakota St	18:18.54
5	Feldman, Kristy	Unattached	18:22.16
6	Sigmund, Laura	Wartburg	18:22.78
7	Dell'Orco, Dani	Truman State	18:29.54
8	Rover, Brittany	Iowa State	18:29.86
9	Berry, Angie	Central	18:30.02
10	Gronemeyer, Michelle	Truman State	18:45.93
11	Christensen, Jess	Simpson	18:54.65
12	Mayer, Amber	Central	19:01.05
13	Tlach, Lori	Wartburg	19:14.01
14	Brown, Amanda	Truman State	19:16.24

15	Schminski, Nikki	St. Thomas	19:20.06
16	Dillon, Samy	Harding	19:33.36
17	Kuhlmann, Lindsey	Cornell	19:38.61
18	Eshelman, Connie	Central	19:38.89
19	Dittburner, Jennifer	Northwest Missou	19:42.55
20	Looney, Kristin	Drake	19:42.59
21	Marble, Taylor	Um-Duluth	19:50.46
22	Hutchison, Ellie	Cornell	19:52.43
23	Bowness, Jane	Northwest Missou	19:53.64
24	Hendrickson, Sara	Grand View	19:57.49
25	Bronson, Kristie	St. Catherine	19:59.51
26	Raithel, Kylie	Truman State	20:01.73
27	Smith, Lindsay	Drake	20:13.04
28	Aerts, Andrea	Cornell	20:14.17
29	Davis, Tricia	Simpson	20:14.65
30	Warnke, Samantha	Dakota State U	20:16.54
31	Marshman, Madison	Northwest Missou	20:20.88
32	Danielsen, Keely	Mount Mercy	20:22.96
33	Graber, Sachi	Grinnell	20:34.88
34	Mayland, Signe	Simpson	20:40.45
35	Lindsay, Laura	Cornell	21:09.14
36	McElroy, Megan	Northwest Missou	21:14.38
37	Hensley, Megan	Grand View	21:31.48
38	Tempest, Annie	Grinnell	21:56.25
39	Tripp, Emily	Simpson	22:06.96
40	Becker, Jill	Briar Cliff	22:16.99
41	Avery, Morgan	Iowa Western	22:51.45
42	Luzum, Katie	Simpson	23:18.60

Women 10000 Meter Run

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Meet Rec: \$ 41:39.12 4/25/2008 TRICIA DAVIS, Simpson  
 35:48.00 AUTO  
 37:25.00 PROV

Name	Year	School	Finals
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1	Behan, Erin	Mount Mercy	44:01.07
2	Pierce, Meg	Um-Duluth	44:46.90
3	Knight, Kelly	Iowa Western	45:54.21
4	Simpson, Kristin	Simpson	46:17.88
5	Becker, Jill	Briar Cliff	47:58.65
6	Hanson, Christina	Dana	49:53.20

Women 100 Meter Hurdles

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Meet Rec: \$ 14.05 4/25/2008 DAWN SOLBERG, Minnesota  
 14.35 AUTO  
 14.95 PROV

H#	Name	Year	School	Finals	Wind
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1	Casterline, Myranda		Iowa State	14.94 PROV	-1.9
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2	Thomas, Brittany	Wartburg	15.13	-1.9
1				
3	Henry, Hannah	Unattached	15.56	-1.9
1				
4	Haberer, Steph	Wartburg	15.58	-1.9
1				
5	Krambeck, Meghin	Iowa State	16.05	-1.9
1				
6	Carroll, Steph	Wartburg	16.30	-2.7
2				
7	Dailey, Chelsie	Iowa Western	16.35	-2.7
2				
8	Murphy, Laurel	North Iowa Area	16.47	-4.6
3				
9	Bak, Kinsey	Simpson	16.48	-2.7
2				
10	Maher, Alyssa	Mount Mercy	16.58	-1.9
1				
11	Hartje, Taylor	Um-Duluth	16.77	-4.6
3				
11	Kuebler, Melissa	St. Thomas	16.77	-2.7
2				
13	Wright, Amanda	North Iowa Area	16.80	-4.6
3				
14	Weaver, Brittany	North Iowa Area	17.08	-4.0
4				
15	Janas, Laura	St. Thomas	17.11	-2.7
2				
16	Kersten, Kara	Iowa Western	17.17	-4.6
3				
17	Hartje, Ally	Um-Duluth	17.36	-4.0
4				
18	Hotz, Nikki	Mount Mercy	17.38	-4.6
3				
18	Orvella, Beca	Mount Mercy	17.38	-4.6
3				
20	Pottinger, Traci	Um-Duluth	17.50	-2.7
2				
21	Pettit, Krista	William Penn	17.53	-4.0
4				
22	Loveless, Aslynn	Northwest Missou	18.25	-4.6
3				
23	Eaton, Tierney	Northwest Missou	18.31	-1.9
1				
24	Andrews, Kelsi	Graceland	18.73	-3.6
5				
25	Skarda, Bridget	Grand View	19.01	-4.0
4				
26	Waterhouse, Keri	Simpson	19.06	-3.6
5				
27	Perkins, Amber	Iowa Western	19.26	-3.6
5				
28	Tegland, Jasa	North Iowa Area	19.36	-3.6
5				

Women 400 Meter Hurdles

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Meet Rec: \$ 61.37 4/27/2007 NIKKI PAULI, Unattached  
62.00 AUTO  
64.00 PROV

Name Year School Finals  
H#

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1	Jones, Aditya Jai	Unattached	63.00 PROV
1	2	Melloy, Brittany	Wartburg 64.11
2	3	Fagerlind, Becca	Wartburg 65.44
1	4	Miller, Alissa	Northwest Missou 66.36
1	5	Becker, Jessica	S. Dakota St 66.42
2	6	Kuebler, Melissa	St. Thomas 67.16
1	7	Mosinski, Amanda	Central 67.28
2	8	McCreight, Melanie	Iowa Western 68.22
3	9	Sunnarborg, Amanda	Um-Duluth 68.54
2	10	Henry, Hannah	Unattached 68.67
2	10	Moore, LaTasha	Grand View 68.67
3	12	Mulder, Nicole	Simpson 69.92
2	13	Schuelke, Taylor	Central 70.25
3	14	Bacon, Cory	Central 70.76
3	15	Janas, Laura	St. Thomas 71.88
4	16	Kok, Rebekah	Um-Duluth 71.90
2	17	Pettit, Krista	William Penn 72.91
4	18	Atkins, Hagan	Harding 73.16
3	19	Tegland, Jasa	North Iowa Area 73.98
4	20	Willis, Marriah	Graceland 74.59
2	21	Perkins, Amber	Iowa Western 77.13
4	22	Pestotnik, Maggie	Grand View 78.81
4			

Women 3000 Meter Steeplechase

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Meet Rec: \$ 10:49.02 4/27/2007 MARY FOUBERG, Unattached  
 10:44.00 AUTO  
 11:13.00 PROV

Name	Year School	Finals
1 Baldwin, Bridget	Nebraska Wes	11:26.64
2 Rubash, Keely	St. Cloud St	11:34.23
3 Stack, Dani	Unattached	11:34.81
4 Frohling, Amanda	S. Dakota St	11:42.35
5 Stack, Rachel	Um-Duluth	11:50.53
6 Ledvina, Amy	Central	11:56.23
7 Hines, Bridget	Um-Duluth	12:01.82
8 Sieve, Greta	St. Catherine	12:02.24
9 Braunberger, Taylor	Briar Cliff	12:17.17
10 Clark, Jess	Central	12:17.70
11 Marshall, Mallory	Unattached	12:45.56
12 Mathis, Elli	Truman State	12:45.81
13 Tompkins, Kelsey	Central	12:52.64
14 Burt, Meghann	Central	13:18.23
15 Cunningham, Chris	Unattached	13:30.60
16 Lech, Kathryn	Iowa Western	13:32.06
17 Hinzmann, Natasha	Uw-Superior	13:45.75
18 Newbrough, Nikki	Wartburg	13:47.56
19 Samuel, Amanda	Uw-Superior	13:48.44
20 Fisher, Sadie	Dana	14:04.36
21 Bernth, Rosemary	Briar Cliff	14:25.00

Women 4x100 Meter Relay

H#	School	Finals
1	Iowa Western 'A'	50.74
1	2 Simpson College 'A'	51.74
1	3 North Iowa Area CC 'A'	52.24
1	4 St. Catherine 'A'	52.42
1	5 Central College 'A'	52.60
2	6 William Penn Univ 'A'	52.84
1	7 Briar Cliff Univ 'A'	52.97
2	8 Cornell College 'A'	54.61
2		

Women 4x400 Meter Relay

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Meet Rec: \$ 4:10.15 4/27/2007 MORNINGSIDE, Morningside  
3:49.60 AUTO  
3:56.60 PROV

School Finals  
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1 Northwest Missouri 'A'	4:03.64\$
2 Briar Cliff Univ 'A'	4:10.20
3 D4nc 'A'	4:12.15
4 Iowa Western 'A'	4:16.15
5 Grinnell College 'A'	4:38.45

Women High Jump

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Meet Rec: \$ 1.71m 4/25/2008 CAITLIN ROEHMILDT, Minnesota  
1.71m AUTO  
1.65m PROV

Name Year School Finals  
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1 Jackson, Krystal	Briar Cliff	1.65m PROV	5-
05.00			
1 Luhmann, Danielle	St. Cloud St	1.65m PROV	5-
05.00			
1 Eaton, Tierney	Northwest Missou	1.65m PROV	5-
05.00			
1 Masters, Miss	Unattached	1.65m PROV	5-
05.00			
5 Rowe, Danielle	Dakota State U	1.60m	5-
03.00			
5 Ford, Alicia	Wartburg	1.60m	5-
03.00			
7 Petersen, Kelsey	Iowa State	1.55m	5-
01.00			
7 Gibson, Dia	Harding	1.55m	5-
01.00			
7 Carlson, Halley	Northwest Missou	1.55m	5-
01.00			
7 Bak, Kinsey	Simpson	1.55m	5-
01.00			
7 Conceicao, Barbara	Iowa Western	1.55m	5-
01.00			
7 Wilson, Caitlin	Central	1.55m	5-
01.00			
13 Axon, Amber	Wartburg	1.50m	4-
11.00			
13 Schuelke, Taylor	Central	1.50m	4-
11.00			
13 Englehaupt, Andrea	Iowa Western	1.50m	4-
11.00			
13 Robinson, Razanna	Graceland	1.50m	4-
11.00			
13 Johnson, Curran	Grinnell	1.50m	4-
11.00			

18 O'Mara, Mollie	Briar Cliff	1.45m	4-
09.00			
18 Angell, Brittany	D4NC	1.45m	4-
09.00			
20 Ellis, Keneisha	Graceland	1.40m	4-
07.00			
20 Techlin, Cayla	Cornell	1.40m	4-
07.00			
20 Schaaf, Kristy	Briar Cliff	1.40m	4-
07.00			
-- Burnett, Katie	William Penn	NH	
-- Shunk, Felica	Central	NH	
-- Willis, Marriah	Graceland	NH	
-- Dailey, Chelsie	Iowa Western	NH	

Women Pole Vault

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Meet Rec: \$ 3.94m 4/28/2006 STEPHANIE BARNES, UW Eau Claire  
3.82m AUTO  
3.50m PROV

Name	Year	School	Finals
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=====

1 Suckow, Hayley		Uw-Eau Claire	3.80m PROV 12-
05.50			
2 Biermann, Katrina		Truman State	3.65m PROV 11-
11.75			
3 Scott, Molly		Drake	3.35m 10-
11.75			
4 Bellinger, Maria		Um-Duluth	3.20m 10-
06.00			
4 Ampe, Jenny		St. Catherine	3.20m 10-
06.00			
6 Ebnet, Gina		Um-Duluth	3.05m 10-
00.00			
7 Melody, Brinn		Iowa State	2.90m 9-
06.25			
7 Martell, Nikki		Um-Duluth	2.90m 9-
06.25			
7 Popov, Kristina		St. Catherine	2.90m 9-
06.25			
10 Skarda, Bridget		Grand View	2.75m 9-
00.25			
11 Blankenship, Abby		Dana	2.60m 8-
06.25			
11 Graber, Sachi		Grinnell	2.60m 8-
06.25			
13 McGlone, Katy		Iowa Western	2.45m 8-
00.50			
13 Hannemann, Michelle		Cornell	2.45m 8-
00.50			
13 Shipley, Emma		Simpson	2.45m 8-
00.50			
13 Peterson, Corie		Simpson	2.45m 8-
00.50			

17 Hasenmiller, Liz	Central	2.30m	7-
06.50			
-- Feldman, Ashley	Central	NH	
-- Neilsen, Kari	Graceland	NH	
-- Bramon, Lindsey	Truman State	NH	
-- Vertilo, Victoria	Grinnell	NH	

Women Long Jump

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Meet Rec: \$ 5.71m 4/27/2007 MCKENZIE MEHLISCH, Unattached  
5.80m AUTO  
5.47m PROV

Name	Year School	Finals	Wind
=====			
1 McAllister-Birkeland, Ha	UTAH	5.75m\$PROV	NWI
18-10.50			
2 Morrison, Skye	Wartburg	5.44m	NWI
17-10.25			
3 Tan, Mikha	St. Cloud St	5.38m	NWI
17-08.00			
3 Lindsey, Diane	Iowa State	5.38m	NWI
17-08.00			
5 Schueler, Amber	St. Cloud St	5.37m	NWI
17-07.50			
5 Henderson, Mallory	Iowa State	5.37m	NWI
17-07.50			
7 Dailey, Chelsie	Iowa Western	5.36m	NWI
17-07.00			
8 Horne, Quannika	Graceland	5.27m	NWI
17-03.50			
9 Bentz, Carissa	Central	5.17m	NWI
16-11.50			
10 Laudon, Caitlin	Um-Duluth	5.04m	NWI
16-06.50			
11 Bachinski, Amy	Uw-Eau Claire	5.03m	NWI
16-06.00			
12 Bak, Kinsey	Simpson	4.95m	NWI
16-03.00			
13 Darrow, Jennie	Simpson	4.67m	NWI
15-04.00			
14 Wilson, Caitlin	Central	4.66m	NWI
15-03.50			
15 Wyatt, Nadia	Northwest Missou	4.63m	NWI
15-02.25			
16 Theisen, Becky	St. Thomas	4.54m	NWI
14-10.75			
17 Benjamin, Liz	Briar Cliff	4.52m	NWI
14-10.00			
18 Kwong, Allegra	Grinnell	4.44m	NWI
14-07.00			
19 Sperl, Brittany	Cornell	4.43m	NWI
14-06.50			
20 Kowitz, Mary Beth	St. Catherine	4.33m	NWI
14-02.50			

21 Von Busch, Ashley	Graceland	4.26m	NWI
13-11.75			
22 Shunk, Felica	Central	4.21m	NWI
13-09.75			
23 Whiting, Ashley	St. Catherine	4.18m	NWI
13-08.75			

Women Triple Jump

=====  
 Meet Rec: \$ 12.05m 4/27/2007 BETH ZIMMERMAN, UW Milwaukee  
                   12.00m AUTO  
                   11.30m PROV

Name	Year School	Finals	Wind
1 Pardner, Cambria	Drake	11.35m PROV	NWI
37-03.00			
2 Luebrecht, Stephanie	Truman State	11.23m	NWI
36-10.25			
3 Laudon, Caitlin	Um-Duluth	10.84m	NWI
35-06.75			
4 Zweifel, Jennifer	Truman State	10.83m	NWI
35-06.50			
5 Schmitz, Laura	Um-Duluth	10.54m	NWI
34-07.00			
6 Morrison, Skye	Wartburg	10.53m	NWI
34-06.75			
7 Sperl, Brittany	Cornell	9.95m	NWI
32-07.75			
8 Morrey, Monica	Truman State	9.94m	NWI
32-07.50			
9 Prosocki, Tricia	Iowa Western	9.83m	NWI
32-03.00			
10 Strains, Jessica	Cornell	9.76m	NWI
32-00.25			
11 Whiting, Ashley	St. Catherine	9.49m	NWI
31-01.75			
12 Wise, Whitney	Uw-Superior	9.37m	NWI
30-09.00			
13 Vertilo, Victoria	Grinnell	8.58m	NWI
28-01.75			
-- Kowitz, Mary Beth	St. Catherine	ND	NWI

Women Shot Put

=====  
 Meet Rec: \$ 14.41m 4/28/2006 MARGARET GORSKI, Northern Illinois  
                   14.20m AUTO  
                   12.90m PROV

Name	Year School	Finals	
1 Muyskens, Kayla	Unattached	13.06m PROV	42-
10.25			
2 Boeke, Rachel	Central	13.01m PROV	42-
08.25			

3 Riley, Jadiah 10.50	Iowa Western	12.76m	41-
4 Letuli, Tessa 07.75	Truman State	12.69m	41-
5 Holeman, Kortney 10.50	Truman State	12.46m	40-
6 Knaack, Kayla 01.25	Simpson	12.22m	40-
7 Kittleson, Megan 01.50	Central	11.62m	38-
8 Maas, Chelsea 00.25	Grand View	11.59m	38-
9 Larson, Sami 10.50	St. Catherine	11.54m	37-
10 Ventura, Celest 01.25	St. Catherine	11.31m	37-
11 Talimatasi, Sei 08.25	Graceland	11.18m	36-
12 Sanford, Amber 06.25	Graceland	11.13m	36-
13 Camp, Lauryn 02.75	Grand View	10.43m	34-
14 Houston, Ashley 02.25	Grand View	10.42m	34-
15 Harper, Kelsey 06.00	Cornell	10.21m	33-
16 Hitt, Kirtley 05.75	Cornell	10.20m	33-
17 Walter, Kate 03.25	Northwest Missou	10.14m	33-
18 Burnett, Katie 11.25	William Penn	9.73m	31-
19 Zenefski, Rebecca 03.50	St. Catherine	9.23m	30-
20 South, Jenny 08.00	Cornell	8.43m	27-

Women Discus Throw

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Meet Rec: \$ 51.43m 4/27/2007 SARA ACKMAN, Unattached  
47.00m AUTO  
42.50m PROV

Name	Year School	Finals
1 Holeman, Kortney 142-04	Truman State	43.38m PROV
2 Pierce-Cramer, Megan 139-06	Drake	42.53m PROV
3 Muyskens, Kayla 139-05	Unattached	42.49m
4 Dirth, Deidra 138-07	Drake	42.25m
5 Boeke, Rachel 130-11	Central	39.91m



6 Nappe, Allison 126-11	Cornell	38.68m
7 Degen, Chelsey 126-03	Simpson	38.48m
8 Hanson, Julia 125-08	Cornell	38.31m
9 Walter, Kate 123-04	Northwest Missou	37.59m
10 Feldman, Ashley M. 120-11	Central	36.87m
11 Ventura, Celest 120-04	St. Catherine	36.68m
12 Cassmeyer, Samantha 119-04	Truman State	36.38m
13 Riley, Jadiah 117-04	Iowa Western	35.76m
14 Moore, Autumn 116-10	Drake	35.62m
15 Maas, Chelsea 112-10	Grand View	34.39m
16 Talimatasi, Sei 107-00	Graceland	32.62m
17 Niedert, Megan 105-01	Coe	32.04m
18 Houston, Ashley 102-11	Grand View	31.37m
19 Camp, Lauryn 102-03	Grand View	31.16m
20 Kall, Kelly 96-10	Cornell	29.52m
21 Sanford, Amber 96-08	Graceland	29.46m
22 Page, Krystal 90-05	Graceland	27.56m
23 Wiedeman, Bethany 89-01	Iowa Western	27.15m

Women Hammer Throw

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Meet Rec: \$ 51.77m 4/28/2006 CAROLINE CAPPER, Simpson  
52.60m AUTO  
46.50m PROV

Name	Year School	Finals
1 Walter, Kate 164-01	Northwest Missou	50.01m PROV
2 Christofferson, Britta 160-07	Iowa State	48.94m PROV
3 Waggoner, Amy 159-06	Iowa State	48.62m PROV
4 Hampton, Laishema 158-04	Iowa State	48.26m PROV
5 Frere, Danielle 158-00	Iowa State	48.17m PROV

6 Bernard, Ashley 154-06	Truman State	47.09m PROV
7 Knaack, Kayla 149-06	Simpson	45.58m
8 Muyskens, Kayla 149-03	Unattached	45.50m
9 Meinke, Lexi 149-02	Truman State	45.47m
10 Schiltz, Laura 148-09	Grand View	45.34m
11 Sawhill, Lillian 146-11	Iowa State	44.78m
12 Ventura, Celest 143-09	St. Catherine	43.82m
13 Niedert, Megan 137-06	Coe	41.90m
14 Rader, Holly 137-00	Coe	41.77m
15 Letuli, Tessa 135-11	Truman State	41.44m
16 Camp, Lauryn 132-09	Grand View	40.47m
17 Sevigny, Erika 129-07	Drake	39.49m
18 Rabus, Andria 128-02	Truman State	39.06m
19 Larson, Sami 127-08	St. Catherine	38.91m
20 Craw, Madison 127-02	Cornell	38.76m
21 Maas, Chelsea 126-04	Grand View	38.51m
22 Moore, Autumn 124-04	Drake	37.90m
23 Houston, Ashley 117-02	Grand View	35.71m
24 Feldman, Ashley M. 114-11	Central	35.03m
25 Talimatasi, Sei 110-02	Graceland	33.57m
26 Kall, Kelly 107-01	Cornell	32.65m
-- Jacobs, Whitney	Iowa State	ND
-- Hanson, Julia	Cornell	ND
-- Boeke, Rachel	Central	ND

Women Javelin Throw

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Meet Rec: \$ 44.31m 4/27/2007 VANESSA WARZECHA, Morningside  
44.20m AUTO  
38.50m PROV

Name	Year	School	Finals
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1 Burnett, Katie 136-06		William Penn	41.62m PROV
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2	Peterson, Kelsey	Central	38.30m
125-08			
3	Walter, Kate	Northwest Missou	36.63m
120-02			
4	Huginin, Amy	Northwest Missou	33.93m
111-04			
5	Henderson, Mallory	Iowa State	33.90m
111-03			
6	Wuertz, Hanne	Wartburg	33.03m
108-04			
7	Larson, Sami	St. Catherine	32.21m
105-08			
8	Hagerty, Ali	Simpson	32.08m
105-03			
9	Boehler, Whitney	Truman State	30.74m
100-10			
10	Cockrum, Tasha	Northwest Missou	28.66m
94-00			
11	Greenup, Jordanne	Uw-Eau Claire	28.46m
93-04			
12	Riley, Jadiah	Iowa Western	28.33m
92-11			
13	Zenefski, Rebecca	St. Catherine	24.50m
80-04			
14	Harper, Kelsey	Cornell	21.19m
69-06			
15	Techlin, Cayla	Cornell	20.80m
68-03			
16	Hitt, Kirtley	Cornell	20.48m
67-02			
17	South, Jenny	Cornell	18.53m
60-09			
--	Iglehart, Holly	Graceland	ND

Men 100 Meter Dash

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Meet Rec: \$ 10.93 4/28/2006 DANNY TUSKEY, Unattached  
10.55 AUTO  
10.78 PROV

H#	Name	Year	School	Finals	Wind
1	Udia, Gabe		St. Cloud St	10.98	-4.3
1	Hancock, Jerrell		Iowa Western	11.01	-4.3
1	Sikorski, David		Uw-Lacrosse	11.09	-4.3
1	Thomas, James		Graceland	11.11	-4.3
1	Digney, Zach		Unattached	11.14	-4.3
1	acheampong, sam		Briar Cliff	11.16	-4.3

7	Brunson, Winnon	Grinnell	11.42	-4.2
3				
8	Murray, Stephen	Iowa Western	11.47	-0.8
6				
9	Beffert, Corey	S. Dakota St	11.49	-4.2
3				
10	Sitte, Jared	Uw-Lacrosse	11.50	-4.2
3				
11	Milton, Cecil	Briar Cliff	11.51	-5.0
4				
12	Terry, Brandon	Dana	11.53	-4.2
3				
13	Watkins, Wardell	Simpson	11.55	-5.0
4				
13	Steinkamp, Jon	D4NC	11.55	-5.0
4				
13	Gibbs, Justin	Graceland	11.55	-4.3
1				
16	Stephens, Marquis	Wartburg	11.61	-2.2
5				
17	Schanaman, Nick	S. Dakota St	11.64	-0.8
6				
18	Williams, Kyle	Northwest Missou	11.65	-2.2
5				
19	Johnson, Darren	D4NC	11.68	-5.0
4				
20	Scovel, Allen	Central	11.69	-5.0
4				
21	Gregory, John	Briar Cliff	11.80	-0.8
6				
22	Murillo, Ian	Truman State	11.84	-0.8
6				
22	Phillips, Scott	Grinnell	11.84	-0.8
6				
22	Jenkins, Fernando	Grinnell	11.84	-5.0
4				
25	Brannaman, Ben	Wartburg	11.87	-2.2
5				
25	Dekan, Joe	Um-Duluth	11.87	-0.8
6				
27	Roden, AJ	Briar Cliff	11.95	-0.8
6				
28	Rost, Heath	Wartburg	12.05	-1.7
7				
28	Hawley, Andrew	Dana	12.05	-5.5
8				
30	Brewbaker, Chad	Unattached	12.08	-4.2
3				
31	Wade, Jenerro	William Penn	12.11	-1.7
7				
32	Bayron, Kingswell	North Iowa Area	12.12	-5.5
8				
33	Clendenen, Andrew	D4NC	12.23	-1.7
7				
34	Strawhacker, Austin	Grand View	12.32	-1.7
7				

35	Walsh, Tom	Northwest Missou	12.47	-5.5
8				
36	Stivenne, Emmanuel	Graceland	12.49	-1.7
7				
37	McBride, Dillion	Grand View	12.54	-1.7
7				
38	Vance, Nick	Central	12.57	-1.7
7				
39	Robertson, Cody	Mount Mercy	12.80	-5.5
8				
40	Pechota, Matt	Mount Mercy	13.09	-5.5
8				

Men 200 Meter Dash

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Meet Rec: \$ 22.02 4/28/2006 ANDRE MORRIS, Unattached  
21.31 AUTO  
21.80 PROV

H#	Name	Year School	Finals	Wind
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1	Hancock, Jerrell	Iowa Western	21.79\$PROV	-5.7
1				
2	Udia, Gabe	St. Cloud St	22.07	-5.7
1				
3	Warren, Tommy	Northwest Missou	22.28	-3.7
9				
4	Digney, Zach	Unattached	22.30	-5.7
1				
5	Starks, Kevin	Iowa Western	22.35	-3.5
3				
6	Smith, Zach	Simpson	22.39	-1.6
2				
7	Miller, Kris	William Penn	22.44	-1.6
2				
8	Stewart, Milton	Harding	22.64	-5.7
1				
9	Griesbach, Jimmy	Northwest Missou	22.72	-3.7
9				
10	Okonta, Kevin	Northwest Missou	22.74	-5.7
1				
10	Lindsay, Erik	Briar Cliff	22.74	-1.6
2				
12	Tucker, Cole	S. Dakota St	22.76	-5.7
1				
13	Sikorski, David	Uw-Lacrosse	22.79	-1.6
2				
14	Thigpen, Terrence	Uw-Lacrosse	22.81	-1.2
4				
15	Thomas, James	Graceland	22.91	-3.5
3				
16	Steinkamp, Jon	D4NC	23.02	-1.6
2				
17	Bunkers, Evan	S. Dakota St	23.11	-1.6
2				

18	McSkimming, Brandon	Unattached	23.18	-1.6
2				
19	Johnson, Darren	D4NC	23.21	-3.5
3				
20	Brockmeyer, Kyle	Coe	23.29	-1.2
4				
21	Gibbs, Justin	Graceland	23.36	-1.6
2				
22	Bien-aime, Legrand	Simpson	23.37	-3.5
3				
23	Stenzel, Jordan	Uw-Lacrosse	23.40	-3.5
3				
24	Terry, Brandon	Dana	23.41	-1.2
4				
25	Milton, Cecil	Briar Cliff	23.50	-1.2
4				
26	Coy, Ben	Simpson	23.52	-1.2
4				
27	Willert, Josh	North Iowa Area	23.54	-2.1
5				
28	Murray, Stephen	Iowa Western	23.59	-3.7
9				
29	Bolin, Cole	Truman State	23.64	-2.1
5				
30	Brunson, Winnon	Grinnell	23.72	-3.5
3				
31	Green, Khaliph	Cornell	23.81	-3.4
7				
32	Christensen, Brandon	Simpson	23.97	-2.1
5				
33	Bean, Seth	Faith Baptist	24.01	-2.1
5				
34	Mengenhausen, Jared	Dakota State U	24.07	-1.2
4				
35	Phillips, Scott	Grinnell	24.10	-2.1
5				
36	Stephens, Marquis	Wartburg	24.20	-2.6
6				
37	Strehlow, Travis	Simpson	24.22	-2.1
5				
38	Stamper, Shawn	Northwest Missou	24.28	-3.7
9				
39	Murillo, Ian	Truman State	24.35	-2.6
6				
40	Faust, Clint	Central	24.37	-4.2
8				
41	Strawhacker, Austin	Grand View	24.41	-3.4
7				
42	Clendenen, Andrew	D4NC	24.55	-2.6
6				
42	Hendrix, Grayson	Um-Duluth	24.55	-2.6
6				
44	Cunningham, Cory	Faith Baptist	24.58	-1.2
4				
45	Henderson, Dustin	Mount Mercy	24.59	-3.4
7				

46	Hubbard, Luke	Unattached	24.62	-2.1
5				
47	Hawley, Andrew	Dana	24.65	-4.2
8				
48	Wade, Jenerro	William Penn	24.85	-2.6
6				
49	Waring, Justin	Mount Mercy	24.97	-2.6
6				
50	Dick, Nathan	North Iowa Area	25.08	-4.2
8				
51	Dekan, Joe	Um-Duluth	25.14	-2.6
6				
52	Christoffel, Derek	Briar Cliff	25.52	-2.6
6				
53	Clarke, Matt	Mount Mercy	25.84	-3.4
7				
54	Hessie, Dustyn	Unattached	26.15	-4.2
8				
55	Weidemeier, Nick	Faith Baptist	26.20	-3.4
7				
56	Sames, Luke	St. Thomas	26.55	-4.2
8				
57	Jimenez, Denis	Cornell	26.69	-3.4
7				

Men 400 Meter Dash

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Meet Rec: \$ 48.23 4/25/2008 DAN JOHNSON, Montana State  
47.40 AUTO  
48.50 PROV

H#	Name	Year School	Finals
1	Groce, James	Unattached	47.25\$AUTO
1	Ott, Brian	Um-Duluth	48.15\$PROV
1	Arnold, Blake	Harding	48.56
1	Starks, Kevin	Iowa Western	49.25
2	Bakhit, Mandela	Iowa Western	49.57
2	Prince, Josh	Uw-Eau Claire	49.82
2	Bunkers, Evan	S. Dakota St	49.97
2	Sames, Luke	St. Thomas	50.15
1	McSkimming, Brandon	Unattached	50.28
1	Queck, David	St. Cloud St	50.76
1	Digney, Zach	Unattached	50.93
1			

12	Gibbs, Justin	Graceland	51.04
3			
13	Skoog, Reed	Cornell	51.14
2			
14	Willert, Josh	North Iowa Area	51.37
4			
15	Anderson, Alex	D4NC	51.44
4			
16	Dahl, Josh	Um-Duluth	51.48
3			
17	Wiley, Nate	Wartburg	51.74
5			
18	Irving, Tyler	Grand View	51.77
5			
19	Herrman, Davis	Grinnell	51.85
3			
19	Stenzel, Jordan	Uw-Lacrosse	51.85
4			
21	Brauer, Mikey	Briar Cliff	51.90
4			
22	Bean, Seth	Faith Baptist	52.03
2			
23	Thomas, Darryl	Iowa Western	52.05
5			
24	Sachau, Luke	Briar Cliff	52.12
4			
25	Sunday, Palngji	Wartburg	52.14
3			
26	Cosentino, Tony	Briar Cliff	52.30
5			
27	Koenig, Tyler	D4NC	52.48
4			
28	Hendrix, Grayson	Um-Duluth	52.76
3			
29	Keninger, Chris	Wartburg	53.12
3			
30	Minneweather, Steven	Wartburg	53.15
6			
31	Cisneros, Joe	Briar Cliff	53.35
5			
32	Kanwisher, Levi	Iowa State	53.59
4			
33	Stamper, Shawn	Northwest Missou	53.69
5			
34	Montgomery, Kiel	Dana	53.96
6			
35	Brehm, John	D4NC	53.98
7			
36	Freeman, Isaac	Northwest Missou	54.04
4			
37	Green, Khaliph	Cornell	54.30
7			
38	Gutknecht, Justin	Grand View	54.70
7			
39	Davis, Adam	Central	54.80
6			



40	Riedel, Scott	Central	55.91
6			
41	Frisch, David	D4NC	56.21
7			
42	Hessie, Dustyn	Unattached	56.54
7			
43	Pearson, Antowyn	Iowa Western	56.84
6			
44	Walsh, Tom	Northwest Missou	58.32
8			
45	Reinhart, Aaron	Mount Mercy	58.96
8			
46	Jimenez, Denis	Cornell	61.42
8			

Men 800 Meter Run

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Meet Rec: \$ 1:51.08 4/27/2007 ERIC ISLEY, Northwest Missouri  
1:51.10 AUTO  
1:53.00 PROV

Name	Year	School	Finals
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1	Craddick, Mike	Northern Iowa	1:52.74	PROV
2	Dolan, Cannon	Unattached	1:53.79	
3	Townsend, Derek	Central	1:54.02	
4	Nordstrom, Chris	Morningside	1:54.55	
5	Eads, David	Dana	1:54.99	
6	Schrum, Jacob	Truman State	1:55.02	
7	Thielen, Dom	S. Dakota St	1:55.03	
8	Lewis, Brandon	Drake	1:55.81	
9	Jurysta, Matt	Drake	1:56.13	
10	Bader, Josh	D4NC	1:57.15	
11	Mattison, Lars	S. Dakota St	1:57.30	
12	Bartels, Justin	Northern Iowa	1:57.57	
13	Waring, Justin	Mount Mercy	1:57.72	
14	Parham, Austin	Iowa State	1:58.16	
15	Morad, Jason	Unattached	1:58.29	
16	Staehlin, Dan	Dana	1:59.29	
17	Appelton, Luke	Wartburg	1:59.32	
18	Johnston, Dillon	Um-Duluth	1:59.49	
19	Henderson, Dustin	Mount Mercy	1:59.57	
20	Elbert, Louis	Simpson	1:59.67	
21	Sanders, Andrew	Iowa Western	2:00.01	
22	Schulz, John	Wartburg	2:00.14	
23	Graf, Edwin	Morningside	2:00.20	
24	Mullock, Alex	Northwest Missou	2:00.40	
25	Kemp, Kenny	Central	2:00.48	
26	Murat, Steve	Um-Duluth	2:01.29	
27	Jarvis, Erik	Grinnell	2:01.32	
28	Garstka, Marc	Drake	2:01.58	
29	Donavin, Kirkwood	Cornell	2:01.78	
30	Wallace, Blake	William Penn	2:01.82	
31	Darling, Ryan	Northwest Missou	2:02.04	
32	Beatie, Michael	Unattached	2:02.15	
33	Dilocker, Matt	Dana	2:02.29	

34	Hall, Kelly	S. Dakota St	2:02.45
35	Clarke, Matt	Mount Mercy	2:02.51
36	Evans, Matt	Cornell	2:02.53
37	White, Garret	Harding	2:02.90
38	McDill, Zach	North Iowa Area	2:03.20
39	Barnes, Ethan	D4NC	2:03.84
40	Shuster, William	Uw-Lacrosse	2:03.92
41	Romig, Taylor	Graceland	2:04.39
42	Aldrich, Jon	Grand View	2:04.78
43	King, Chris	Northwest Missou	2:04.89
44	Gutteridge, Brandon	Truman State	2:05.07
45	Hunt, Thomas	Briar Cliff	2:05.31
46	Oestreich, Adam	Drake	2:06.18
47	Lawton, Jayson	Mount Mercy	2:06.67
48	Edwards, Jordan	Graceland	2:06.92
49	Polacek, Kelly	Briar Cliff	2:07.39
50	Rowley, Brandon	Dana	2:07.61
51	Townsel, David	Iowa Western	2:07.79
52	Lucar, Diego	Iowa Western	2:08.17
53	Kinard, Bryce	Briar Cliff	2:09.26
54	Benson, Josheb	Briar Cliff	2:09.61
55	Frees, Drew	Wartburg	2:10.69
56	Shonat, Brian	Uw-Lacrosse	2:11.32
57	Newcomb, Nicholas	Grand View	2:11.58
58	Spencer, Brandon	Grand View	2:11.80
59	Riedel, Scott	Central	2:15.98
60	Happle, Dan	Unattached	2:16.56
61	Sherwood, Josh	North Iowa Area	2:16.76
62	Ciccolini, Martin	Graceland	2:17.04
63	Jacobsmeyer, Andrew	Cornell	2:18.65
64	Burck, Spencer	William Penn	2:26.76

Men 1500 Meter Run

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Meet Rec: \$ 3:55.27 4/25/2008 BRANDON ROONEY, Unattached  
3:50.60 AUTO  
3:55.00 PROV

Name	Year	School	Finals
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1	Mebrahtu, Yonas	Iowa State	4:00.43
2	Loy, Rico	Unattached	4:02.63
3	Allen, Dan	St. Cloud St	4:03.85
4	Guant, Nathan	Dana	4:04.13
5	Carr, Nathan	Iowa Western	4:05.44
6	Bjorhus, Jordan	Um-Duluth	4:05.55
7	Carper, Clayton	Iowa State	4:05.94
8	McFall, Zach	Iowa State	4:06.75
9	Murphy-Baum, Ben	Iowa State	4:07.14
10	Jacobson, Marty	Unattached	4:07.28
11	Gesink, Brian	Morningside	4:07.35
12	Lynch-Klarup, Kyle	Grinnell	4:07.78
13	Walls, Joey	Truman State	4:07.87
14	Murray, Daniel	Iowa State	4:08.28
15	Vosberg, Aaron	Northern Iowa	4:08.30
16	Bareth, Marc	Northern Iowa	4:09.02

17	DeLong, Noah	Grinnell	4:09.12
18	Whitesell, Alex	Iowa State	4:09.42
19	Johnson, Ryan	Harding	4:09.45
20	Nowak, Chase	Cornell	4:09.67
21	Szakacsi, Ken	Truman State	4:09.86
22	Atkinson, Eric	Um-Duluth	4:09.88
23	Oestreich, Adam	Drake	4:11.90
24	Jackson, Reese	Harding	4:12.52
25	George, Nick	St. Thomas	4:13.16
26	Wolf, Todd	Morningside	4:13.61
27	Rooyakkers, Adam	Cornell	4:14.19
28	Bane, Kevin	Dana	4:14.76
29	Shonat, Brian	Uw-Lacrosse	4:15.03
30	Rotich, Peter	Southwestern	4:16.00
31	Lee, Nick	Wartburg	4:16.46
32	Reader, Thomas	Uw-Lacrosse	4:16.77
33	Lawton, Jayson	Mount Mercy	4:17.70
34	Townsel, David	Iowa Western	4:18.06
35	Leibold, Brandon	North Iowa Area	4:18.26
36	Wilson, Mitch	Uw-Lacrosse	4:18.55
37	Moore, Matt	Wartburg	4:19.13
38	Stadler, Chris	Cornell	4:19.21
39	Aldrich, Jon	Grand View	4:20.71
40	Stone, Matt	Simpson	4:21.38
41	Lucar, Diego	Iowa Western	4:21.77
42	Jaskowiak, Ben	Drake	4:22.02
43	Fitzsimmons, Cory	Central	4:22.76
44	Coulter, Spencer	Central	4:23.43
45	Hubbell, Crawford	St. Thomas	4:24.10
46	Paul, Charlie	Unattached	4:26.54
47	Waddingham, Jake	Southwestern	4:28.25
48	Messerschmidt, Drew	Grand View	4:28.28
49	Benson, Josheb	Briar Cliff	4:29.74
50	McDowell, Elliot	Central	4:30.94
51	DeVore, Donovan	William Penn	4:33.03
52	Paton, Alan	Grand View	4:33.70
53	Bayless, David	Truman State	4:34.73
54	Monroe, Aaron	Wartburg	4:36.46
55	Sherwood, Josh	North Iowa Area	4:36.81
56	Letzring, Jordan	William Penn	4:37.48
57	Farrington, Wes	Simpson	4:37.57
58	VeVerka, Elliot	Southwestern	4:44.68
59	Williams, Spencer	Grand View	4:54.81
60	Keoppe, Nick	Southwestern	4:59.73
61	Teut, Logan	Briar Cliff	5:12.45

Men 5000 Meter Run

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Meet Rec: \$ 14:42.53 4/28/2006 REED FISHER, Harding  
14:28.00 AUTO  
14:45.00 PROV

Name	Year	School	Finals
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1	Chenoweth, Brian	Wartburg	14:50.42
2	Cheriyot, James	Harding	15:14.40

3	Marshall, Kambestad	S. Dakota St	15:32.16
4	Deshpande, Shyam	Grinnell	15:39.77
5	Bongard, Anthony	S. Dakota St	15:41.54
6	Anderson, Brad	S. Dakota St	15:42.81
7	Mitchell, Jason	Northern Iowa	15:44.19
8	Kell, Adam	Truman State	15:47.59
9	Stover, Jon	Wartburg	15:49.57
10	Logsdon, Cory	Dana	15:52.55
11	Tobben, Andrew	Cornell	15:54.78
12	Guant, Nathan	Dana	16:00.98
13	Walker, Jared	Northwest Missou	16:02.85
14	Jackson, Reese	Harding	16:04.81
15	Byrum, Jaron	Central	16:05.55
16	Berkness, Devon	Dakota State U	16:06.60
17	Vonnahme, James	Dana	16:08.52
18	Schafer, Luke	Drake	16:09.81
19	Palmblade, Andrew	Dana	16:12.07
20	Franzen, John	Unattached	16:13.33
21	Mantooth, Josh	Truman State	16:14.51
22	Kaemmer, Jacob	Unattached	16:14.59
23	Horrell, Mike	Grinnell	16:19.79
24	Jacobs, Ben	Cornell	16:20.29
25	Vondracek, Austin	Central	16:22.96
26	Wilson, Chris	Grinnell	16:25.07
27	Sturtz, Sam	Wartburg	16:28.15
28	Snell, Ryan	Unattached	16:28.40
29	Franz, David	Northwest Missou	16:32.32
30	Davidson, Anthony	Northwest Missou	16:33.26
31	Phillips, Alex	Truman State	16:37.40
32	LeForce, Tommy	Cornell	16:38.35
33	Reynolds, Nicholas	Iowa Western	16:39.19
34	Pursell, Terol	Unattached	16:42.61
35	Fahey, Matt	Harding	16:54.79
36	Wallace, Blake	William Penn	16:59.94
37	Husak, Tyler	Central	17:01.58
38	Miroux, Mike	Mount Mercy	17:12.39
39	Terry, Keith	Mount Mercy	17:12.72
40	Robinson, Nick	Truman State	17:13.06
41	Strowder, Devan	North Iowa Area	17:13.77
42	Stallsmith, Torey	North Iowa Area	17:28.46
43	Olieney, Jekow	Mount Mercy	17:30.94
44	Minear, Andrew	Unattached	17:31.32
45	Snell, Jared	Unattached	17:43.86
46	Lindquist, Connor	Briar Cliff	18:01.95
47	Skopec, Aaron	Simpson	18:15.91
48	Gilarski, Mark	Cornell	18:56.04
--	Krauss, Dan	Grinnell	DNF

Men 10000 Meter Run

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Meet Rec: \$ 33:58.62 4/28/2006 MARK SANDERS, UW Eau Claire  
 30:20.00 AUTO  
 31:10.00 PROV

Name Year School Finals

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1	Edwardson, Ryan	Simpson	35:43.61
2	Feine, Jeremiah	Dana	39:01.77
3	Randolph, Colin	Iowa Western	39:44.98
4	Lantz, Mason	Dana	41:47.59
--	Dallas, Tad	Truman State	DNF
--	Hoebelheinrich, Dan	Iowa Western	DNF
--	Beckman, Joel	Dana	DNF
--	Dunning, Casey	Simpson	DNF

Men 110 Meter Hurdles

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 Meet Rec: \$ 14.60 4/25/2008 MIKE GODBOUT, Unattached  
 14.42 AUTO  
 14.90 PROV

H#	Name	Year School	Finals	Wind
1	godbout, mike	Unattached	14.73 PROV	-3.6
1	2 Hexum, Adam	Wisconsin	14.82 PROV	-3.6
1	3 Schanaman, Nick	S. Dakota St	14.90 PROV	-3.6
1	4 Harris, Russell	Wartburg	14.91	-3.6
1	5 Brockmeyer, Kyle	Coe	15.48	-3.6
1	6 Lindsay, Erik	Briar Cliff	15.53	-3.6
1	7 Hahn, Dustin	Harding	15.59	-3.6
1	8 Steinbach, Derek	Wisconsin	15.60	-4.4
6	9 Henely, Chris	Central	15.66	-3.9
2	10 Ogunbodede, Temi	Wisconsin	15.77	-3.9
2	11 Jenkins, Marcus	St. Cloud St	15.78	-3.9
2	12 Gross, Adam	Wisconsin	15.81	-3.9
2	13 Urtel, Seth	Um-Duluth	16.20	-3.9
2	14 Wheeler, Logan	Harding	16.24	-4.5
3	15 Spexarth, Scott	Uw-Lacrosse	16.46	-3.9
2	16 Terry, Makcus	Iowa Western	16.49	-4.5
4	17 Warmuth, Jimmy	Um-Duluth	16.59	-4.5
3	18 Shradel, Drew	Wartburg	16.73	-3.9
2	19 Wohrley, James	Cornell	16.89	-4.5
4				

20	Bryan, Pat	Uw-Lacrosse	17.14	-4.5
3				
21	Dick, Nathan	North Iowa Area	17.16	-4.4
5				
22	Landers, Karch	Wartburg	17.17	-4.5
4				
23	Wilson, Nick	Simpson	17.29	-4.5
3				
24	McDonald, Tim	Grinnell	17.30	-4.4
5				
25	Hopper, Andrew	Central	17.43	-4.4
5				
26	Phillips, Matt	Harding	17.44	-4.5
4				
27	Ackerson, Luke	Uw-Lacrosse	17.55	-4.5
3				
28	Jansen, Ian	Wisconsin	17.75	-4.5
4				
29	Voss, Tanner	William Penn	17.85	-4.4
6				
30	Ramaeker, Michael	Wartburg	17.94	-4.5
4				
31	Robertson, Cody	Mount Mercy	18.36	-3.9
2				
32	Ciccolini, Martin	Graceland	19.55	-4.4
5				
33	Pearson, Antowyn	Iowa Western	20.24	-4.4
5				

Men 400 Meter Hurdles

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Meet Rec: \$ 53.06 4/27/2007 KYLE KEELER, Colorado State  
52.65 AUTO  
54.30 PROV

H#	Name	Year	School	Finals
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1	Bughman, Grant		Wisconsin	54.05 PROV
1				
2	Elmitt, Connor		Unattached	54.23 PROV
1				
3	Olson, Matt		Truman State	54.93
2				
4	Lease, Billy		Wisconsin	55.06
1				
5	Howard, Bart		Iowa State	55.40
2				
6	Splan, Zach		Unattached	55.62
1				
7	Sauser, Jordan		Unattached	56.21
2				
8	Wheeler, Logan		Harding	56.65
3				
9	Caves, Brock		Central	56.67
3				

10	Voss, Matt	Harding	56.79
4			
11	Karosich, Kenneth	Iowa Western	56.85
3			
12	Randall, Forrest	Um-Duluth	56.86
1			
13	Shradel, Drew	Wartburg	56.90
4			
14	Urtel, Seth	Um-Duluth	57.08
2			
15	Gegner, Jordan	Central	57.54
2			
16	Furlong, Bradley	Harding	57.83
4			
17	Gibbs, Justin	Graceland	58.00
2			
18	Koehler, Michael	Wartburg	58.03
1			
19	Sauser, Ryan	Faith Baptist	58.10
3			
20	Patterson, Darian	Wartburg	58.20
3			
21	Ganoe, Morgan	Central	58.39
4			
22	Wilson, Nick	Simpson	58.50
4			
23	Jokumsen, TC	North Iowa Area	58.67
4			
24	Guenther, Paul	North Iowa Area	58.78
5			
25	Irving, Tyler	Grand View	59.50
6			
26	Bryan, Pat	Uw-Lacrosse	59.51
6			
27	Ramaeker, Michael	Wartburg	59.94
5			
28	Gutknecht, Justin	Grand View	60.25
6			
29	Collingsworth, James	Faith Baptist	60.61
3			
30	Hopper, Andrew	Central	60.81
5			
31	Samuelson, Gabe	North Iowa Area	61.79
7			
32	Reinhart, Aaron	Mount Mercy	62.43
6			
33	Knotek, Anthony	Iowa Western	62.52
6			
34	McBride, Dillion	Grand View	63.07
7			
35	Netwal, Dan	Cornell	63.69
5			
36	Mich, Matt	William Penn	63.75
7			

Men 3000 Meter Steeplechase

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Meet Rec: \$ 9:15.93 4/27/2007 ADAM AKERS, Central Missouri  
9:08.00 AUTO  
9:23.00 PROV

Name Year School Finals  
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1	Kramer, Mike	Um-Duluth	9:33.65
2	Pohren, Matt	Unattached	9:36.29
3	Logsdon, Cory	Dana	9:43.88
4	Clark, Teddy	Central	9:56.59
5	Rasmussen, Joel	Wartburg	9:59.74
6	Vike, Broc	Uw-Lacrosse	10:05.29
7	Bales-Henry, Zach	Drake	10:06.85
8	Kyllo, Ronnie	S. Dakota St	10:07.08
9	Coomer, Colin	Drake	10:13.40
10	Plankis, Ben	Uw-Lacrosse	10:16.69
11	Dial, Mike	Truman State	10:20.42
12	Venner, John	Truman State	10:23.19
13	Buschling, Josh	Drake	10:33.32
14	Larson, Kyle	Um-Duluth	10:34.07
15	Morgan, Ethan	Simpson	10:38.80
16	Sturm, Jonathan	Wartburg	10:39.90
17	Hamer, Andrew	Central	10:41.05
18	McKinley, Ben	Iowa Western	10:46.55
19	Linden, Tanner	Wartburg	10:47.57
20	Cooper, Mike	Northern Iowa	10:51.63
21	Ohrt, Nicholas	Wartburg	11:04.19
22	Gerold, James	Dana	11:10.81
23	Zbikowski, John	Um-Duluth	11:15.18
24	Kinard, Bryce	Briar Cliff	11:16.59
25	Nielsen, David	Unattached	11:42.39
26	DePasquale, Sebastian	Grinnell	12:53.01
27	Casanova, Oscar	Iowa Western	13:19.09

Men 4x100 Meter Relay

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Meet Rec: \$ 42.69 4/25/2008 IOWA CENTRAL C.C., Iowa Central  
41.00 AUTO  
41.90 PROV

School Finals  
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1	Briar Cliff Univ 'A'	43.03
2	Iowa Western 'A'	43.34
3	Grinnell College 'A'	43.79
4	Truman State 'A'	43.80
5	Uw-Lacrosse 'A'	44.00
6	Simpson College 'A'	44.74
7	Faith Baptist 'A'	45.59
8	William Penn Univ 'A'	46.06

Men 4x400 Meter Relay

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Meet Rec: \$ 3:17.75 4/27/2007 NORTHWEST MISSOURI STATE, Northwest  
Missou

3:13.00 AUTO  
3:16.80 PROV

H#	School	Finals
1	Northwest Missouri 'A'	3:18.58
1	2 Iowa Western 'A'	3:18.68
1	3 D4nc 'A'	3:23.46
1	4 Briar Cliff Univ 'A'	3:23.70
1	5 Truman State 'A'	3:24.16
2	6 Dana College 'A'	3:28.19
2	7 William Penn Univ 'A'	3:29.07
2	8 Cornell College 'A'	3:29.08
2	9 Grinnell College 'A'	3:29.51
1	10 Simpson College 'A'	3:30.01
2	11 Panther Track Club 'A'	3:32.26
2	12 Mount Mercy College 'A'	3:37.96
2	13 Unattached 'A'	3:41.95

Men High Jump

Meet Rec: \$ 2.00m 4/27/2007 DAN ROLLING, Iowa  
2.11m AUTO  
2.02m PROV

Name	Year School	Finals
1 Stauder, Dave 07.50	Uw-Lacrosse	2.02m\$PROV 6-
2 Bauder, Eric 05.50	Dakota State U	1.97m 6-
2 Alderks, Derek 05.50	Iowa State	1.97m 6-
4 Callier, Logan 03.50	Harding	1.92m 6-
4 Chery, Al 03.50	Uw-Lacrosse	1.92m 6-
4 Lundquist, Clark 03.50	Uw-Lacrosse	1.92m 6-

4 Momberg, Landon	Iowa State	1.92m	6-
03.50			
8 Brummit, Ben	Graceland	1.87m	6-
01.50			
8 Sathoff, Jordan	Wartburg	1.87m	6-
01.50			
10 Netwal, Dan	Cornell	1.82m	5-
11.50			
10 Pelock, Seth	Wisconsin	1.82m	5-
11.50			
12 Harris, Russell	Wartburg	1.77m	5-
09.75			
12 Jansen, Ian	Wisconsin	1.77m	5-
09.75			
12 Vance, Nick	Central	1.77m	5-
09.75			
12 Steinbach, Derek	Wisconsin	1.77m	5-
09.75			
16 Teko-Folly, Roli	Cornell	1.72m	5-
07.75			
16 Landers, Karch	Wartburg	1.72m	5-
07.75			
-- Stone, Nick	Uw-Lacrosse	NH	
-- Ciccolini, Martin	Graceland	NH	

#### Men Pole Vault

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Meet Rec: \$ 4.90m 4/28/2006 SHAWN FRENCIS, North Dakota State  
 5.04m AUTO  
 4.70m PROV

Name	Year School	Finals	
1 Burish, Jeremiah	Uw-Lacrosse	4.55m	14-
11.00			
1 Jones, Brian	Harding	4.55m	14-
11.00			
1 Pergande, David	Unattached	4.55m	14-
11.00			
1 Jansen, Ian	Wisconsin	4.55m	14-
11.00			
5 Prochnow, Jason	Uw-Lacrosse	4.40m	14-
05.25			
5 Forbes, Eric	Iowa State	4.40m	14-
05.25			
5 Kavelaris, Wes	Wisconsin	4.40m	14-
05.25			
5 Moser, Erik	Uw-Lacrosse	4.40m	14-
05.25			
9 Steinbach, Derek	Wisconsin	4.10m	13-
05.25			
9 Mortell, Noah	Central	4.10m	13-
05.25			
11 Wohrley, James	Cornell	3.95m	12-
11.50			

12 Pruitt, Chris	Harding	3.80m	12-
05.50			
13 Marks, Zach	Central	3.05m	10-
00.00			
13 Foote, Greg	Central	3.05m	10-
00.00			
-- Elkin, Ethan	Simpson	NH	
-- Faust, Clint	Central	NH	
-- Beekman, Troy	S. Dakota St	NH	
-- Hargadine, Mike	Grinnell	NH	
-- Samaniuk, Joe	Unattached	NH	

Men Long Jump

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Meet Rec: $ 7.41m 4/27/2007 JOE CONWAY, Wisconsin
          7.30m AUTO
          7.00m PROV
Name              Year School              Finals              Wind
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=====
1 Pearson, Nick   Iowa State              7.13m PROV        NWI
23-04.75
2 Dupuy, Victor   Wisconsin              7.05m PROV        NWI
23-01.75
3 Little, Zack    Iowa State              7.04m PROV        NWI
23-01.25
4 Curley, Martin  Northwest Missou       6.92m              NWI
22-08.50
5 Brondyke, Kurtis Central                6.75m              NWI
22-01.75
5 Walker, Coedy   Truman State           6.75m              NWI
22-01.75
7 Watkins, Wardell Simpson                6.70m              NWI
21-11.75
8 Schott, Jarrod  Simpson                6.65m              NWI
21-10.00
9 Miller, Ethan   Central                6.56m              NWI
21-06.25
10 Pelock, Seth   Wisconsin              6.44m              NWI
21-01.50
11 Jansen, Ian    Wisconsin              6.34m              NWI
20-09.75
12 Elliot, Darrel North Iowa Area        6.32m              NWI
20-09.00
13 Williams, Kyle Northwest Missou       6.24m              NWI
20-05.75
14 Terry, Brandon Dana                   6.21m              NWI
20-04.50
15 Stone, Nick    Uw-Lacrosse           6.12m              NWI
20-01.00
16 Thomas, Dave   Briar Cliff           6.10m              NWI
20-00.25
17 Lott, Damoan   Wartburg              6.09m              NWI
19-11.75
18 Warmuth, Jimmy Um-Duluth              6.06m              NWI
19-10.75

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18 Steinbach, Derek	Wisconsin	6.06m	NWI
19-10.75			
20 Keninger, Chris	Wartburg	6.03m	NWI
19-09.50			
21 Terry, Makcus	Iowa Western	5.99m	NWI
19-08.00			
22 Tharp, Jordan	Northwest Missou	5.95m	NWI
19-06.25			
23 Hallengren, Shane	Central	5.93m	NWI
19-05.50			
24 Mich, Matt	William Penn	5.92m	NWI
19-05.25			
25 Jokumsen, TC	North Iowa Area	5.89m	NWI
19-04.00			
26 Stivenne, Emmanuel	Graceland	5.71m	NWI
18-09.00			
27 Young, Caleb	Briar Cliff	5.70m	NWI
18-08.50			
28 Reed, Kenneth	William Penn	5.59m	NWI
18-04.25			
29 Mullins, Zack	Briar Cliff	5.57m	NWI
18-03.25			
30 Jimenez, Denis	Cornell	5.08m	NWI
16-08.00			
31 Brost, Daryl	Grinnell	4.98m	NWI
16-04.25			
32 Beluchukwu, Benedict	Cornell	4.69m	NWI
15-04.75			
-- Hussey, Wray	Graceland	ND	NWI

Men Triple Jump

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Meet Rec: \$ 14.60m 4/27/2007 BAYO ADIO, Northwest Missouri  
14.80m AUTO  
14.20m PROV

Name	Year School	Finals	Wind
1 Tyson, Shemon	Iowa Western	14.76m\$PROV	NWI
48-05.25			
2 Parnell, Mauro	Iowa Western	14.54m PROV	NWI
47-08.50			
3 Clay, Royce	William Penn	14.45m PROV	NWI
47-05.00			
4 Lott, Damoan	Wartburg	13.46m	NWI
44-02.00			
5 Elliot, Darrel	North Iowa Area	13.29m	NWI
43-07.25			
6 Young, Caleb	Briar Cliff	13.25m	NWI
43-05.75			
7 Schott, Jarrod	Simpson	12.47m	NWI
40-11.00			
8 Mich, Matt	William Penn	11.96m	NWI
39-03.00			
9 Keninger, Chris	Wartburg	11.92m	NWI
39-01.25			

10 Teko-Folly, Roli	Cornell	11.64m	NWI
38-02.25			
11 Yin, Rob	Grinnell	11.55m	NWI
37-10.75			
12 Brost, Daryl	Grinnell	11.30m	NWI
37-01.00			
13 Beluchukwu, Benedict	Cornell	10.19m	NWI
33-05.25			
-- Thomas, Dave	Briar Cliff	ND	NWI
-- Curley, Martin	Northwest Missou	ND	NWI

Men Shot Put

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Meet Rec: \$ 16.24m 4/28/2006 MARK SCHAAPVELD, Iowa  
 17.00m AUTO  
 15.45m PROV

Name	Year School	Finals	
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1 Van Delft, Alex	Truman State	16.04m PROV	52-
07.50			
2 Atwood, Derek	Truman State	15.69m PROV	51-
05.75			
3 Novak, Andy	Uw-Lacrosse	15.58m PROV	51-
01.50			
4 Graber, Matt	Central	15.36m	50-
04.75			
5 Johnson, Sam	Uw-Eau Claire	14.79m	48-
06.25			
6 Garrison, Josh	Central	14.65m	48-
00.75			
7 Crowley, Luke	Uw-Lacrosse	14.49m	47-
06.50			
8 Wells, Tyler	Grand View	14.42m	47-
03.75			
9 Massop, Bob	Truman State	14.35m	47-
01.00			
9 Dooley, Wes	Dana	14.35m	47-
01.00			
11 Miller, Phillip	Central	14.22m	46-
08.00			
12 Danielson, Scott	Simpson	14.11m	46-
03.50			
13 Thompson, Kurt	Wisconsin	14.08m	46-
02.50			
14 Dirth, Devin	St. Thomas	14.06m	46-
01.50			
15 Wardenburg, John	Simpson	13.68m	44-
10.75			
16 Hennessy, Rory	Simpson	13.30m	43-
07.75			
17 Lenton, Cory	Dana	13.07m	42-
10.75			
18 Lewon, Adam	Dana	12.97m	42-
06.75			

19 Gurius, Mike	Wartburg	12.92m	42-
04.75			
20 Martin, Rahim	Graceland	12.55m	41-
02.25			
21 Crouse, Tyler	Central	12.51m	41-
00.50			
22 Hines, Colten	Grand View	12.25m	40-
02.25			
23 Marche, Cecil	North Iowa Area	12.20m	40-
00.50			
24 Wisniewski, Matt	Truman State	12.11m	39-
08.75			
25 Novy, Ken	Mount Mercy	12.10m	39-
08.50			
26 Kraker, Marshall	Cornell	12.02m	39-
05.25			
27 Lame, Cody	Graceland	11.01m	36-
01.50			
28 Weidemeier, Carl	Faith Baptist	10.73m	35-
02.50			
29 Jones, Travis	North Iowa Area	9.81m	32-
02.25			
30 Fagan, Alan	Northwest Missou	9.40m	30-
10.25			
31 McCarthy, Keith	Simpson	9.30m	30-
06.25			
-- Weber, Mitch	Iowa State	ND	

Men Discus Throw

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Meet Rec: \$ 50.45m 4/27/2007 ROBBY BEYER, Unattached  
51.50m AUTO  
47.00m PROV

Name	Year	School	Finals
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1 Riley, Bobby		Uw-Lacrosse	50.46m\$PROV
165-07			
2 Utterback, Robbie		Iowa State	48.91m PROV
160-05			
3 Zika, Mike		Unattached	48.37m PROV
158-08			
4 Pinkelman, Luke		Iowa State	48.08m PROV
157-09			
5 Crowley, Luke		Uw-Lacrosse	45.63m
149-08			
6 Warren, Bill		Uw-Lacrosse	44.85m
147-02			
7 Moore, Jaban		Central Missouri	43.66m
143-03			
8 Martin, Rahim		Graceland	43.29m
142-00			
9 Atwood, Derek		Truman State	42.21m
138-06			
10 Gurius, Mike		Wartburg	42.00m
137-09			

11 Crouse, Tyler	Central	41.66m
136-08		
12 Ster, Josh	Unattached	41.47m
136-01		
13 Drinnin, George	Dana	41.19m
135-02		
14 Graber, Matt	Central	41.18m
135-01		
15 Van Delft, Alex	Truman State	41.10m
134-10		
16 Kiblinger, Matt	Truman State	40.53m
133-00		
17 Garrison, Josh	Central	40.52m
132-11		
18 Lewon, Adam	Dana	40.38m
132-06		
19 Von Glahn, Ross	Uw-Lacrosse	40.25m
132-01		
20 Kraker, Marshall	Cornell	40.10m
131-07		
21 Belt, Jason	Iowa Western	40.06m
131-05		
22 Massop, Bob	Truman State	40.04m
131-04		
23 Adams, Jordan	Grand View	39.82m
130-08		
24 Hennessy, Rory	Simpson	38.88m
127-07		
25 Wells, Tyler	Grand View	38.57m
126-06		
26 Starner, Morgan	Iowa Western	37.34m
122-06		
27 Bazyn, Tyler	Simpson	36.62m
120-02		
28 Fagan, Alan	Northwest Missou	35.89m
117-09		
29 Johnson, Chase	Cornell	35.80m
117-05		
30 Hines, Colten	Grand View	35.69m
117-01		
31 Lame, Cody	Graceland	35.20m
115-06		
32 Joyce, Jesse	Central	34.24m
112-04		
33 Meyer, Andrew	Coe	33.11m
108-07		
34 Grey, Austin	Northwest Missou	32.15m
105-06		
-- McKim, Ben	Northwest Missou	ND

Men Hammer Throw

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Meet Rec: \$ 58.42m 4/27/2007 NICK WICHERT, UW Milwaukee  
 57.00m AUTO  
 52.00m PROV

Name Year School Finals

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1 Zika, Mike 203-09	Unattached	62.10m\$AUTO
2 Tolcser, Bryan 202-10	Unattached	61.82m\$AUTO
3 Richards, Zack 179-09	Iowa State	54.78m PROV
4 Ster, Josh 174-05	Unattached	53.17m PROV
5 McKim, Ben 173-01	Northwest Missou	52.77m PROV
6 Utterback, Robbie 168-01	Iowa State	51.23m
7 Grey, Austin 161-04	Northwest Missou	49.17m
8 Dooley, Wes 150-02	Dana	45.78m
9 Adams, Jordan 150-02	Grand View	45.77m
10 Warren, Bill 145-11	Uw-Lacrosse	44.48m
11 Meyer, Andrew 144-07	Coe	44.07m
12 Fagan, Alan 138-11	Northwest Missou	42.35m
13 Gurius, Mike 138-09	Wartburg	42.30m
14 Crouse, Tyler 138-05	Central	42.18m
15 Graber, Matt 137-09	Central	42.00m
16 Drinnin, George 136-08	Dana	41.67m
17 Lewon, Adam 133-03	Dana	40.62m
18 Hennessy, Rory 131-09	Simpson	40.16m
19 Wells, Tyler 128-11	Grand View	39.30m
20 Haberman, Owen 128-02	Central	39.07m
21 Wisniewski, Matt 127-04	Truman State	38.82m
22 Hixon, Trevor 124-03	Central	37.88m
23 Wardenburg, John 123-10	Simpson	37.74m
24 Danielson, Scott 119-06	Simpson	36.42m
25 Johnson, Chase 119-02	Cornell	36.33m
26 Neal, Drew 117-09	Grand View	35.90m
27 Baughman, Philip 115-06	Truman State	35.21m



28 Hines, Colten	Grand View	34.34m
112-08		
29 Kraker, Marshall	Cornell	31.44m
103-02		
30 Bazyn, Tyler	Simpson	28.86m
94-08		
-- Murray, Nick	Uw-Lacrosse	ND
-- Ruzicka, Eric	Truman State	ND
-- Jones, Dan	Truman State	ND

Men Javelin Throw

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Meet Rec: \$ 55.18m 4/27/2007 BRAD SOUTH, Morningside  
 62.50m AUTO  
 57.50m PROV

Name	Year School	Finals
1 Goff, Roger	Dana	58.23m\$PROV
191-00		
2 Darrington, Jake	Simpson	53.27m
174-09		
3 Stewert, Alex	Graceland	51.32m
168-04		
4 Cohen, Josh	William Penn	50.08m
164-04		
5 Brummit, Ben	Graceland	49.36m
161-11		
6 Sauser, Ryan	Faith Baptist	46.10m
151-03		
7 Golden, Matt	Central	45.71m
150-00		
8 Weidemeier, Nick	Faith Baptist	45.03m
147-09		
9 Kraker, Marshall	Cornell	44.76m
146-10		
10 Warner, Robert	Wartburg	44.62m
146-05		
11 Bean, Seth	Faith Baptist	44.01m
144-05 4401		
12 Netwal, Dan	Cornell	43.78m
143-08		
13 Nichols, Heath	William Penn	43.72m
143-05		
14 Hargadine, Mike	Grinnell	43.66m
143-03		
15 Ciccolini, Martin	Graceland	43.36m
142-03		
16 Dumasani, Djibril	Iowa Western	42.65m
139-11		
17 Murray, Nick	Uw-Lacrosse	42.47m
139-04		
18 Wohrley, James	Cornell	42.46m
139-04		
19 Schmailzl, Matt	Central	41.78m
137-01		

20 Crowley, Luke 136-08	Uw-Lacrosse	41.66m
21 Weidemeier, Carl 136-04	Faith Baptist	41.56m
22 Von Glahn, Ross 134-01	Uw-Lacrosse	40.87m
23 Bazyn, Tyler 133-06	Simpson	40.69m
24 Mostek, Matt 129-05	Wartburg	39.45m
25 Elkin, Ethan 123-11	Simpson	37.77m
26 Holst, Kale 122-07	Wartburg	37.37m
27 Brockmann, Kale 121-05	Iowa State	37.01m
28 Miller, Shadow 111-01	Northwest Missou	33.86m
29 Rayburn, Tony 110-02	William Penn	33.59m
30 Jones, Travis 95-10	North Iowa Area	29.21m
31 Wright, Aaron 82-10	Unattached	25.24m