



222 Third Street SE Ste. 423
Cedar Rapids, Iowa 52401
[Phone] (319) 366-4845
[Fax] (319) 366-4911
www.iowaconference.com

FOR IMMEDIATE RELEASE
October 28, 2008

Contact: Joshua Schroeder
jschroeder@iowaconference.com
319-366-4845

IOWA CONFERENCE CROSS COUNTRY CHAMPIONSHIP PREVIEW

CEDAR RAPIDS, IOWA . . . The 2008 Iowa Intercollegiate Athletic Conference (IIAC) Cross Country Championship is Saturday, November 1, at Lake Creek Country Club near Storm Lake. Buena Vista University is the host of this year's event. The men's 8,000-meter race begins at 11 a.m. and is followed by the women's 6,000-meter race at noon. Lake Creek Country Club is located 3 miles west of Storm Lake along Iowa Highway 7.

Women's Race: Sixteen former All-Conference runners return on the women's side, including 13 from last year. Luther's **Janet Dobyns** became the eighth different runner to capture at least two IIAC individual titles with her 2007 win at Dubuque. However, she will be hard-pressed to repeat as each of the top 12 runners is back.

In addition to Dobyns, the Norse have five other All-Conference runners in their lineup. **Ericka Sell** placed fifth last season, followed by **Elise Bennett** (9th), **Flannery Cerbin** (11th), **Annie McKay** (12th), and **Katie Dolan** (15th). Other 2007 All-Conference competitors returning are Central's **Angie Berry** (2nd), Wartburg's **Emily VanOosbree** (3rd), **Jennifer Kuiken** (7th), and **Amanda Kuiken** (8th), Loras' **Mary Bridget Corken** (4th), Cornell's **Rachelle Hawkins** (6th), and Simpson's **Catie Ellingson** (10th).

Wartburg's **Nicole Calabrese** (3rd in 2005), Loras' **Erica Stevens** (6th in 2006), and Simpson's **Jess Christensen** (7th in 2006) are other runners in the field who have earned All-Conference honors.

Dobyns is a three-time All-Conference selection. In addition to her titles each of the past two years, she also placed fourth in 2005. With another top-15 finish she would be just the 18th four-time All-Iowa Conference honoree in league women's cross country history. VanOosbree (3rd in 2007; 9th in 2005), Corken (4th in 2007; 11th in 2006), Hawkins (6th in 2007; 14th in 2006), and Bennett (9th in 2007; 3rd in 2006) are looking to join Dobyns and 33 others who have earned All-Conference honors at least three times.

This year's Championship line-ups feature 17 former All-Central Region runners, including four multiple-time honorees. Dobyns earned regional honors in 2005, 2006, and 2007, while Berry and Stevens earned honors in 2006 and 2007. VanOosbree was an All-Central Region runner last year as well as 2005. Hawkins (13th in 2007), Corken (14th in 2007), McKay (28th in 2007), Bennett (14th in 2006), Sell (22nd in 2007), Cerbin (17th in 2007), Christensen (34th in 2006), Ellingson (16th in 2007), Calabrese (3rd in 2005), Amanda Kuiken (21st in 2007), Jennifer Kuiken (23rd in 2007), Wartburg's **Anna Kraayenbrink** (23rd in 2006), and Coe's **Ashley Schnell** (10th in 2007) complete the list of Iowa Conference all-region honorees in this year's Championship field.

Luther won its IIAC-best 11th women's cross country championship with 38 points after placing all seven runners with in the top 15. Wartburg was second with 52 points, while Central took third with 87 points. Loras placed fourth with 104 points, edging fifth-place Simpson by three points.

Men's Race: Eight former All-Conference (top-15 finishes) return to their teams' Championship line-up including five top-10 finishers from 2007. Wartburg's **Brian Chenoweth** – last year's third-place finisher – returns, as does fourth-place finisher **David McKay** of Luther. Simpson's **Eric Osterhaus** (7th), Cornell's **Andrew Tobben** (8th), and Coe's **Brad O'Neil** (9th) round out the returning top-10 runners. **Mike Switzer** (11th), **Trevor Ruwitch** (12th), and **Erik Johnson** (15th) – all from Luther – are the other All-Conference runners from 2007.

Chenoweth and McKay each have the opportunity to earn All-Iowa Conference honors for the third time. In addition to his third-place finish last year, Chenoweth posted a runner-up finish in 2006. McKay was fourth last year after placing fifth the year before. Wartburg's **Tim McKenna** is the only other potential runner who has earned All-Conference honors. McKenna placed fifth as a freshman in 2005.

There could be up to six former All-Central Region runners in this year's men's field. Chenoweth and McKay both earned honors in 2006 and 2007, while O'Neil, Tobben, Osterhaus earned all-region honors last season. McKenna, the final former All-Central Region runner on an Iowa Conference roster, placed 12th in 2005.

Luther College won its IIAC-best 29th men's cross country title last year. The Norse placed seven runners in the top-15 to top Wartburg by a 38-48 margin. Loras finished third with 87 points, while Coe took fourth with 101 points.

Previous IIAC Cross Country Championship results can be found at:

Men – http://www.iowaconference.com/men/cross_country/tournaments.htm

Women – http://www.iowaconference.com/women/cross_country/tournaments.htm

Following are the 2008 meet-by-meet results for each school along with their probable line-up for the Championship including each runner's top time and top place finish of the season.

~ ~ *www.iowaconference.com* ~ ~

Buena Vista University Beavers
2007 Men's Finish – 8th (219)
2007 Women's Finish – 8th (250)

MEN
Top Returning Finisher from 2007 Championship – Jordan Flaws, 84th (30:14.3)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Jacob Flaws	28:51 at Briar Cliff Open	17th at Dordt College Early Meet (4 miles)
Jordan Flaws	28:48 at Briar Cliff Open	33rd at Dordt College Early Meet (4 miles)
Dan Pearson	29:31 at Briar Cliff Open	70th at Briar Cliff Open
Ryan Marzen	30:53 at Briar Cliff Open	40th at Dordt College Early Meet (4 miles)
James Flaws	30:49 at Briar Cliff Open	50th at Dordt College Early Meet (4 miles)
Alex Moore	33:38 at Briar Cliff Open	35th at Dordt College Early Meet (4 miles)
Kyle Glienke	36:11 at Briar Cliff Open	126th at Briar Cliff Open

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/29	Dordt College Invitational (4 miles)	5th of 6 (118)	Jacob Flaws, 17th (23:40)
9/6	Central College Invitational (6K)	10th of 10 (267)	Jacob Flaws, 55th (21:42)
9/13	Les Duke Invitational (8K)	26th of 26 (812)	Jordan Flaws, 232nd (30:43)
9/20	Woody Greeno Invitational (8K)	25th of 25 (784)	Jacob Flaws, 213th (29:50)
10/11	Briar Cliff Invitational (8K)	10th of 12 (269)	Jordan Flaws, 51st (28:47.46)

WOMEN
Top Returning Finisher from 2007 Championship – Andrea Ahrendson, 102nd (28:09.5)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Andrea Ahrendsen	29:15 at Les Duke Invite	55th at Dordt College Early Meet (2.5 miles)
Ali Bunde	28:49 at Woody Greeno Invite	62nd at Dordt College Early Meet (2.5 miles)
Molly Lorenz	30:08 at Woody Greeno Invite	61st at Dordt College Early Meet (2.5 miles)
Erin Cain	31:22 at Woody Greeno Invite	104th at Briar Cliff Open
Breanna Platt	31:39 at Woody Greeno Invite	67th at Dordt College Early Meet (2.5 miles)
Emily Erickson	29:45 (5k) at Briar Cliff Open	108th at Briar Cliff Open

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/29	Dordt College Invitational (2.5 miles)	6th of 7 (191)	Andrea Ahrendsen, 55th (19:07)
9/6	Central College Invitational (5K)	8th of 8 (247)	Ali Bunde, 92nd (23:18)
9/13	Les Duke Invitational (6K)	24th of 24 (776)	Andrea Ahrendsen, 263rd (29:15)
9/20	Woody Greeno Invitational (6K)	25th of 25 (795)	Ali Bunde, 215th (28:49.1)
10/11	Briar Cliff Invitational (5K)	10th of 10 (315)	Ali Bunde, 85th (22:49.81)

Central College Dutch
2007 Men's Finish – 6th (170)
2007 Women's Finish – 3rd (87)

MEN
Top Returning Finisher from 2007 Championship – Jaron Byrum, 25th (27:56.8)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
James Armstead	28:12 at Jim Drews Invitational	102nd at Dan Huston Invitational
Jaron Byrum	27:42 at Jim Drews Invitational	22nd at Central Dutch Invitational (6K)
Cory Fitzsimmons	28:14 at Jim Drews Invitational	59th at Central Dutch Invitational (6K)
Andrew Hamer	28:27 at Jim Drews Invitational	25th at Central Dutch Invitational (6K)
Tyler Husak	28:01 at Jim Drews Invitational	40th at Central Dutch Invitational (6K)
Pierre Taylor	26:57 at Dan Huston Invitational	6th at Central Dutch Invitational (6K)
Derek Townsend	27:41 at Dan Huston Invitational	27th at Central Dutch Invitational (6K)
Brandon Williams	27:35 at Jim Drews Invitational	57th at Dan Huston Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (6K)	3rd of 10 (114)	Pierre Taylor, 6th (19:41)
9/13	Les Duke Invitational (8K)	19th of 26 (487)	Pierre Taylor, 36th (27:37)
9/27	Roy Griak Invitational (8K)	18th of 31 (512)	Pierre Taylor, 63rd (27:18.2)
10/11	Dan Huston Invitational (8K)	9th of 12 (237)	Pierre Taylor, 27th (26:57)
10/18	Jim Drews Invitational (8K)	21st of 25 (623)	Pierre Taylor, 121 (27:11.8)

WOMEN
Top Returning Finisher from 2007 Championship – Angie Berry, 2nd (22:30.0)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Hannah Anderson	24:21 at Dan Huston Invitational	42nd at Dan Huston Invitational
Angie Berry	23:22 at Dan Huston Invitational & Tori Neubauer Invitational	3rd at Central Dutch Invitational (5K)
Jess Clark	22:51 at Tori Neubauer Invitational	5th at Central Dutch Invitational (5K)
Meghan Burt	25:15 at Tori Neubauer Invitational	39th at Central Dutch Invitational (5K)
Jenni Hufford	25:01 at Tori Neubauer Invitational	41st at Central Dutch Invitational (5K)
Amy Ledvina	24:10 at Tori Neubauer Invitational	10th at Central Dutch Invitational (5K)
Amber Mayer	23:16 at Tori Neubauer Invitational	36th at Dan Huston Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (5K)	3rd of 8 (79)	Angie Berry, 3rd (18:52)
9/13	Les Duke Invitational (6K)	7th of 24 (209)	Angie Berry, 18th (23:48)
9/27	Roy Griak Invitational (6K)	13th of 36 (412)	Jess Clark, 34th (23:50.08)
10/11	Dan Huston Invitational (6K)	4th of 13 (135)	Jess Clark, 13th (23:17)
10/18	Tori Neubauer Invitational (6K)	13th of 25 (394)	Jess Clark, 33rd (22:50.8)

Coe College Kohawks
2007 Men's Finish – 4th (101)
2007 Women's Finish – 7th (189)

MEN

Top Returning Finisher from 2007 Championship – Brad O'Neil, 9th (26:38.7)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Brad O'Neil	24:45 at UW-Oshkosh Brooks Invitational	2nd at Lamb-Kohawk Invitational
Lane Moser	25:27 at UW-Oshkosh Brooks Invitational	6th at Lamb-Kohawk Invitational
DC Cusanelli	25:48 at UW-Oshkosh Brooks Invitational	14th at Mount Mercy Mustang Gallop (5K)
Ryan Schroeder	25:53 at UW-Oshkosh Brooks Invitational	7th at Lamb-Kohawk Invitational
Andrew Dewar	26:25 at UW-Oshkosh Brooks Invitational	8th at Mount Mercy Mustang Gallop (5K)
Jordan Lord	26:38 at UW-Oshkosh Brooks Invitational	15th at Lamb-Kohawk Invitational
Kyle Heineman	26:39 at UW-Oshkosh Brooks Invitational	9th at Lamb-Kohawk Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (5K)	2nd of 9 (45)	Brad O'Neil, 7th (17:13)
9/13	Les Duke Invitational (8K)	14th of 26 (355)	Craig Nie, 46th (27:51)
9/20	UW-Platteville Pioneer Open (8K)	2nd of 5 (55)	Nate Hopkins, 4th (29:11)
9/27	Roy Griak Invitational (8K)	9th of 31 (236)	Brad O'Neil, 13th (26:08.6)
10/11	Lamb-Kohawk Invitational (8K)	1st of 6 (39)	Brad O'Neil, 2nd (25:55.76)
10/18	UW-Oshkosh Brooks Invitational (8K)	11th of 32 (341)	Brad O'Neil, 13th (24:45.05)

WOMEN

Top Returning Finisher from 2007 Championship – Ashley Schnell, 25th (24:49.4)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted; Dual w/ Augustana excluded)
Ashley Schnell	23:33 at UW-Oshkosh Brooks Invitational	4th at Mount Mercy Mustang Gallop (4K)
Linda Freiha	24:05 at UW-Oshkosh Brooks Invitational	17th at Mount Mercy Mustang Gallop (4K)
Staci Werger	24:19 at UW-Oshkosh Brooks Invitational	15th at Mount Mercy Mustang Gallop (4K)
Stephanie Dolezal	24:20 at UW-Oshkosh Brooks Invitational	2nd at UW-Platteville Pioneer Open
Jessie Robison	24:34 at UW-Oshkosh Brooks Invitational	20th at Lamb-Kohawk Invitational
Heather White	25:13 at UW-Oshkosh Brooks Invitational	29th at Lamb-Kohawk Invitational
Kiley Schaumleffel	25:26 at UW-Oshkosh Brooks Invitational	22nd at Mount Mercy Mustang Gallop (4K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (4K)	3rd of 8 (81)	Ashley Schnell, 4th (16:26)
9/6	Dual vs. Augustana (Ill.)	L, 20-35	Ashley Schnell, 4th (15:57.35)
9/13	Les Duke Invitational (6K)	20th of 24 (513)	Ashley Schnell, 39th (24:35)
9/20	UW-Platteville Pioneer Open (6K)	3rd of 5 (61)	Stephanie Dolezal, 2nd (26:09)
9/27	Brissman-Lundeen Invitational (6K)	26th of 36 (704)	Ashley Schnell, 44th (23:58.43)
10/11	Lamb-Kohawk Invitational (6K)	4th of 6 (93)	Ashley Schnell, 8th (24:09.06)
10/18	UW-Oshkosh Brooks Invitational (6K)	22nd of 30 (583)	Ashley Schnell, 86th (23:33.49)

Cornell College Rams
2007 Men's Finish – 7th (190)
2007 Women's Finish – 6th (168)

MEN

Top Returning Finisher from 2007 Championship – Andrew Tobben, 8th (26:37.6)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Andrew Tobben	26:24 at Dan Huston Invitational 26:24 at Carleton Running of the Cows	3rd at Mount Mercy Mustang Gallop (5K)
Chase Nowak	27:19 at Dan Huston Invitational	4th at Mount Mercy Mustang Gallop (5K)
Ben Jacobs	27:16 at Brissman-Lundeen Invitational	13th at Mount Mercy Mustang Gallop (5K)
Quin Purkey	28:30 at Brissman-Lundeen Invitational	27th at Mount Mercy Mustang Gallop (5K)
Adam Rooyakkers	28:23 at Brissman-Lundeen Invitational	30th at Carleton Running of the Cows
Jordan Stacey	28:31 at Brissman-Lundeen Invitational	31st at Carleton Running of the Cows
Kirkwood Donavin	28:55 at Dan Huston Invitational	29th at Mount Mercy Mustang Gallop (5K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (5K)	3rd of 9 (59)	Andrew Tobben, 3rd (16:46)
9/13	Les Duke Invitational (8K)	17th of 26 (463)	Andrew Tobben, 28th (27:24)
9/27	Brissman-Lundeen Invitational (8K)	12th of 28 (347)	Andrew Tobben, 20th (26:30.1)
10/11	Dan Huston Invitational (8K)	8th of 12 (232)	Andrew Tobben, 15th (26:24)
10/18	Carleton Running of the Cows (8K)	4th of 5 (113)	Andrew Tobben, 6th (26:24)

WOMEN

Top Returning Finisher from 2007 Championship – Rachelle Hawkins, 6th (23:36.2)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Rachelle Hawkins	22:39 at Brissman-Lundeen Invitational	2nd at Mount Mercy Mustang Gallop (4K)
Allie Jagielo	24:37 at Brissman-Lundeen Invitational	3rd at Mount Mercy Mustang Gallop (4K)
Lindsey Kuhlmann	24:17 at Carleton Running of the Cows	12th at Mount Mercy Mustang Gallop (4K)
Amanda Jepson	25:10 at Carleton Running of the Cows	5th at Mount Mercy Mustang Gallop (4K)
Andrea Aerts	25:02 at Brissman-Lundeen Invitational	8th at Mount Mercy Mustang Gallop (4K)
Ellie Hutchison	25:56 at Brissman-Lundeen Invitational	21st at Mount Mercy Mustang Gallop (4K)
Allison Newman	27:26 at Dan Huston Invitational	50th at Carleton Running of the Cows

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (4K)	1st of 8 (30)	Rachelle Hawkins, 2nd (15:45)
9/13	Les Duke Invitational (6K)	14th of 24 (378)	Rachelle Hawkins, 7th (22:58)
9/27	Brissman-Lundeen Invitational (6K)	10th of 27 (270)	Rachelle Hawkins, 5th (22:39.0)
10/11	Dan Huston Invitational (6K)	10th of 13 (221)	Rachelle Hawkins, 11th (23:03)
10/18	Carleton Running of the Cows (6K)	4th of 5 (94)	Rachelle Hawkins, 3rd (22:46.95)

University of Dubuque Spartans
2007 Men's Finish – 9th (263)
2007 Women's Finish – 9th (Inc.)

MEN

Top Returning Finisher from 2007 Championship – Aaron Ewinger, 75th (29:51.9)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Aaron Ewinger	28:51 at Jim Drews Invitational	8th at UW-Platteville Pioneer Open
Adam Ahlden	29:02 at Les Duke Invitational	10th at UW-Platteville Pioneer Open
Tom Goad	29:23 at Jim Drews Invitational	25th at UW-Platteville Pioneer Open
Benjamin Carbajal	31:48 at Jim Drews Invitational	36th at UW-Platteville Pioneer Open
Freddy Frick	33:20 at Wisconsin Lutheran Warrior Invite	46th at UW-Platteville Pioneer Open
Christian King	33:47 at Wisconsin Lutheran Warrior Invite	47th at UW-Platteville Pioneer Open
Robert McKennie	35:20 at Jim Drews Invitational	73rd at Wisconsin Lutheran Warrior Invite

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (5K)	8th of 9 (212)	Aaron Ewinger, 24th (17:49)
9/13	Les Duke Invitational (8K)	24th of 26 (746)	Adam Ahlden, 132nd (29:02)
9/20	UW-Platteville Pioneer Open (8K)	5th of 5 (97)	Aaron Ewinger, 8th (29:43)
10/4	Wisconsin Lutheran Warrior Invite (8K)	t-8th of 10 (197)	Adam Ahlden, 22nd (29:31.13)
10/18	Jim Drews Invitational (8K)	25th of 25 (822)	Aaron Ewinger, 276th (28:51.4)

WOMEN

Top Returning Finisher from 2007 Championship – Megan Michaelis, 100th (28:02.1)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Megan Michaelis	26:00 at Wisconsin Lutheran Warrior Invite	5th at UW-Platteville Pioneer Open
Katie Tipping	27:42 at Tori Neubauer Invitational	19th at UW-Platteville Pioneer Open
Sarah Schumacher	27:44 at Tori Neubauer Invitational	27th at UW-Platteville Pioneer Open
Kelsey Rursch	28:25 at Tori Neubauer Invitational	22nd at UW-Platteville Pioneer Open
Jennelle Vega	32:22 at Wisconsin Lutheran Warrior Invite	37th at UW-Platteville Pioneer Open
Anne Marx	35:01 at Tori Neubauer Invitational	75th at Wisconsin Lutheran Warrior Invite

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/30	Mount Mercy Mustang Gallop (4K)	Incomplete team	Megan Michaelis, 20th (17:19)
9/13	Les Duke Invitational (6K)	23rd of 24 (734)	Megan Michaelis, 127th (26:10)
9/20	UW-Platteville Pioneer Open (6K)	5th of 5 (101)	Megan Michaelis, 5th (26:56)
10/4	Wisconsin Lutheran Warrior Invite (6K)	6th of 15 (185)	Megan Michaelis, 9th (26:00.57)
10/18	Tori Neubauer Invitational (6K)	25th of 25 (852)	Megan Michaelis, 337th (26:25.8)

Loras College Duhawks
2007 Men's Finish – 3rd (87)
2007 Women's Finish – 4th (101)

MEN

Top Returning Finisher from 2007 Championship – Ryan Schaefer, 26th (28:00.3)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
John Fry	25:54 at Dr. Robert Tucker Invitational	1st at Dr. Robert Tucker Invitational
Mark Sulkin	26:15 at Dr. Robert Tucker Invitational	2nd at Dr. Robert Tucker Invitational
Greg Bell	26:27 at Dr. Robert Tucker Invitational	3rd at Dr. Robert Tucker Invitational
Ryan Schaefer	26:40 at Dr. Robert Tucker Invitational	5th at Dr. Robert Tucker Invitational
Alex Eischeid	26:48 at Dr. Robert Tucker Invitational	6th at Dr. Robert Tucker Invitational
Tyler Meyer	26:49 at Dr. Robert Tucker Invitational	7th at Dr. Robert Tucker Invitational
Dan McDermott	27:05 at Dr. Robert Tucker Invitational	10th at Dr. Robert Tucker Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/13	Les Duke Invitational (8K)	8th of 26 (225)	John Fry, 25th (27:16)
9/19	National Catholic Championships (5 mile)	10th of 33 (299) 3rd among non-DI schools	John Fry, 31st (26:23) 4th among non-DI runners
9/27	Brissman-Lundeen Invitational (8K)	11th of 28 (323)	Ted Wittman, 54th (27:10.9)
10/4	Pre-National Meet (8K)	10th of 20 (252)	John Fry, 25th (26:19.53)
10/17	Dr. Robert Tucker Invitational (8K)	1st of 5 (17)	John Fry, 1st (25:54)

WOMEN

Top Returning Finisher from 2007 Championship – Mary Bridget Corken, 4th (23:15.1)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Mary Bridget Corken	21:18 at Dr. Robert Tucker Invitational	1st at Dr. Robert Tucker Invitational
Hannah Weiss	23:01 at Dr. Robert Tucker Invitational	4th at Dr. Robert Tucker Invitational
Tara Kilburg	23:28 at Dr. Robert Tucker Invitational	5th at Dr. Robert Tucker Invitational
Erica Stevens	23:32 at Dr. Robert Tucker Invitational	6th at Dr. Robert Tucker Invitational
Meghan Wolett	24:20 at Dr. Robert Tucker Invitational	13rd at Dr. Robert Tucker Invitational
Tonya Wittman	24:24 at Dr. Robert Tucker Invitational	15th at Dr. Robert Tucker Invitational
Genna Kinley	24:32 at Dr. Robert Tucker Invitational	16th at Dr. Robert Tucker Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/13	Les Duke Invitational (6K)	6th of 24 (198)	Mary Bridget Corken, 5th (22:50)
9/19	National Catholic Championships (5K)	8th of 35 (304) 1st among non-DI schools	Mary Bridget Corken, 9th (18:24) 3rd among non-DI runners
9/27	Brissman-Lundeen Invitational (6K)	17th of 27 (470)	Genna Kinley, 85th (25:07.1)
10/4	Pre-National Meet (6K)	4th of 16 (114)	Mary Bridget Corken, 5th (21:58.99)
10/17	Dr. Robert Tucker Invitational (6K)	1st of 7 (28)	Mary Bridget Corken, 1st (21:18)

Luther College Norse
2007 Men's Finish – 1st (38)
2007 Women's Finish – 1st (38)

MEN
Top Returning Finisher from 2007 Championship – David McKay, 4th (25:55.2)

Probable Runner	Top 6K Time	Top Place Finish (8K race unless noted; UW-LaCrosse dual excluded)
David McKay	26:15 at Jim Drews Invitational	5th at Luther All-American Invitational (4 miles)
Mike Switzer	27:03 at Jim Drews Invitational	9th at Luther All-American Invitational (4 miles)
Drew Burmahl	27:03 at Jim Drews Invitational	27th at Luther All-American Invitational (4 miles)
Shane Steele	27:18 at Jim Drews Invitational	21st at Luther All-American Invitational (4 miles)
Erik Johnson	27:19 at Jim Drews Invitational	59th at Luther All-American Invitational (4 miles)
Jordan Lang	27:23 at Jim Drews Invitational	25th at Luther All-American Invitational (4 miles)
Dan Summerfield	27:27 at Jim Drews Invitational	37th at Luther All-American Invitational (4 miles)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (6K)	6th of 10 (155)	Shane Steele, 31st (21:02)
9/13	All-American Invitational (4 miles)	3rd of 7 (76)	David McKay, 5th (21:34)
9/27	Roy Griak Invitational (8K)	11th of 31 (322)	David McKay, 7th (25:59.1)
10/3	UW-Eau Claire Blugold Invitational (8K)	14th of 19 (387)	Shane Steele, 41st (26:32.59)
10/18	Jim Drews Invitational (8K)	18th of 25 (451)	David McKay, 54th (26:15.1)
10/24	Dual vs. UW-La Crosse	W, 26-29	Trevor Ruwitch, 2nd (21:16.8)

WOMEN
Top Returning Finisher from 2007 Championship – Janet Dobyns, 1st (22:09.4)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Janet Dobyns	22:44 at Roy Griak Invitational	2nd at Luther All-American Invitational (5K)
Flannery Cerbin	23:09 at Tori Neubauer Invitational	3rd at Luther All-American Invitational (5K)
Becky Eckerman	23:14 at Tori Neubauer Invitational	12th at Luther All-American Invitational (5K)
Elise Bennett	23:19 at Tori Neubauer Invitational	6th at Luther All-American Invitational (5K)
Lisa Wegman	23:42 at UW-Eau Claire BluGold Invitational	17th at Luther All-American Invitational (5K)
Katie Dolan	23:48 at Tori Neubauer Invitational	12th at Central Dutch Invitational (5K)
Annie McKay	23:52 at Tori Neubauer Invitational	9th at Central Dutch Invitational (5K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (5K)	1st of 8 (46)	Flannery Cerbin, 6th (19:21)
9/13	All-American Invitational (5K)	2nd of 7 (36)	Janet Dobyns, 2nd (18:21)
9/27	Roy Griak Invitational (6K)	6th of 36 (202)	Janet Dobyns, 5th (22:44.2)
10/3	UW-Eau Claire Blugold Invite (6K)	6th of 16 (188)	Lisa Wegman, 25th (23:41.69)
10/18	Tori Neubauer Invitational (6K)	12th of 25 (339)	Flannery Cerbin, 53rd (23:09.1)

Simpson College Storm
2007 Men's Finish – 5th (142)
2007 Women's Finish – 5th (104)

MEN

Top Returning Finisher from 2007 Championship – Eric Osterhaus, 7th (26:27.1)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Eric Osterhaus	25:33 at Jim Drews Invitational	3rd at Central Dutch Invitational (6K)
Eric Patten	26:36 at Jim Drews Invitational	8th at Central Dutch Invitational (6K)
Ryan Edwardson	26:44 at Jim Drews Invitational	18th at Central Dutch Invitational (6K)
Casey Dunning	27:09 at Jim Drews Invitational	16th at Central Dutch Invitational (6K)
Luke Weber	27:14 at Jim Drews Invitational	26th at Central Dutch Invitational (6K)
Tyler Jordison	27:17 at Jim Drews Invitational	9th at Central Dutch Invitational (6K)
Wes Farrington	27:49 at Jim Drews Invitational	54th at Central Dutch Invitational (6K)
Matt Stone	28:06 at Jim Drews Invitational	21st at Central Dutch Invitational (6K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (6K)	2nd of 10 (54)	Eric Osterhaus, 3rd (19:14)
9/13	Les Duke Invitational (8K)	15th of 26 (372)	Eric Osterhaus, 35th (27:35)
9/27	Brissman-Lundeen Invitational (8K)	7th of 28 (205)	Eric Osterhaus, 9th (25:51.5)
10/11	Dan Huston Invitational (8K)	6th of 12 (157)	Eric Osterhaus, 13th (26:18)
10/18	Jim Drews Invitational (8K)	14th of 25 (351)	Eric Osterhaus, 17th (25:33.4)

WOMEN

Top Returning Finisher from 2007 Championship – Catie Ellingson, 10th (23:47.4)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Catie Ellingson	22:58 at Tori Neubauer Invitational	7th at Central Dutch Invitational (5K)
Emily Tripp	24:43 at Tori Neubauer Invitational	37th at Central Dutch Invitational (5K)
Jess Christensen	24:07 at Tori Neubauer Invitational	28th at Central Dutch Invitational (5K)
Rachel Smith	24:30 at Tori Neubauer Invitational	42nd at Central Dutch Invitational (5K)
Sarah Hammel	24:12 at Tori Neubauer Invitational	16th at Central Dutch Invitational (5K)
Signe Mayland	25:16 at Tori Neubauer Invitational	84th at Central Dutch Invitational (5K)
Tricia Davis	24:18 at Tori Neubauer Invitational	15th at Central Dutch Invitational (5K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/6	Central Dutch Invitational (5K)	4th of 8 (92)	Catie Ellingson, 7th (19:24)
9/13	Les Duke Invitational (6K)	15th of 24 (407)	Catie Ellingson, 17th (23:46)
9/27	Brissman-Lundeen Invitational (6K)	12th of 27 (312)	Jess Christensen, 39th (24:08.8)
10/11	Dan Huston Invitational (6K)	8th of 13 (202)	Catie Ellingson, 19th (23:25)
10/18	Tori Neubauer Invitational (6K)	18th of 25 (472)	Catie Ellingson, 42nd (22:58)

Wartburg College Knights
2007 Men's Finish – 2nd (48)
2007 Women's Finish – 2nd (52)

MEN

Top Returning Finisher from 2007 Championship – Brian Chenoweth, 3rd (25:52.7)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Brian Chenoweth	25:01 at Jim Drews Invitational	2nd at Les Duke Invitational, Roy Griak Invitational, & Dan Huston Invitational
Jon Stover	26:42 at Jim Drews Invitational	24th at Les Duke Invitational
Joel Rasmussen	27:28 at Jim Drews Invitational	40th at Dan Huston Invitational
Nick Lee	27:46 at Jim Drews Invitational	48th at Dan Huston Invitational
Brendan Thompson	27:53 at Jim Drews Invitational	53rd at Dan Huston Invitational
Jon Sturm	27:54 at Jim Drews Invitational	54th at Dan Huston Invitational
Ben Porter	27:55 at Jim Drews Invitational	46th at Dan Huston Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/13	Les Duke Invitational (8K)	10th of 26 (269)	Brian Chenoweth, 2nd (25:37)
9/20	Woody Greeno Invitational (8K)	14th of 25 (345)	Brian Chenoweth, 23rd (26:17)
9/27	Roy Griak Invitational (8K)	16th of 31 (421)	Brian Chenoweth, 2nd (25:27.6)
10/11	Dan Huston Invitational (8K)	5th of 12 (133)	Brian Chenoweth, 2nd (25:15)
10/18	Jim Drews Invitational (8K)	19th of 25 (460)	Brian Chenoweth, 4th (25:01)

WOMEN

Top Returning Finisher from 2007 Championship – Emily VanOosbree, 3rd (23:07.6)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Anna Kraayenbrink	21:31 at Tori Neubauer Invitational	1st at Tori Neubauer Invitational
Jennifer Kuiken	22:34 at Tori Neubauer Invitational	7th at Dan Huston Invitational
Amanda Kuiken	22:34 at Tori Neubauer Invitational	9th at Dan Huston Invitational
Emily VanOosbree	23:00 at Tori Neubauer Invitational	8th at Dan Huston Invitational
Lori Tlach	23:13 at Tori Neubauer Invitational	18th at Dan Huston Invitational
Brendelyn White	23:22 at Tori Neubauer Invitational	25th at Dan Huston Invitational
Laura Sigmund	24:00 at Tori Neubauer Invitational	37th at Les Duke Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/13	Les Duke Invitational (6K)	1st of 24 (104)	Anna Kraayenbrink, 2nd (22:38)
9/20	Woody Greeno Invitational (6K)	3rd of 25 (120)	Anna Kraayenbrink, 6th (22:05.2)
9/27	Roy Griak Invitational (6K)	2nd of 36 (151)	Anna Kraayenbrink, 3rd (22:16.5)
10/11	Dan Huston Invitational (6K)	1st of 13 (43)	Anna Kraayenbrink, 2nd (22:09)
10/18	Tori Neubauer Invitational (6K)	3rd of 25 (146)	Anna Kraayenbrink, 1st (21:31.7)