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## IOWA CONFERENCE CROSS COUNTRY CHAMPIONSHIP PREVIEW

**CEDAR RAPIDS, IOWA . . .** The 2007 Iowa Intercollegiate Athletic Conference (IIAC) cross country Championship is Saturday, October 27, at the Dubuque Soccer Complex in Dubuque. Loras College is the host of this year's event. The women's 6,000-meter race begins at 11:00 a.m. and is followed by the men's 8,000-meter race at noon.

The Dubuque Soccer Complex is located off John F. Kennedy Road north of its intersection with the Northwest Arterial. More details about the course can be found on the Dubuque Soccer Club Web site at <http://www.dubuquesoccer.org/>.

**Women's Race:** Thirteen former All-Conference runners to their team's Championship line-up including nine from last year. Luther's **Janet Dobyns** became the seventh different Norse runner to capture an IIAC title and is one of five top-10 finishers back from 2006. Luther's **Elise Bennett** and **Devin Parker** finished third and fifth, respectively, Loras' **Erica Stevens** placed sixth and Simpson's **Jessica Christensen** was seventh.

Loras' **Mary Bridget Corken** (11th), Coe's **Denise Eslinger** (13th), and Cornell's **Rachelle Hawkins** (14th) and **Patricia Gonzalves** (15th) return after finishing in the top-15 last year. Wartburg's **Nicole Calabrese** (3rd in 2005) and **Emily VanOosbree** (9th in 2005), Loras' **Emily Wilder** (12th in 2005), and Dubuque's **Caroline Zelent** (14th in 2005) are other runners in the field who have earned All-Conference honors.

Dobyns and Eslinger are each two-time All-Conference selections. In addition to her title last year, Dobyns also earned All-Conference honors in 2005 with a fourth-place finish. Eslinger placed eighth in 2005 to go with her 13th-place finish last year.

This year's Championship line-ups feature eight former All-Central Region runners. Dobyns earned regional honors in 2005 and 2006. Stevens, Bennett, Parker, Christensen and Central's **Angie Berry** earned all-Region honors last year. Calabrese and VanOosbree were All-Central Region runners in 2005.

Luther won its IIAC-best tenth women's cross country championship with 22 points after placing all seven runners with in the top 12. Wartburg was a distant second with 68 points, while Loras took third with 95 points. Cornell placed fourth with 110 points, edging fifth-place Simpson by a point.

**Men's Race:** Eight former All-Conference (top-15 finishes) return to their teams' Championship line-up including five top-10 finishers from 2006. Loras' **Ben Grant** – last year's individual champion – returns, as does runner-up **Brian Chenoweth** of Wartburg. Luther's **David McKay** (5th) and **Matt Busche** (6th) and Wartburg's **Andy Hodge** (7th) round out the top-10 returnees. Wartburg's **Brian Mullenbach** (11th), Luther's **Carson Bruns** (12th), and Wartburg's **Lucas Tjosvold** (14th) are other All-Conference runners from 2006.

Grant has the opportunity to become the 17th Iowa Conference runner to finish in the top-10 of the Championship meet four times. In addition to his title last year, Grant placed third in 2005 and fourth in 2004. Busche and Hodge enter this year's Championship with two previous top-10 finishes. In addition to last year's top-10 finish, Busche finished sixth in 2005 while Hodge placed 10th. Bruns also finished 10th in 2004.

Six runners in this year's Championship line-ups have previously earned All-Region honors with a top-35 finish at the Regional Meet. Grant earned All-Region honors in 2004, 2005, and 2006. Hodge was an All-Region runner in 2005 and 2006. Busche, McKay, Chenoweth, and Mullenbach were All-Region runners in 2006.

Luther College won its IAC-best 28th men's cross country title last year, ending Wartburg College's string of eight consecutive championships. The Norse placed five runners in the top-10 to edge the Knights 34-36. Central finished third with 97 points narrowly edging Loras and individual champion Grant with 101 points. The Duhawks' finish tied the lowest team finish by an individual champion's team.

Previous IAC cross country Championship results can be found at:

Men – [http://www.iowaconference.com/men/cross\\_country/tournaments.htm](http://www.iowaconference.com/men/cross_country/tournaments.htm)

Women – [http://www.iowaconference.com/women/cross\\_country/tournaments.htm](http://www.iowaconference.com/women/cross_country/tournaments.htm)

Following are the 2007 meet-by-meet results for each school along with their probable line-up for the Championship including each runners' top time and top place finish of the season.

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**Buena Vista University Beavers**  
**2006 Men's Finish – 5th (162)**  
**2006 Women's Finish – 8th (262)**

**MEN**  
**Top Returning Finisher from 2006 Championship – Travis DeRidder, 23rd (26:23)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                     | <b>Top Place Finish (8K race unless noted)</b> |
|------------------------|--|--|
| Kyle Baker             | 29:34.27 at Briar Cliff Open           | 11th at Crown College Invitational             |
| Travis DeRidder        | 28:40.2 at Crown College Invitational  | 5th at Crown College Invitational              |
| Jacob Flaws            | 29:37 at Brissman-Lundeen Invitational | 9th at Crown College Invitational              |
| Jordan Flaws           | 29:44.7 at Crown College Invitational  | 8th at Crown College Invitational              |
| Zach Newberg           | 29:15.2 at Crown College Invitational  | 6th at Crown College Invitational              |
| Andrew Humphrey        | 39:35.5 at Crown College Invitational  | 46th at Crown College Invitational             |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|--|
| 8/31               | Dordt Invitational (4.0 miles)     | 5th of 6 (129)                    | Travis DeRidder, 13th (23:03)              |
| 9/8                | Les Duke Invitational (8K)         | 10th of 14 (288)                  | Travis DeRidder, 34th (28:56)              |
| 9/21               | Brissman-Lundeen Invitational (8K) | 26th of 32 (748)                  | Travis DeRidder, 116th (28:46)             |
| 10/6               | Briar Cliff Open (8K)              | 8th of 11 (218)                   | Travis DeRidder, 33rd (29:20.46)           |
| 10/13              | Crown College Invitational (8K)    | 1st of 7 (39)                     | Travis DeRidder, 5th (28:40.2)             |
| 10/27              | Iowa Conference Championship       |                                   |  |

**WOMEN**  
**Top Returning Finisher from 2006 Championship – Courtney Jones, 46th (26:28)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                     | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|--|--|
| Andrea Ahrendsen       | 27:05 at Brissman-Lundeen Invitational | 31st at Crown College Invitational (5K)        |
| Ali Bunde              | 27:48 at Brissman-Lundeen Invitational | 40th at Crown College Invitational (5K)        |
| Courtney Jones         | 26:28 at Brissman-Lundeen Invitational | 17th at Crown College Invitational (5K)        |
| Breanna Platt          | 30:55 at Brissman-Lundeen Invitational | 62nd at Crown College Invitational (5K)        |
| Missy Reinhart         | 26:11 at Brissman-Lundeen Invitational | 39th at Crown College Invitational (5K)        |
| Jenni Schomers         | 28:00 at Brissman-Lundeen Invitational | 44th at Crown College Invitational (5K)        |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|--|
| 8/31               | Dordt Invitational (2.5 miles)     | 5th of 7 (162)                    | Courtney Jones, 33rd (18:02)               |
| 9/8                | Les Duke Invitational (6K)         | 9th of 12 (264)                   | Courtney Jones, 47th (27:40)               |
| 9/21               | Brissman-Lundeen Invitational (6K) | 21st of 26 (660)                  | Missy Reinhart, 153rd (26:11)              |
| 10/6               | Briar Cliff Open (5K)              | 10th of 10 (248)                  | Missy Reinhart, 49th (21:47.04)            |
| 10/13              | Crown College Invitational (5K)    | 3rd of 6 (106)                    | Courtney Jones, 17th (21:21.2)             |
| 10/27              | Iowa Conference Championship       |                                   |  |

**Central College Dutch**  
**2006 Men's Finish – 3rd (97)**  
**2006 Women's Finish – 6th (154)**

**MEN**

**Top Returning Finisher from 2006 Championship – Jaron Byrum, 28th (26:48)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>               | <b>Top Place Finish (8K race unless noted)</b> |
|------------------------|----------------------------------|--|
| Teddy Clark            | 27:46 at Jim Drews Invite        | 11th at Central Dutch Invitational (6K)        |
| Chase Ungs             | 27:20 at Brissman-Lundeen Invite | 5th at Central Dutch Invitational (6K)         |
| Austin Vondracek       | 28:38 at Jim Drews Invite        | 24th at Central Dutch Invitational (6K)        |
| Derek Townsend         | 29:42 at Jim Drews Invite        | 47th at Central Dutch Invitational (6K)        |
| Pierre Taylor          | 27:48 at Jim Drews Invite        | 12th at Central Dutch Invitational (6K)        |
| Tyler Husak            | 29:00 at Brissman-Lundeen Invite | 26th at Central Dutch Invitational (6K)        |
| Cory Fitzsimmons       | 28:41 at Jim Drews Invite        | 32nd at Central Dutch Invitational (6K)        |
| Jaron Bynum            | 28:34 at Jim Drews Invite        | 10th at Central Dutch Invitational (6K)        |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|--|
| 9/1                | Dutch Invitational (6K)            | 2nd of 7 (61)                     | Chase Ungs, 5th (20:02)                    |
| 9/8                | Les Duke Invitational (8K)         | 7th of 14 (178)                   | Teddy Clark, 33rd (28:54)                  |
| 9/21               | Brissman-Lundeen Invitational (6K) | 19th of 32 (522)                  | Chase Ungs, 42nd (27:20)                   |
| 10/6               | Dan Huston Invitational (8K)       | 6th of 8 (184)                    | Chase Ungs, 42nd (30:26)                   |
| 10/13              | Jim Drews Invitational (8K)        | 20th of 25 (601)                  | Teddy Clark, 124th (27:25.82)              |
| 10/27              | Iowa Conference Championship       |                                   |  |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Jess Clark, 17th (24:14)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>               | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|----------------------------------|--|
| Hannah Anderson        | 23:38 at Tori Neubauer Invite    | 9th at Dan Huston Invitational                 |
| Angie Berry            | 22:33 at Tori Neubauer Invite    | 3rd at Central Dutch Invitational (5K)         |
| Jess Clark             | 23:49 at Tori Neubauer Invite    | 7th at Central Dutch Invitational (5K)         |
| Connie Eshelman        | 24:30 at Tori Neubauer Invite    | 20th at Central Dutch Invitational (5K)        |
| Jenni Hufford          | 24:04 at Tori Neubauer Invite    | 16th at Central Dutch Invitational (5K)        |
| Amy Ledvina            | 24:07 at Tori Neubauer Invite    | 6th at Central Dutch Invitational (5K)         |
| Amber Mayer            | 24:10 at Brissman-Lundeen Invite | 8th at Central Dutch Invitational (5K)         |
| Molly Von Holten       | 25:01 at Brissman-Lundeen Invite | 15th at Central Dutch Invitational (5K)        |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|--|
| 9/1                | Dutch Invitational (5K)            | 2nd of 7 (35)                     | Angie Berry, 3rd (19:37)                   |
| 9/8                | Les Duke Invitational (6K)         | 5th of 12 (91)                    | Jess Clark, 14th (24:47)                   |
| 9/21               | Brissman-Lundeen Invitational (6K) | 9th of 26 (231)                   | Hannah Anderson, 41st (24:05)              |
| 10/6               | Dan Huston Invitational (6K)       | 2nd of 5 (65)                     | Hannah Anderson, 9th (25:00)               |
| 10/13              | Tori Neubauer Invitational (6K)    | 13th of 27 (310)                  | Angie Berry, 9th (22:32.38)                |
| 10/27              | Iowa Conference Championship       |                                   |  |

**Coe College Kohawks**  
**2006 Men's Finish – 8th (232)**  
**2006 Women's Finish – 7th (189)**

**MEN**

**Top Returning Finisher from 2006 Championship – Lane Moser, 32nd (26:59)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                | <b>Top Place Finish (8K race unless noted)</b> |
|------------------------|-----------------------------------|--|
| Ethan Conner           | 28:40 at Jim Drews Invitational   | 13th at Lamb-Kohawk Invitational               |
| DC Cusanelli           | 27:54 at Jim Drews Invitational   | 5th at Lamb-Kohawk Invitational                |
| Ben Kaplan             | 28:10 at Jim Drews Invitational   | 15th at Mount Mercy Mustang Gallop (5K)        |
| MJ Moore               | 30:02 at Lamb-Kohawk Invitational | 6th at Mount Mercy Mustang Gallop (5K)         |
| Lane Moser             | 26:45 at Jim Drews Invitational   | 4th at Mount Mercy Mustang Gallop (5K)         |
| Brad O'Neil            | 26:50 at Jim Drews Invitational   | 7th at Mount Mercy Mustang Gallop (5K)         |
| Ben Potts              | 28:30 at Jim Drews Invitational   | 16th at Mount Mercy Mustang Gallop (5K)        |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|---|
| 9/1                | Mount Mercy Mustang Gallop (5K)    | 1st of 6 (35)                     | Lane Moser, 4th (17:31)                     |
| 9/8                | Les Duke Invitational (8K)         | 5th of 14 (163)                   | Brad O'Neil, 28th (28:45)                   |
| 9/15               | St. Olaf Invitational (8K)         | 19th of 27 (572)                  | Lane Moser, 83rd (27:24)                    |
| 9/21               | Brissman-Lundeen Invitational (8K) | 8th of 32 (319)                   | Lane Moser, 21st (26:35)                    |
| 10/6               | Lamb-Kohawk Invitational (8K)      | 1st of 3 (39)                     | DC Cusanelli, 5th (28:58.01)                |
| 10/13              | Jim Drews Invitational (8K)        | 15th of 25 (440)                  | Lane Moser, 59th (26:44.97)                 |
| 10/27              | Iowa Conference Championship       |                                   |   |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Denise Eslinger, 13th (23:56)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                  | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|-------------------------------------|--|
| Denise Eslinger        | 24:30 at Tori Neubauer Invitational | 2nd at Lamb-Kohawk Invitational                |
| Maranda Franke         | 26:01 at Tori Neubauer Invitational | 13th at Mount Mercy Mustang Gallop (4K)        |
| Linda Freiha           | 25:31 at Tori Neubauer Invitational | 12th at Lamb-Kohawk Invitational               |
| Naomi Hillsman         | 25:48 at Tori Neubauer Invitational | 20th at Lamb-Kohawk Invitational               |
| Jessie Robison         | 26:41 at Tori Neubauer Invitational | 22nd at Lamb-Kohawk Invitational               |
| Kiley Schaumleffel     | 26:16 at St. Olaf Invitational      | 13th at Lamb-Kohawk Invitational               |
| Ashley Schnell         | 23:03 at Les Duke Invitational      | 1st at Mount Mercy Mustang Gallop (4K)         |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>      | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|------------------------------------|-----------------------------------|---|
| 9/1                | Mount Mercy Mustang Gallop (4K)    | 3rd of 6 (81)                     | Ashley Schnell, 1st (14:51)                 |
| 9/8                | Les Duke Invitational (6K)         | 6th of 12 (170)                   | Ashley Schnell, 3rd (23:03)                 |
| 9/15               | St. Olaf Invitational (6K)         | 21st of 25 (607)                  | Denise Eslinger, 97th (24:56)               |
| 9/21               | Brissman-Lundeen Invitational (6K) | 15th of 26 (380)                  | Ashley Schnell, 9th (22:32)                 |
| 10/6               | Lamb-Kohawk Invitational (6K)      | 3rd of 3 (57)                     | Denise Eslinger, 2nd (25:18.29)             |
| 10/13              | Tori Neubauer Invitational (6K)    | 25th of 27 (768)                  | Denise Eslinger, 130th (24:29.51)           |
| 10/27              | Iowa Conference Championship       |                                   |   |

**Cornell College Rams**  
**2006 Men's Finish – 7th (214)**  
**2006 Women's Finish – 4th (110)**

**MEN**

**Top Returning Finisher from 2006 Championship – Quin Purkey, 45th (28:39)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                     | <b>Top Place Finish (8K race unless noted)</b>  |
|------------------------|--|---|
| Andrew Tobben          | 26:34 at Brissman-Lundeen Invitational | 1st at Mustang Gallop (5K) & Lamb-Kohawk Invite |
| Joe Tisinger           | 29:04 at Dr. Tucker Invitational       | 12th at Mustang Gallop (5K)                     |
| Quin Purkey            | 29:24 at Dr. Tucker Invitational       | 20th at Mustang Gallop (5K)                     |
| Jordan Stacey          | 30:13 at Dr. Tucker Invitational       | 22nd at Mustang Gallop (5K)                     |
| Paul Donavin           | 29:24 at Brissman-Lundeen Invitational | 23rd at Mustang Gallop (5K)                     |
| Andrew Jacobsmeyer     | 30:38 at Dr. Tucker Invitational       | 33rd at Mustang Gallop (5K)                     |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>       | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|-------------------------------------|-----------------------------------|--|
| 9/1                | Mount Mercy Mustang Gallop (5K)     | 3rd of 6 (78)                     | Andrew Tobben, 1st (16:16)                 |
| 9/8                | Les Duke Invitational (8K)          | 9th of 14 (244)                   | Andrew Tobben, 10th (27:13)                |
| 9/21               | Brissman-Lundeen Invitational (8K)  | 20th of 32 (583)                  | Andrew Tobben, 20th (26:34)                |
| 10/6               | Lamb-Kohawk Invitational (8K)       | Incomplete Team (NTS)             | Andrew Tobben, 1st (27:48.93)              |
| 10/12              | Dr. Robert Tucker Invitational (8K) | 5th of 6 (128)                    | Andrew Tobben, 5th (27:03)                 |
| 10/27              | Iowa Conference Championship        |                                   |  |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Rachelle Hawkins, 14th (24:04)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                     | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|--|--|
| Rachelle Hawkins       | 23:02 at Brissman-Lundeen Invitational | 1st at Lamb-Kohawk Invite & Dr. Tucker Invite  |
| Patricia Gonzalves     | 23:12 at Brissman-Lundeen Invitational | 3rd at Mustang Gallop (4K)                     |
| Allie Jagielo          | 24:16 at Brissman-Lundeen Invitational | 3rd at Lamb-Kohawk Invite                      |
| Andrea Aerts           | 24:37 at Brissman-Lundeen Invitational | 9th at Lamb-Kohawk Invite                      |
| Lindsey Kuhlman        | 24:17 at Brissman-Lundeen Invitational | 7th at Lamb-Kohawk Invite                      |
| Amanda Jepson          | 25:04 at Brissman-Lundeen Invitational | 10th at Lamb-Kohawk Invite                     |
| Kelly Kennedy          | 26:55 at Brissman-Lundeen Invitational | 24th at Lamb-Kohawk Invite                     |
| Ellie Hutchison        | 26:55 at Brissman-Lundeen Invitational | 25th at Lamb-Kohawk Invite                     |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>       | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual Finish (Time)</u></b> |
|--------------------|-------------------------------------|-----------------------------------|--|
| 9/1                | Mount Mercy Mustang Gallop (4K)     | 1st of 6 (32)                     | Rachelle Hawkins, 2nd (15:59)              |
| 9/8                | Les Duke Invitational (6K)          | 4th of 12 (79)                    | Rachelle Hawkins, 4th (23:59)              |
| 9/21               | Brissman-Lundeen Invitational (6K)  | 6th of 26 (172)                   | Rachelle Hawkins, 15th (23:02)             |
| 10/6               | Lamb-Kohawk Invitational (6K)       | 1st of 3 (24)                     | Rachelle Hawkins, 1st (24:38.50)           |
| 10/12              | Dr. Robert Tucker Invitational (6K) | 3rd of 5 (75)                     | Rachelle Hawkins, 1st (23:47)              |
| 10/27              | Iowa Conference Championship        |                                   |  |

**University of Dubuque Spartans**  
**2006 Men's Finish – 9th (235)**  
**2006 Women's Finish – 9th (263)**

**MEN**

**Top Returning Finisher from 2006 Championship – Andres Verduzco, 51st (29:25)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                      | <b>Top Place Finish (8K race unless noted)</b> |
|------------------------|---|--|
| Aaron Ewinger          | 29:07 at Dr. Robert Tucker Invitational | 36th at Dr. Robert Tucker Invitational         |
| Andres Verduzco        | 30:05 at Dr. Robert Tucker Invitational | 52nd at Dr. Robert Tucker Invitational         |
| Thomas Goad            | 30:25 at Dr. Robert Tucker Invitational | 58th at Dr. Robert Tucker Invitational         |
| Jon Erickson           | 30:57 at Dr. Robert Tucker Invitational | 61st at Dr. Robert Tucker Invitational         |
| Freddy Frick           | 31:59 at Les Duke Invitational          | 75th at Dr. Robert Tucker Invitational         |
| Dave McAlexander       | 32:20 at Dr. Robert Tucker Invitational | 70th at Dr. Robert Tucker Invitational         |
| Josh Feehan            | 32:25 at Dr. Robert Tucker Invitational | 72nd at Dr. Robert Tucker Invitational         |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>         | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|---------------------------------------|-----------------------------------|---|
| 8/31               | Elmhurst Early Bird Invitational (6K) | 12th of 16 (337)                  | Aaron Ewinger, 79th (20:22.22)              |
| 9/8                | Les Duke Invitational (8K)            | 13th of 14 (369)                  | Thomas Goad, 63rd (30:54)                   |
| 9/21               | Brissman-Lundeen Invitational (8K)    | 30th of 32 (850)                  | Aaron Ewinger, 165th (29:18)                |
| 10/6               | Dan Huston Invitational (8K)          | 8th of 8 (242)                    | Aaron Ewinger, 69th (31:46)                 |
| 10/12              | Dr. Robert Tucker Invitational (8K)   | 6th of 6 (167)                    | Aaron Ewinger, 36th (29:07)                 |
| 10/27              | Iowa Conference Championship          |                                   |   |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Caroline Zelent, 33rd (25:02)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                      | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|---|--|
| Caroline Zelent        | 24:05 at Brissman-Lundeen Invitational  | 4th at Elmhurst Early Bird Invitational (4K)   |
| Megan Michaelis        | 26:38 at Brissman-Lundeen Invitational  | 42nd at Elmhurst Early Bird Invitational (4K)  |
| Kate Swift             | 36:49 at Brissman-Lundeen Invitational  | 348th at Brissman-Lundeen Invitational         |
| Krystle Lorenz         | 32:57 at Brissman-Lundeen Invitational  | 68th at Dan Huston Invitational                |
| Tenisha Reeder         | 37:33 at Dr. Robert Tucker Invitational | 54th at Dr. Robert Tucker Invitational         |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>         | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|---------------------------------------|-----------------------------------|---|
| 8/31               | Elmhurst Early Bird Invitational (4K) | 11th of 13 (289)                  | Caroline Zelent, 4th (15:22.06)             |
| 9/21               | Brissman-Lundeen Invitational (6K)    | 23rd of 26 (686)                  | Caroline Zelent, 40th (24:05)               |
| 10/6               | Dan Huston Invitational (6K)          | 5th of 5 (135)                    | Caroline Zelent, 11th (25:18)               |
| 10/12              | Dr. Robert Tucker Invitational (6K)   | 5th of 5 (140)                    | Caroline Zelent, 20th (25:22)               |
| 10/27              | Iowa Conference Championship          |                                   |   |

**Loras College Duhawks**  
**2006 Men's Finish – 4th (101)**  
**2006 Women's Finish – 3rd (95)**

**MEN**

**Top Returning Finisher from 2006 Championship – Ben Grant, 1st (24:18)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                      | <b>Top Place Finish (8K race unless noted)</b>                          |
|------------------------|---|---|
| Ben Grant              | 26:07 at Dr. Robert Tucker Invitational | 1st at Elmhurst Early Bird Invitational (6K)                            |
| Mark Sulkin            | 27:21 at Brissman-Lundeen Invitational  | 7th at Elmhurst Early Bird Invite (6K) & Dr. Robert Tucker Invitational |
| Andy Sabin             | 27:20 at Brissman-Lundeen Invitational  | 16th at Elmhurst Early Bird Invitational (6K)                           |
| Tyler Meyer            | 27:31 at Dr. Robert Tucker Invitational | 11th at Dr. Robert Tucker Invitational                                  |
| Kevin Oberfoell        | 27:46 at Brissman-Lundeen Invitational  | 19th at Dr. Robert Tucker Invitational                                  |
| Alan Jackson           | 27:47 at Dr. Robert Tucker Invitational | 16th at Dr. Robert Tucker Invitational                                  |
| Ryan Schaefer          | 27:30 at Dr. Robert Tucker Invitational | 9th at Dr. Robert Tucker Invitational                                   |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>            | <b><u>Team Finish (score)</u></b>                 | <b><u>Top Individual, Finish (Time)</u></b>        |
|--------------------|--|---|--|
| 8/31               | Elmhurst Early Bird Invitational (6K)    | 2nd of 16 (65)                                    | Ben Grant, 1st (17:55.15)                          |
| 9/14               | National Catholic Invitational (5 miles) | 10th of 35 overall (298)<br>2nd of 24 non-DI (94) | Ben Grant, 8th (25:27)<br>1st among non-DI runners |
| 9/21               | Brissman-Lundeen Invitational (8K)       | 5th of 32 (195)                                   | Ben Grant, 22nd (26:41)                            |
| 10/6               | St. Olaf Pre-National Invitational (8K)  | 6th of 15 (76)                                    | Ben Grant, 5th (27:17.7)                           |
| 10/12              | Dr. Robert Tucker Invitational (8K)      | 1st of 6 (39)                                     | Ben Grant, 2nd (26:07)                             |
| 10/27              | Iowa Conference Championship             |   |  |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Erica Stevens, 6th (23:41)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                      | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|---|--|
| Mary Bridget Corken    | 22:54 at Brissman-Lundeen Invitational  | 2nd at Elmhurst Early Bird Invitational (4K)   |
| Hannah Weiss           | 24:27 at Dr. Robert Tucker Invitational | 3rd at Elmhurst Early Bird Invitational (4K)   |
| Tara Kilburg           | 23:58 at Brissman-Lundeen Invitational  | 11th at Elmhurst Early Bird Invitational (4K)  |
| Meghan Wolett          | 24:41 at Brissman-Lundeen Invitational  | 17th at St. Olaf Pre-National Meet             |
| Erica Stevens          | 23:49 at Brissman-Lundeen Invitational  | 10th at St. Olaf Pre-National Meet             |
| Emily Wilder           | 24:34 at Brissman-Lundeen Invitational  | 15th at Elmhurst Early Bird Invitational (4K)  |
| Erinn Sanstead         | 25:14 at Brissman-Lundeen Invitational  | 28th at Elmhurst Early Bird Invitational (4K)  |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>           | <b><u>Team Finish (score)</u></b>                  | <b><u>Top Individual, Finish (Time)</u></b>                    |
|--------------------|---|--|--|
| 8/31               | Elmhurst Early Bird Invitational (4K)   | 1st of 13 (42)                                     | Mary Bridget Corken, 2nd (15:00.63)                            |
| 9/14               | National Catholic Invitational (5K)     | 10th of 37 overall (342)<br>3rd of 26 non-DI (132) | Mary Bridget Corken, 49th (19:24)<br>13th among non-DI runners |
| 9/21               | Brissman-Lundeen Invitational (6K)      | 7th of 26 (181)                                    | Mary Bridget Corken, 14th (22:54)                              |
| 10/6               | St. Olaf Pre-National Invitational (6K) | 2nd of 14 (77)                                     | Mary Bridget Corken, 4th (23:43.5)                             |
| 10/12              | Dr. Robert Tucker Invitational (6K)     | 1st of 5 (27)                                      | Mary Bridget Corken, 4th (24:11)                               |
| 10/27              | Iowa Conference Championship            |  |  |



**Luther College Norse**  
**2006 Men's Finish – 1st (34)**  
**2006 Women's Finish – 1st (22)**

**MEN**

**Top Returning Finisher from 2006 Championship – David McKay, 5th (24:39)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>              | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|---------------------------------|--|
| Carson Bruns           | 25:56 at Jim Drews Invitational | 14th at Luther College All-American (4 miles)  |
| Matthew Busche         | 25:54 at Jim Drews Invitational | 3rd at Luther College All-American (4 miles)   |
| John Franzen           | 27:15 at Jim Drews Invitational | 6th at Luther College All-American (4 miles)   |
| David McKay            | 26:02 at Jim Drews Invitational | 2nd at Luther College All-American (4 miles)   |
| Mike Switzer           | 27:05 at Jim Drews Invitational | 5th at Luther College All-American (4 miles)   |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>              | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|--|-----------------------------------|---|
| 9/1                | Saint Mary's (Minn.) Invitational          | 3rd of 7 (66)                     | David McKay, 6th (23:00.5)                  |
| 9/15               | Luther All-American Invitational (4 miles) | 1st of 5 (23)                     | David McKay, 2nd (21:18)                    |
| 9/22               | UW-Eau Claire Blugold Open (8K)            | 13th of 20 (361)                  | Erik Johnson, 59th (27:46.4)                |
| 9/29               | Roy Griak Invitational (8K)                | 8th of 34 (265)                   | David McKay, 31st (26:54)                   |
| 10/13              | Jim Drews Invitational (8K)                | 9th of 25 (237)                   | Matthew Busche, 16th (25:54.34)             |
| 10/27              | Iowa Conference Championship               |                                   |   |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Janet Dobyns, 1st (23:05)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                  | <b>Top Place Finish (6K race unless noted)</b> |
|------------------------|-------------------------------------|--|
| Janet Dobyns           | 21:49 at Tori Neubauer Invitational | 1st at Luther All-American (5K)                |
| Flannery Cerbin        | 23:29 at Tori Neubauer Invitational | 7th at Luther All-American (5K)                |
| Elise Bennett          | 23:45 at Tori Neubauer Invitational | 16th at UW-Eau Claire Blugold Open             |
| Devin Parker           | 24:14 at Tori Neubauer Invitational | 22nd at Luther All-American (5K)               |
| Katie Dolan            | 24:06 at Tori Neubauer Invitational | 11th at Luther All-American (5K)               |
| Ericka Sell            | 23:30 at Tori Neubauer Invitational | 8th at Luther All-American (5K)                |
| Heidi Skildum          | 23:45 at Tori Neubauer Invitational | 19th at Luther All-American (5K)               |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>          | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|--|-----------------------------------|---|
| 9/1                | Saint Mary's (Minn.) Invitational (5K) | 3rd of 7 (77)                     | Rachel Wobeter, 12th (21:07.1)              |
| 9/15               | Luther All-American Invitational (5K)  | 2nd of 4 (33)                     | Janet Dobyns, 1st (18:38)                   |
| 9/22               | UW-Eau Claire Blugold Open (6K)        | 4th of 17 (93)                    | Ericka Sell, 12th (24:15.98)                |
| 9/29               | Roy Griak Invitational (6K)            | 9th of 42 (330)                   | Janet Dobyns, 3rd (22:33.9)                 |
| 10/13              | Tori Neubauer Invitational (6K)        | 7th of 27 (195)                   | Janet Dobyns, 2nd (21:48.69)                |
| 10/27              | Iowa Conference Championship           |                                   |   |

**Simpson College Storm**  
**2006 Men's Finish – 6th (167)**  
**2006 Women's Finish – 5th (111)**

**MEN**  
**Top Returning Finisher from 2006 Championship – Eric Osterhaus, 16th (25:38)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                      | <b>Top Place Finish (8K race unless noted)</b>                  |
|------------------------|---|---|
| Eric Osterhaus         | 25:51 at Brissman-Lundeen Invitational  | 1st at Les Duke Invitational & Dr. Robert Tucker Invitational   |
| Tyler Jordinson        | 27:15 at Brissman-Lundeen Invitational  | 8th at Dutch Invitational (6K) & Dr. Robert Tucker Invitational |
| Thomas Hlad            | 27:39 at Brissman-Lundeen Invitational  | 13th at Dr. Robert Tucker Invitational                          |
| Eric Patten            | 27:53 at Brissman-Lundeen Invitational  | 18th at Dr. Robert Tucker Invitational                          |
| Casey Dunning          | 28:52 at Brissman-Lundeen Invitational  | 37th at Dr. Robert Tucker Invitational                          |
| Luke Weber             | 29:14 at Dr. Robert Tucker Invitational | 34th at Dutch Invitational (6K)                                 |
| Matt Wood              | 29:46 at Les Duke Invitational          | 35th at Dutch Invitational (6K)                                 |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>       | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|-------------------------------------|-----------------------------------|---|
| 9/1                | Dutch Invitational (6K)             | 3rd of 7 (80)                     | Eric Osterhaus, 3rd (19:13)                 |
| 9/8                | Les Duke Invitational (8K)          | 3rd of 14 (108)                   | Eric Osterhaus, 1st (26:34)                 |
| 9/21               | Brissman-Lundeen Invitational (8K)  | 9th of 32 (328)                   | Eric Osterhaus, 5th (25:51)                 |
| 9/29               | Roy Griak Invitational (8K)         | 19th of 34 (488)                  | Eric Osterhaus, 14th (26:23.2)              |
| 10/12              | Dr. Robert Tucker Invitational (8K) | 3rd of 6 (60)                     | Eric Osterhaus, 1st (25:58)                 |
| 10/27              | Iowa Conference Championship        |                                   |   |

**WOMEN**  
**Top Returning Finisher from 2006 Championship – Jess Christensen, 7th (23:46)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                      | <b>Top Place Finish (6K race unless noted)</b>         |
|------------------------|---|--|
| Jess Christensen       | 23:45 at Brissman-Lundeen Invitational  | 4th at Dutch Invitational (5K)                         |
| Catie Ellingson        | 23:37 at Brissman-Lundeen Invitational  | 5th at Dutch Invitational (5K) & Les Duke Invitational |
| Sarah Hammell          | 23:38 at Brissman-Lundeen Invitational  | 2nd at Dutch Invitational (5K)                         |
| Kelli Hildreth         | 24:36 at Dr. Robert Tucker Invitational | 12th at Dr. Robert Tucker Invitational                 |
| Jodi Harding           | 24:04 at Brissman-Lundeen Invitational  | 12th at Dutch Invitational (5K)                        |
| Kelsey Beeding         | 24:27 at Brissman-Lundeen Invitational  | 9th at Dutch Invitational (5K)                         |
| Emily Salberg          | 25:14 at Roy Griak Invitational         | 19th at Dutch Invitational (5K)                        |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>       | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|-------------------------------------|-----------------------------------|---|
| 9/1                | Dutch Invitational (5K)             | 1st of 7 (32)                     | Sarah Hammel, 2nd (19:35)                   |
| 9/8                | Les Duke Invitational (6K)          | 3rd of 12 (62)                    | Catie Ellingson, 5th (24:07)                |
| 9/21               | Brissman-Lundeen Invitational (6K)  | 3rd of 26 (156)                   | Catie Ellingson, 23rd (23:37)               |
| 9/29               | Roy Griak Invitational (6K)         | 17th of 42 (450)                  | Catie Ellingson, 27th (23:51.35)            |
| 10/12              | Dr. Robert Tucker Invitational (6K) | 2nd of 5 (52)                     | Jess Christensen, 8th (24:22)               |
| 10/27              | Iowa Conference Championship        |                                   |   |

**Wartburg College Knights**  
**2006 Men's Finish – 2nd (36)**  
**2006 Women's Finish – 2nd (68)**

**MEN**

**Top Returning Finisher from 2006 Championship – Brian Chenoweth, 2nd (24:23)**

| <b>Probable Runner</b> | <b>Top 8K Time</b>                                | <b>Top Place Finish (8K race unless noted)</b>   |
|------------------------|---|--|
| Brian Chenoweth        | 25:37.04 at Jim Drews Invitational                | 3rd at UW-Eau Claire Blugold Open                |
| Andy Hodge             | 25:48 at Jim Drews Invitational                   | 6th at UW-Eau Claire Blugold Open                |
| Jacob Hommer           | 26:08 at Western Oregon Summer's End Invitational | 12th at Western Oregon Summer's End Invitational |
| Brian Mullenbach       | 25:31 at Western Oregon Summer's End Invitational | 6th at Western Oregon Summer's End Invitational  |
| Joel Rasmussen         | 26:32 at Western Oregon Summer's End Invitational | 15th at Western Oregon Summer's End Invitational |
| Jon Stover             | 26:24 at Western Oregon Summer's End Invitational | 14th at Western Oregon Summer's End Invitational |
| Lucas Tjosvold         | 25:36 at Western Oregon Summer's End Invitational | 7th at Western Oregon Summer's End Invitational  |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>   | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|---------------------------------|-----------------------------------|---|
| 8/31               | Summer's End Invitational (8K)  | 1st of 5 (42)                     | Brian Mullenbach, 6th (25:31)               |
| 9/15               | St. Olaf Invitational (8K)      | 7th of 27 (254)                   | Brian Chenoweth, 23rd (26:18)               |
| 9/21               | UW-Eau Claire Blugold Open (8K) | 2nd of 20 (76)                    | Brian Chenoweth, 3rd (26:18.03)             |
| 10/6               | Dan Huston Invitational (8K)    | 3rd of 8 (61)                     | Brian Chenoweth, 5th (27:34)                |
| 10/13              | Jim Drews Invitational (8K)     | 8th of 25 (185)                   | Brian Chenoweth, 7th (25:37.04)             |
| 10/27              | Iowa Conference Championship    |                                   |   |

**WOMEN**

**Top Returning Finisher from 2006 Championship – Amanda Kuiken, 23rd (24:39)**

| <b>Probable Runner</b> | <b>Top 6K Time</b>                  | <b>Top Place Finish (6K race unless noted)</b>        |
|------------------------|-------------------------------------|---|
| Nicole Calabrese       | 24:10 at St. Olaf Invitational      | 6th at Western Oregon Summer's End Invitational (5K)  |
| Amanda Kuiken          | 23:29 at Tori Neubauer Invitational | 5th at Dan Huston Invitational                        |
| Jennifer Kuiken        | 23:36 at Tori Neubauer Invitational | 6th at Dan Huston Invitational                        |
| Janna McClintock       | 24:42 at Tori Neubauer Invitational | 11th at Western Oregon Summer's End Invitational (5K) |
| Lori Tlach             | 23:36 at Tori Neubauer Invitational | 4th at Dan Huston Invitational                        |
| Emily VanOosbree       | 22:31 at Tori Neubauer Invitational | 1st at Dan Huston Invitational                        |
| Jessica Viner          | 23:49 at Tori Neubauer Invitational | 8th at Dan Huston Invitational                        |
| Brendelyn White        | 24:37 at Tori Neubauer Invitational | 14th at Western Oregon Summer's End Invitational (5K) |

| <b><u>Date</u></b> | <b><u>Race (Distance)</u></b>            | <b><u>Team Finish (score)</u></b> | <b><u>Top Individual, Finish (Time)</u></b> |
|--------------------|--|-----------------------------------|---|
| 8/31               | W. Oregon Summer's End Invitational (5K) | 1st of 4 (34)                     | Emily VanOosbree, 3rd (19:29)               |
| 9/15               | St. Olaf Invitational (6K)               | 5th of 25 (189)                   | Jessica Viner, 29th (23:50)                 |
| 9/21               | UW-Eau Claire Blugold Open (6K)          | 3rd of 17 (88)                    | Emily VanOosbree, 2nd (23:36)               |
| 10/6               | Dan Huston Invitational (6K)             | 1st of 5 (24)                     | Emily VanOosbree, 2nd (24:04)               |
| 10/13              | Tori Neubauer Invitational (6K)          | 8th of 27 (200)                   | Emily VanOosbree, 7th (22:30.73)            |
| 10/27              | Iowa Conference Championship             |                                   |   |